



Residents Forum Executive Committee Elections

## Candidate for Alternate Delegate to the CAP House of Delegates

**Agnes Udoh, MD, MBA**

The University of Texas Medical Branch

Galveston, TX



**When are you taking your boards? –2026**

### **How did you become interested in serving on the RFEC?**

My interest in serving on the RFEC stems from my deep commitment to organized pathology and firsthand experience with its impact. After participating in both CAP Hill Day and the CAP Pathologists Leadership Summit, I saw how powerful it is when pathology residents contribute to national conversations. I was inspired by RFEC members who advocated for trainees and shaped important initiatives within CAP. I realized that joining the RFEC would allow me to not only contribute meaningfully but also help amplify the resident voice across the College and the AMA.

### **What do you hope to accomplish during your time, if elected?**

If elected, I aim to:

1. Strengthen communication and engagement between the RF and junior members, especially from underrepresented and IMG backgrounds.
2. Support advocacy education by creating resources and platforms that demystify policy engagement for residents.
3. Encourage scholarly and leadership development among residents through programming and mentorship initiatives.
4. Collaborate with fellow RFEC members to ensure that resident input is actively integrated into CAP policymaking and strategic planning.

### **Please convey your understanding of the role of an Residents Forum Executive Committee member and their responsibility to the Residents Forum and the College of American Pathologists.**

RFEC members are elected leaders entrusted with representing pathology trainees across the country. Their role includes organizing meaningful events, developing educational and advocacy initiatives, and ensuring the resident voice is heard within the College. They serve as liaisons between the RF and CAP leadership and, where applicable, the AMA. Members must maintain open lines of communication, encourage engagement from all programs, and act in the best interest of residents while upholding CAP's mission of excellence in pathology.

### **Please address the time commitment for the office in which you are interested and your ability to fulfill it.**

I fully understand and am prepared for the time commitment involved, including monthly virtual meetings, two annual in-person committee meetings, and the Fall and Spring RF gatherings. I have discussed this with my program leadership, and I am confident in my ability to meet these obligations without compromising my clinical duties. I already manage a demanding schedule that includes research, advocacy, and committee work, and I am highly organized and committed to balancing these responsibilities effectively.



**What talents and skills do you bring to the Residents Forum Executive Committee that you believe would benefit the Residents Forum?**

- I bring:

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Proven leadership through roles as SIR Co-chair and CAP inspection team member.

Strong advocacy experience, including national and state-level policy engagement.

Professional communication skills honed through research presentations, published work, and public speaking.

Diversity in perspective as an international medical graduate and active mentor to other IMGs.

Organizational strengths, including project management from prior industry roles and my MBA training.

These skills allow me to collaborate effectively, represent diverse viewpoints, and contribute thoughtfully to the Forum's goals.

**What else should the Residents Forum know about you?**

I am deeply committed to the future of pathology and the residents who will shape it. My journey through medicine has been non-linear—starting in Nigeria, progressing through clinical research roles, and leading to a fulfilling residency at UTMB. I believe these experiences make me adaptable, collaborative, and resilient. Whether working on a research initiative or advocating for physician issues in Washington, I bring enthusiasm, humility, and a results-oriented mindset. I would be honored to serve on the RFEC and give back to the community that has enriched my training experience.