

# Confocal Microscopy for Pigmented Lesions

### Housekeeping

- This series is sponsored by In Vivo Microscopy (IVM) Committee
- The presentation will be recorded and will be available in about 1 week; a pdf of the presentation will be sent to all registrants in about 1 week
- All lines are muted during the presentation
- Please ask your questions when you think of them via the "Question box" in your control panel



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### Disclosure

Consultant for CALIBER ID (maker of <u>Vivascope</u>)



### Pigmented Skin Lesions



Benign Melanocytic Nevus



Melanocytic Nevi with atypia



Melanoma



Lentigo

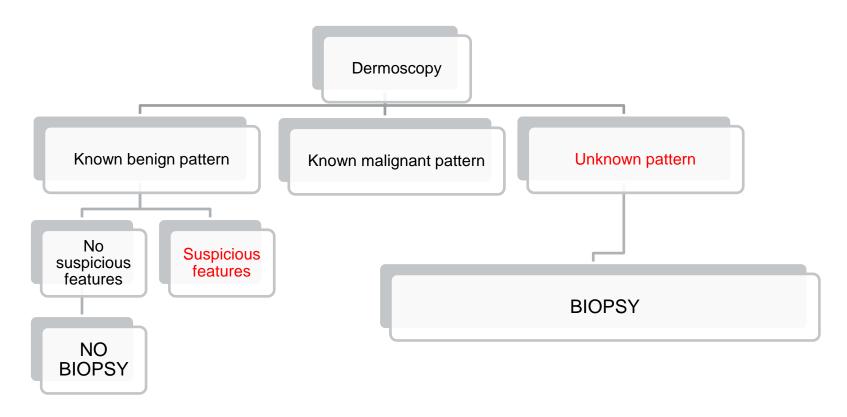


Spitz Nevi



Blue Nevi

### Management of Pigmented skin lesions



Difficult lesions/unknown pattern/suspicious lesions on

Dermoscopy

Reflectance confocal microscopy (RCM)



## **Biopsy**

Not feasible in ALL cases of pigmented skin lesions









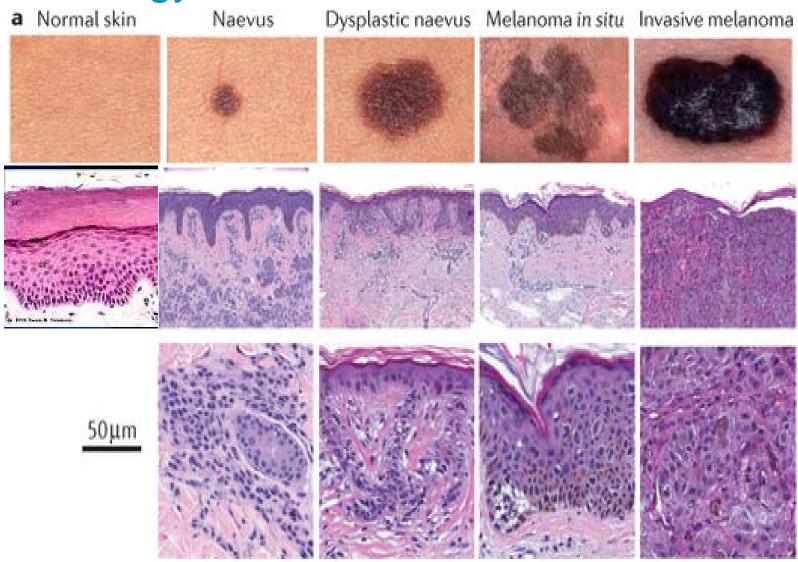
### **Confocal Microscopy**

• What is confocal microscopy?





### Histology Reviews

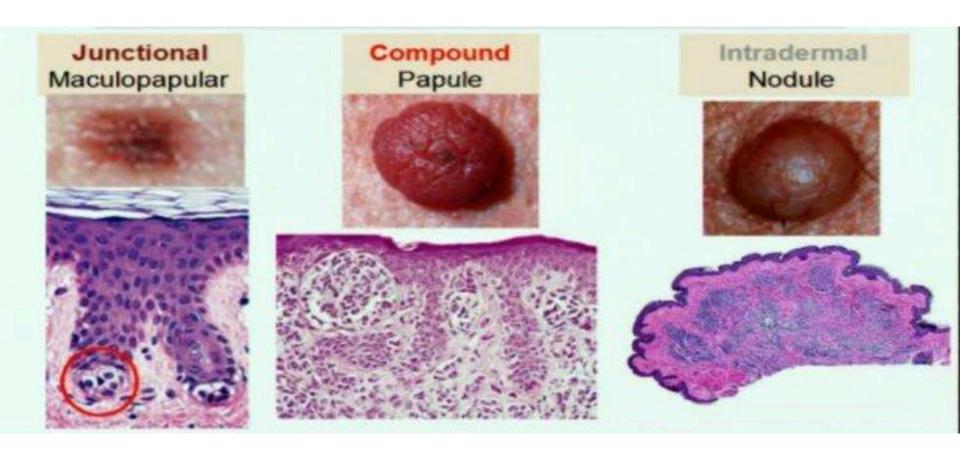




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Reference: Shain AH, Bastian BC. From melanocytes to melanomas. *Nat Rev Cancer*. 2016;16(6):345-58

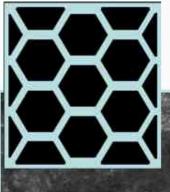
## Histology Review



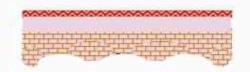


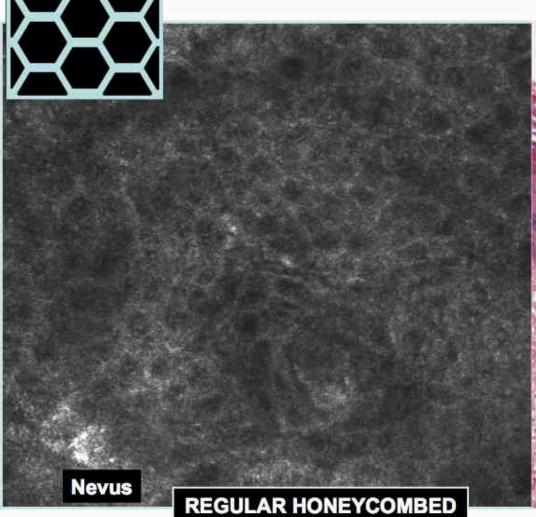
# "Understanding Confocal Terms used to Diagnose Pigmented Skin Lesions"



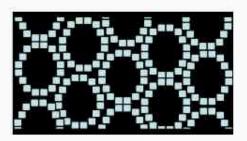


### Normal epidermis





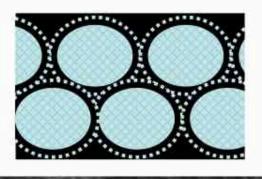
STRUCTURE FORMED BY 10 TO 20 µm POLYGONAL CELLS WITH DARK NUCLEI AND BRIGHT THIN CYTOPLASM

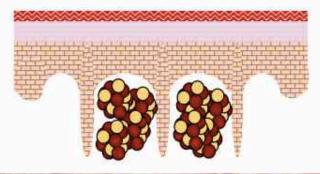


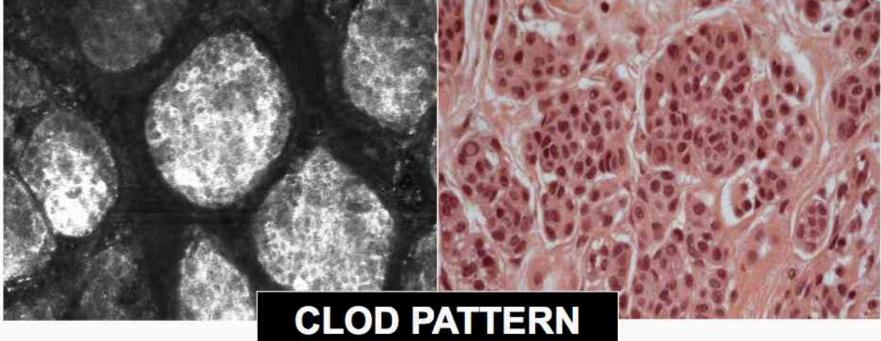




Predominance of edged papillae at DEJ, corresponding to dermal papillae surrounded by a rim of small bright cells, appearing as bright rings sharply contrasting with the dark background.

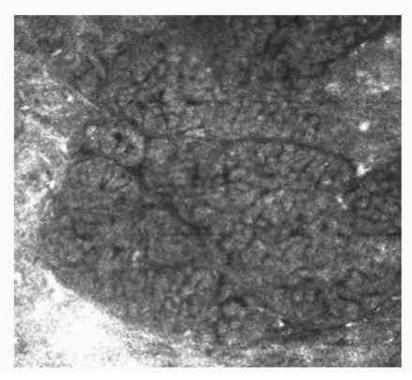


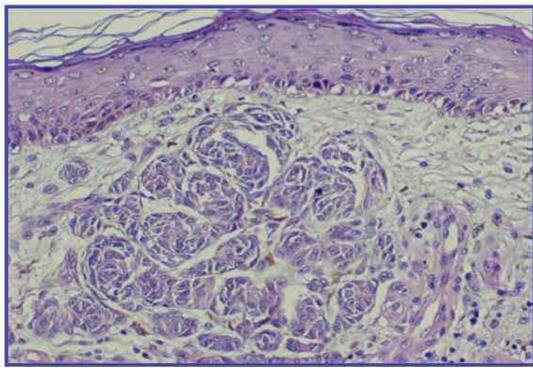




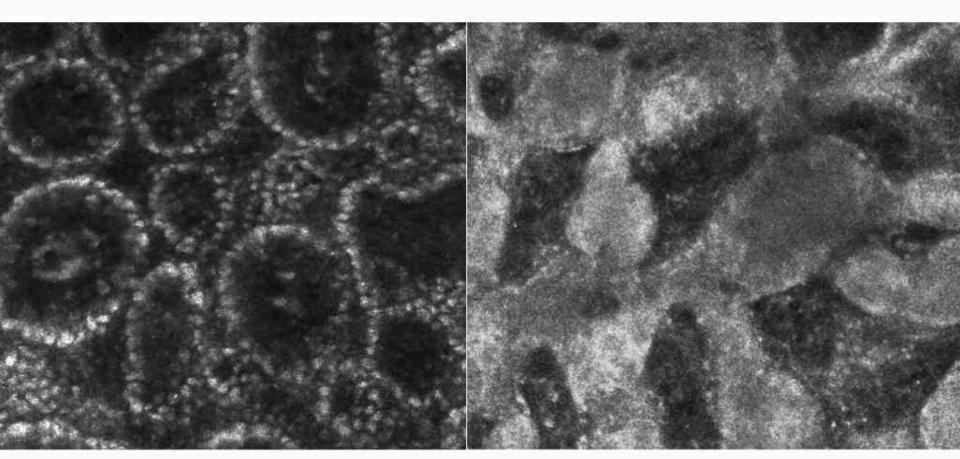
Dense compact clusters of melanocytes within dermal papillae.

## **DERMAL NESTS - CEREBRIFORM**



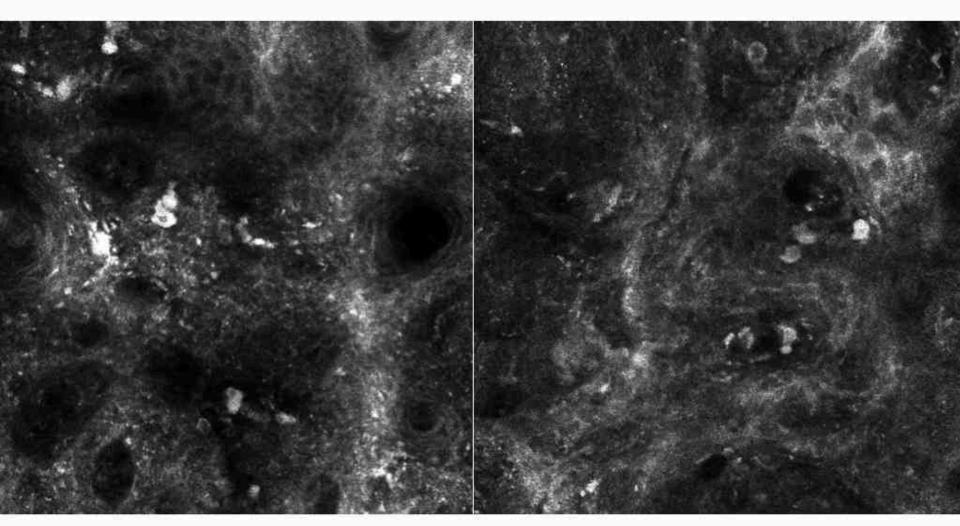


## **EDGED PAPILLAE**

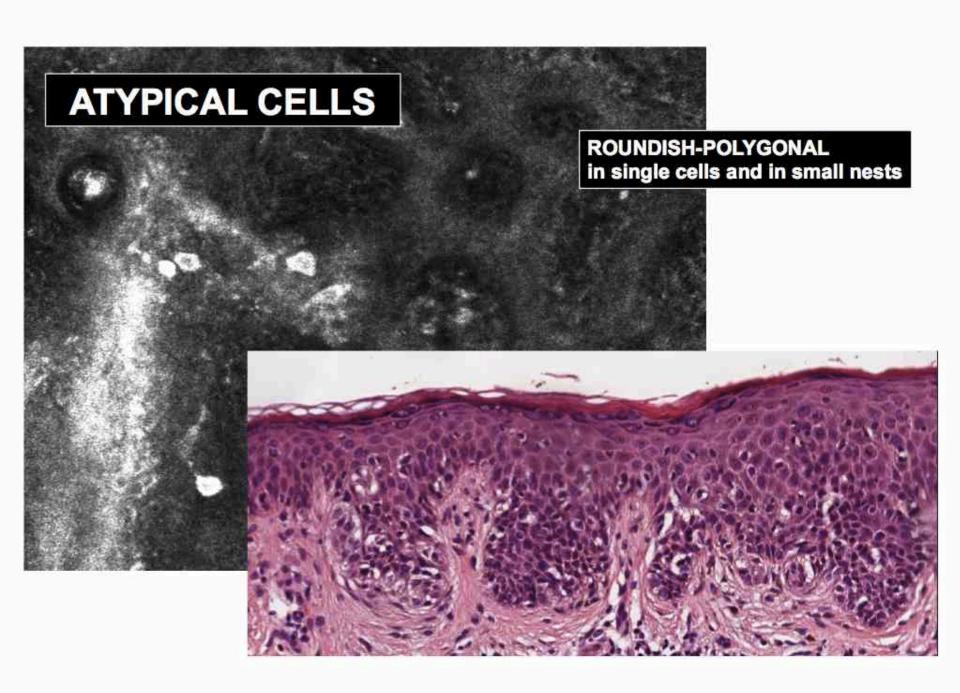


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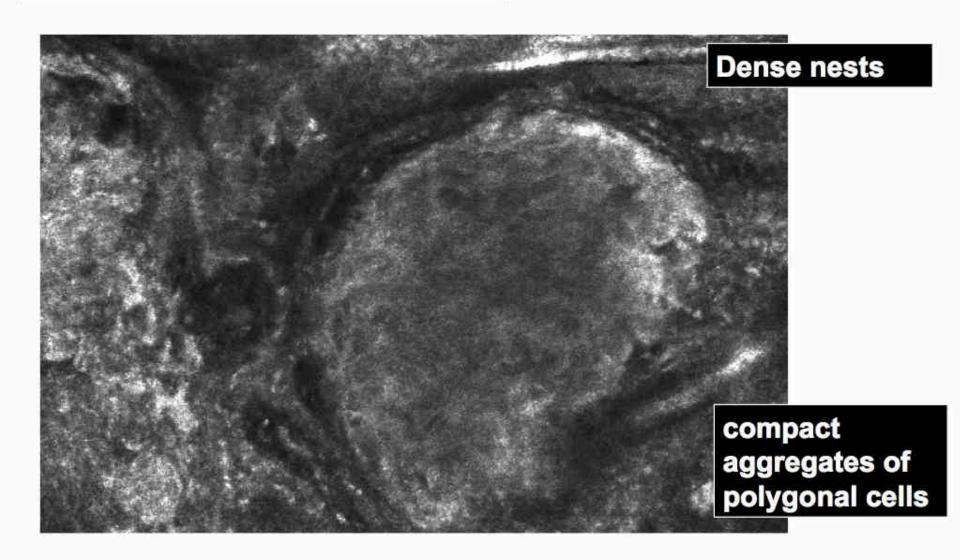
## NON-EDGED PAPILLAE

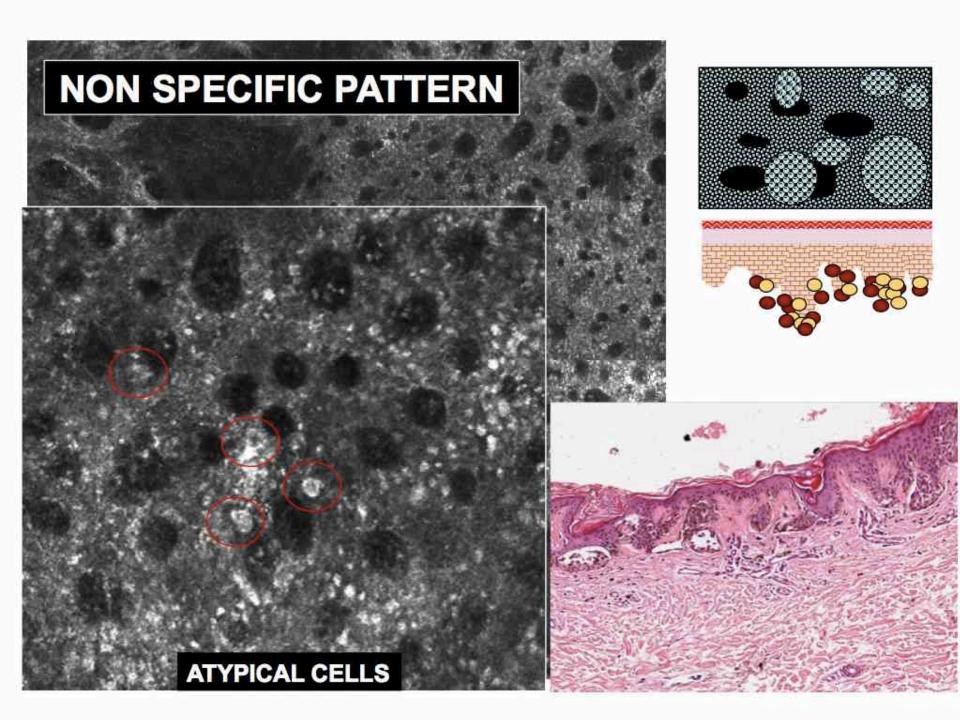


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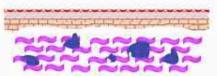
# **DERMAL NESTS - DENSE**

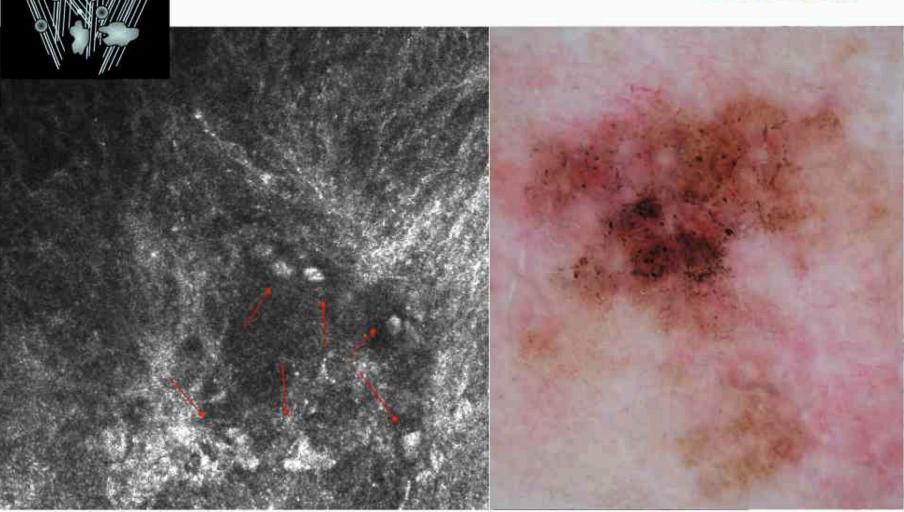






## Regression





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**Table I.** Frequency of in vivo reflectance-mode confocal laser microscopy features and odds ratio values observed at superficial layers in benign and malignant melanocytic lesions

	MM (37)	Nevi (49)	Spitz/Reed (16)	Total (102)	OR (CI 95%)
General aspect of superficial layers:					
Honeycombed	17* (45.9%)	36 (73.5%)	12 (75%)	65 (63.7%)	0.30 (0.13-0.71)
Cobblestone	14 (37.8%)	24 (49%)	6 (37.5%)	44 (43.1%)	NS
Disarranged	15* (40.5%)	0 (0%)	1 (6.3%)	16 (15.7%)	43.6 (5.4-349.8)
Pagetoid infiltration:					
Presence of pagetoid cells	32* (86.5%)	3 (6.1%)	4 (25%)	39 (38.2%)	53.0 (15.6-180.7)
Numerous cells	16* (43.2%)	0 (0%)	1 (6.3%)	17 (16.7%)	48.8 (6.1-390.1)
Roundish cells	31* (83.8%)	2 (4.1%)	2 (12.5%)	35 (34.3%)	78.8 (20.7-300)
Dendritic cells	18* (48.6%)	2 (4.1%)	4 (25%)	24 (23.5%)	9.32 (3.2-26.8)
Pleomorphism	27* (73%)	2 (4.1%)	2 (12.5%)	31 (30.4%)	41.2 (11.9-142.9)
Widely diffused cells	21* (56.8%)	0 (0%)	1 (6.3%)	22 (21.6%)	84.0 (10.5-672.1)
Extension to the stratum corneum	26* (70.3%)	2 (4.1%)	2 (12.5%)	30 (29.4%)	36.1 (10.5-123.7)

CI, Confidence interval; MM, melanoma; NS, not significant; OR, odds ratio.

#### Reference:



<sup>\*</sup>Significant (P < .05) compared with benign lesions (acquired nevi + Spitz nevi).

**Table II.** Frequency of in vivo reflectance-mode confocal laser microscopy features and odds ratio values observed at basal layers and dermoepidermal junction in benign and malignant melanocytic lesions

	MM (37)	Nevi (49)	Spitz (16)	Total (102)	OR (CI 95%)
Dermal papilla feature:					
Edged papilla	5* (13.5%)	34 (69.4%)	5 (31.3%)	44 (43.1%)	0.10 (0.04-0.30)
Nonedged papilla	35* (94.6%)	16 (32.7%)	12 (75%)	63 (61.8%)	23.1 (5.1-104.4)
Junctional nest features:					
Junctional clusters	15 (40.5%)	18 (36.7%)	10 (62.5%)	43 (42.2%)	NS
Junctional thickenings	16 (43.2%)	23 (46.9%)	6 (37.5%)	45 (44.1%)	NS
Cell aspects:					
Large cell	32* (86.5%)	3 (6.1%)	4 (25%)	39 (38.2%)	53.0 (15.6-180.7)
Presence of cellular atypia	36* (97.3%)	13 (26.5%)	11 (68.8%)	60 (58.8%)	61.5 (7.9-477.6)
Typical cell	1* (2.7%)	36 (73.5%)	5 (31.3%)	42 (41.2%)	-
Mild atypia	15 (40.5%)	13 (26.5%)	8 (50%)	36 (35.3%)	-
Marked atypia	21* (56.8%)	0 (0%)	3 (18.8%)	24 (23.5%)	-
Stretches of cells	24* (64.9%)	1 (2%)	1 (6.3%)	26 (25.5%)	58.2 (12.2-277.1)

CI, Confidence interval; MM, melanoma; NS, not significant; OR, odds ratio.

#### Reference:



<sup>\*</sup>Significant (P < .05) compared with benign lesions (acquired nevi + Spitz nevi).

**Table III.** Frequency of in vivo reflectance-mode confocal laser microscopy features and odds ratio values observed at papillary dermis in benign and malignant melanocytic lesions with dermal component

	Invasive MM (33)	Compound nevi (28)	Compound Spitz/Reed (13)	Total (74)	OR (CI 95%)
Melanocytic nest features:					
Dense clusters	21 (63.6%)	26 (92.8%)	11 (84.6%)	58 (78.4%)	NS
Sparse cell clusters	6* (18.2%)	1 (3.6%)	1 (9.1%)	8 (10.8%)	NS
Cerebriform clusters	7* (21.2%)	0 (0%)	0 (0%)	7 (9.5%)	Not evaluable
Isolated cells within papillary dermis:					
Nucleated cells	15* (45.5%)	1 (3.6%)	1 (9.1%)	17 (23.0%)	16.3 (3.4-78.7)

CI, Confidence interval; MM, melanoma; NS, not significant; OR, odds ratio.

#### Reference:



<sup>\*</sup>Significant (P < .05) compared with benign lesions (acquired nevi + Spitz nevi).

### Major Criterion to diagnose MM on RCM

### The two major criteria corresponded to

- the presence of cytologic atypia
- nonedged papillae at basal layer

#### Reference:



# Minor Criterion to Diagnose MM on Confocal Microscope

### The 4 minor criteria were represented by the

- presence of roundish cells in superficial layers spreading upward in a pagetoid fashion,
- pagetoid cells widespread throughout the lesion
- cerebriform clusters in the papillary dermis
- nucleated cells within dermal papilla

#### Reference:



### Confocal diagnosis of MM

 "The Presence of two major criteria OR the presence of one major and one minor criterion is essential for the diagnosis of melanoma"

#### Reference:



### **Accuracy of Diagnosis**

### Sensitivity:

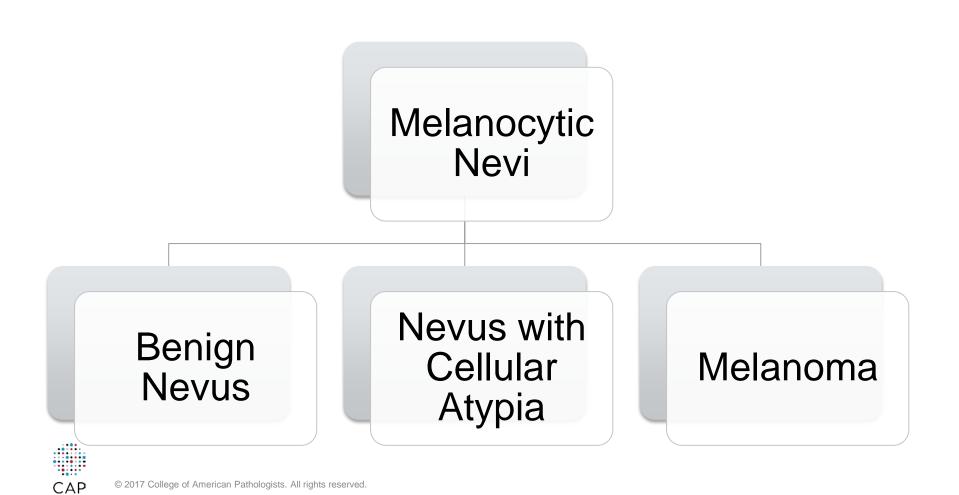
- = TP/ TP+ FN
- =38/38+0
- = **100**%
- Specificity: (scenario 2)
  - = TP/ TP+ FN
  - =TN/ TN + FP
  - = (75 + 629)/ (75 + 629)+6
  - =704/704 +6
  - = 99.2%

#### Reference:

Rao B et al. The diagnostic accuracy of in vivo confocal microscopy in clinical practice. *J Am Acad Dermatol.* 2015;73(2):317-319.



# "Confocal Microscopy Features of Pigmented Lesions"



### Benign Melanocytic Nevus

### Diagnostic Confocal Features

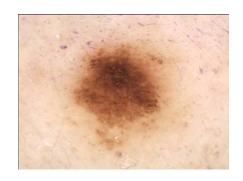
- Symmetric architecture
- Regular honey comb pattern
- Edged Papillae
- Dermal nests with monomorphous cells

### • Types:

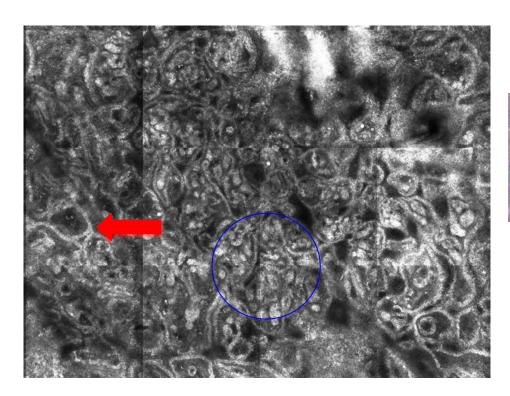
- Junctional Nevi
- Compound Nevi
- Dermal Nevi

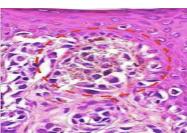


# Benign Melanocytic Nevus



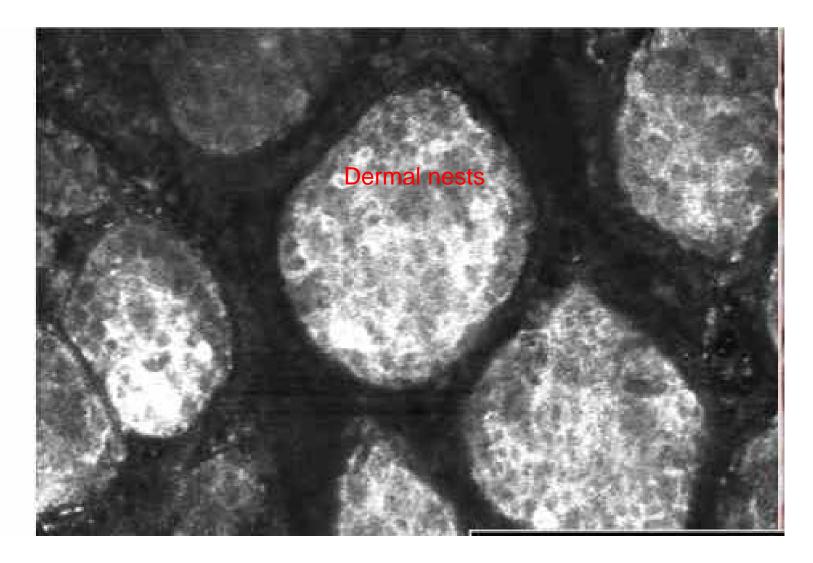
Clinical





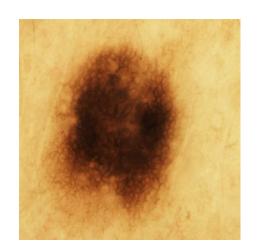
Histology

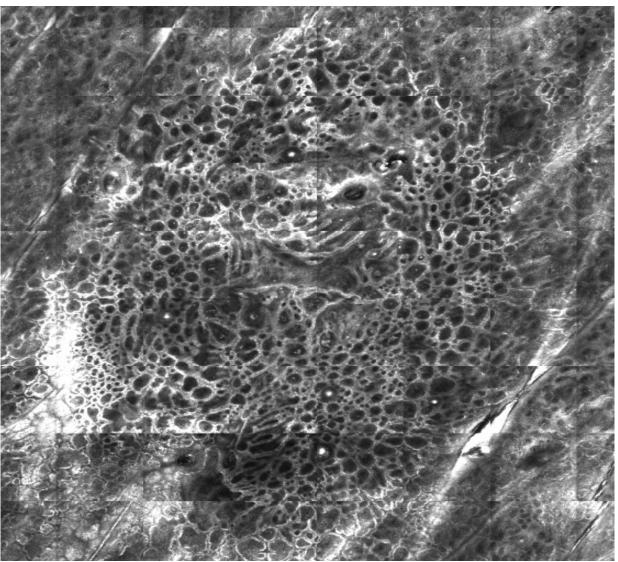






# Benign melanocytic Nevus

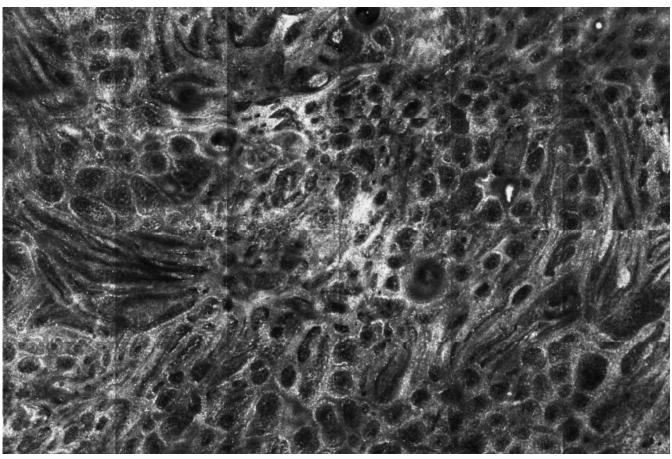






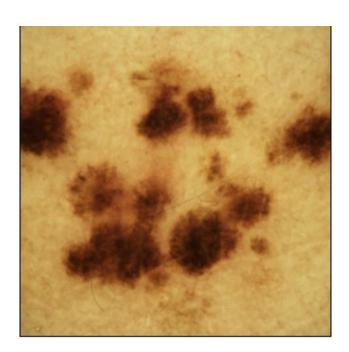
# Benign melanocytic Nevus

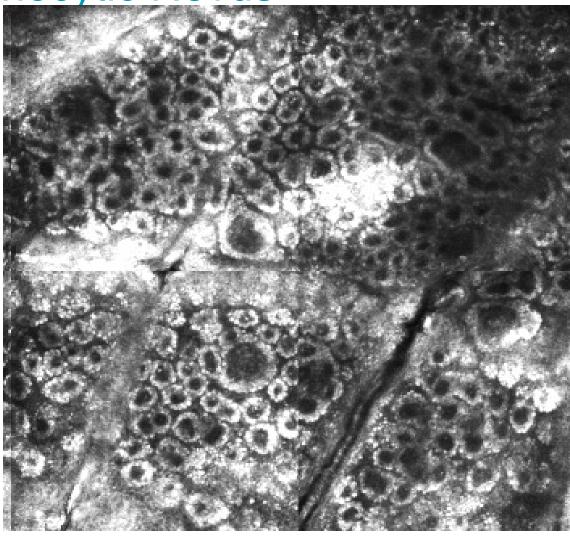






Benign melanocytic Nevus





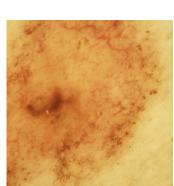


### Nevus with Cellular Atypia

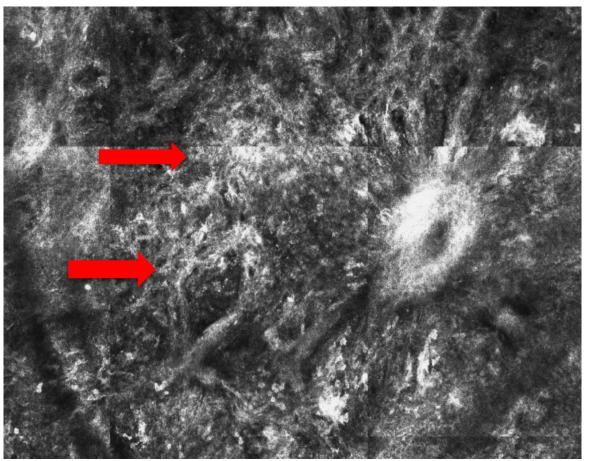
- Diagnostic Confocal Features
  - Irregular honeycomb pattern
  - Few atypical cells (melanocytes)
  - Edged and non edged papillae
  - Borders poorly defined

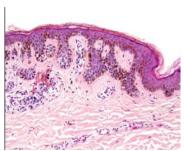


# Nevus with Cellular Atypia



Clinical





Histology



#### Blue Nevus

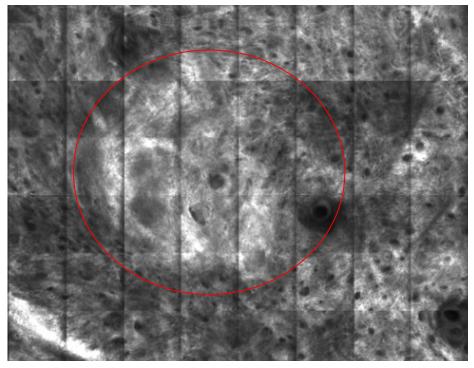
- Diagnostic Confocal Features
  - Regular honeycomb pattern
  - Edged papillae
  - Dermis shows small bright round or dendritic nucleated cells
  - Polygonal and plump bright non nucleated cells

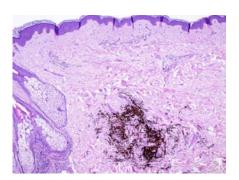


#### **Blue Nevus**



Clinical



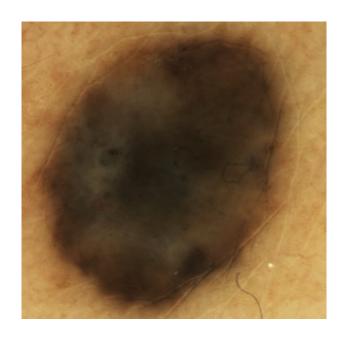


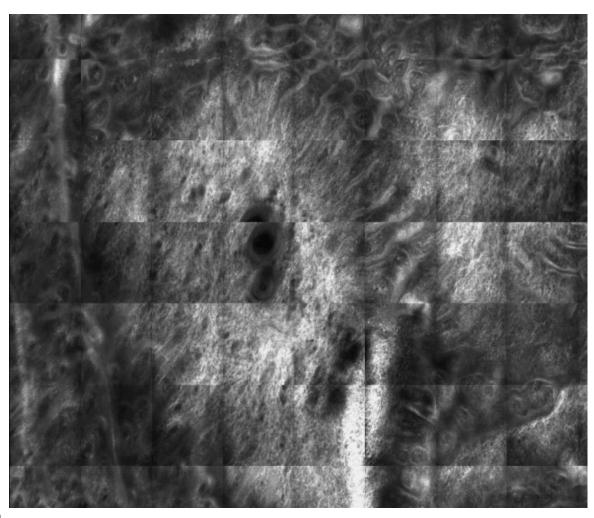
Histology

Confocal



### **Blue Nevus**





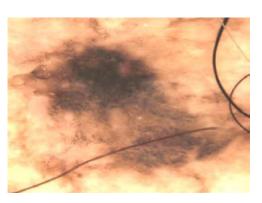


#### Melanoma in Situ

- Diagnostic Confocal Features
  - Irregular honeycomb pattern
  - Pagetoid cells
  - Disorganized ringed pattern
  - Uneven clusters and atypical cells

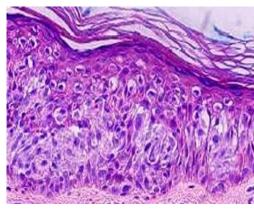


#### Melanoma in Situ



Clinical

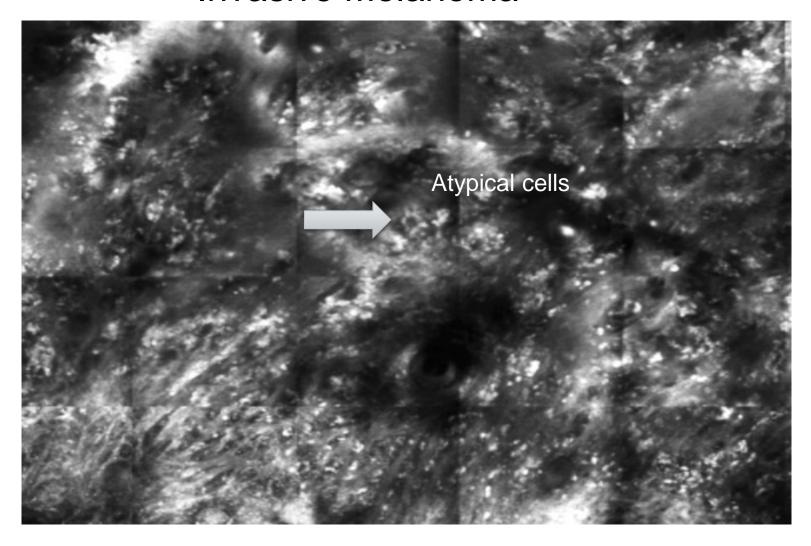




Histology



#### Invasive Melanoma





### Lentigo Simplex

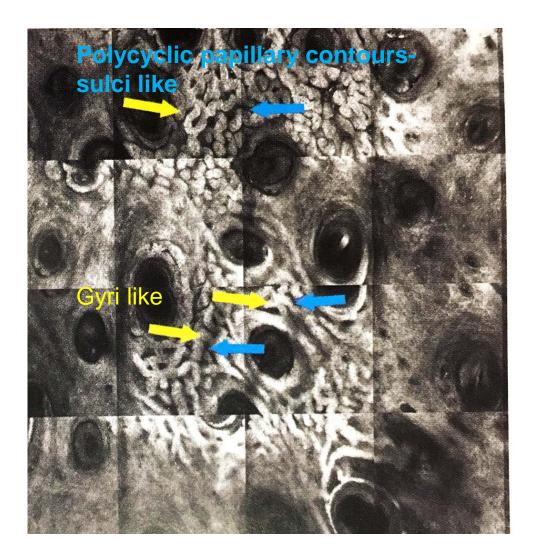
- Confocal diagnostic Features
- Epidermis
  - Regular honeycomb pattern
- Dermis
  - Polycyclic papillary contours-(Sulci and gyri like)
  - Increase in the density of dermal papillae surrounded by monomorphic layers of cells
  - Cord like rete ridges and polymorphous edged papillae

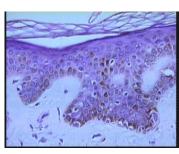


# Lentigo Simplex



Clinical





Histology



### Lentigo Maligna

#### Diagnostic Confocal Features

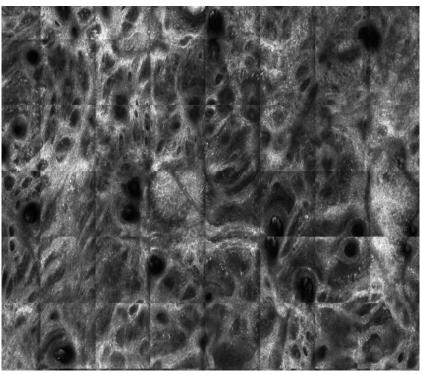
- Irregular honeycomb pattern
- Multiple large round pagetoid cells
- Non edged papillae
- Junctional thickening
- Atypical; cells may be present around the hair follicle
- Large nucleated cells may be present within dermal papillae

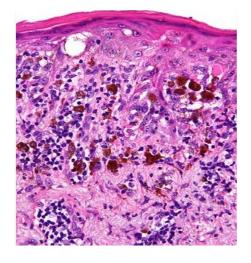


# Diagnostic Confocal Features- Lentigo Maligna



Clinical



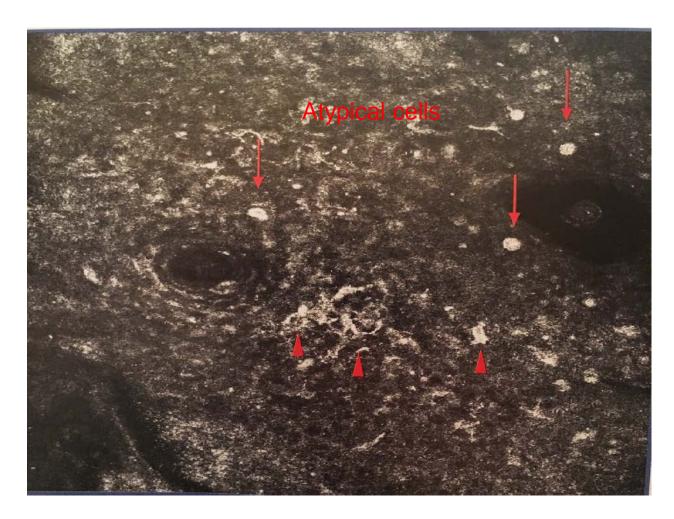


Histology

Confocal

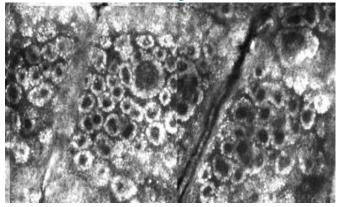


# Lentigo Maligna

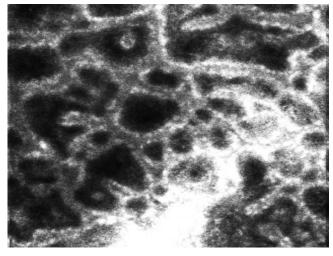




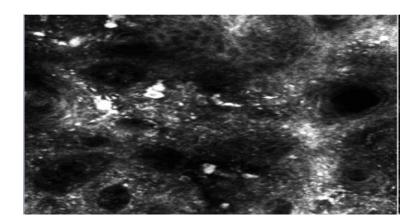
### Summary



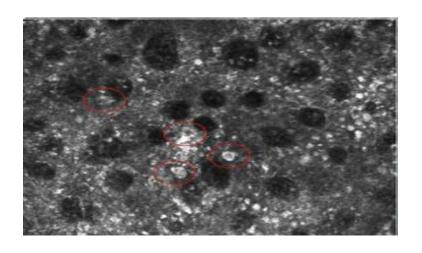
Edged Papillae



Monomorphous cells



Non -Edged Papillae

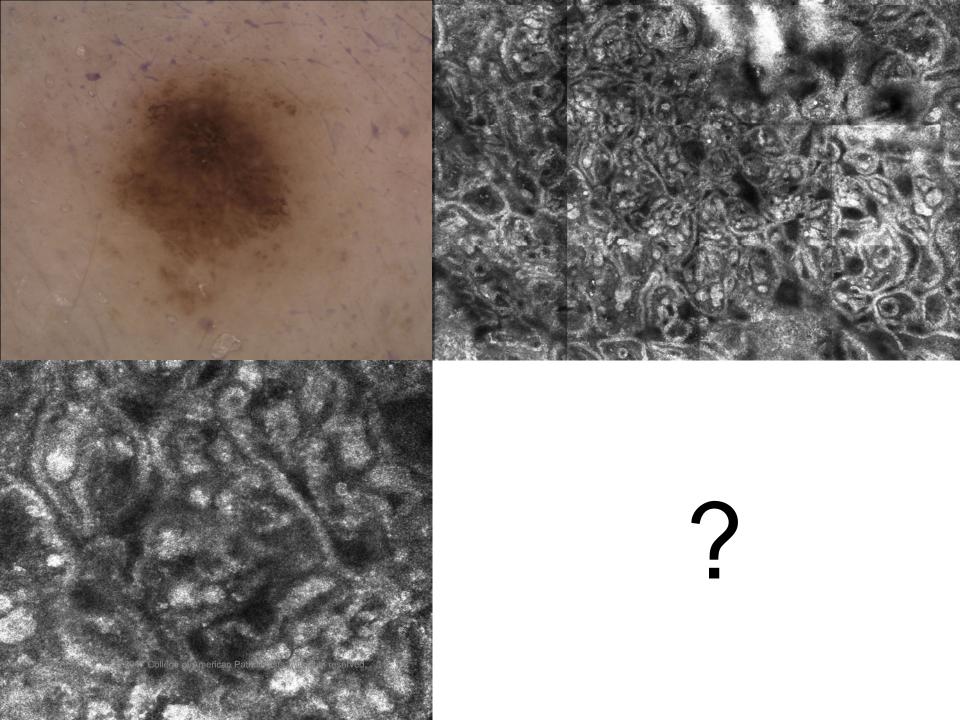


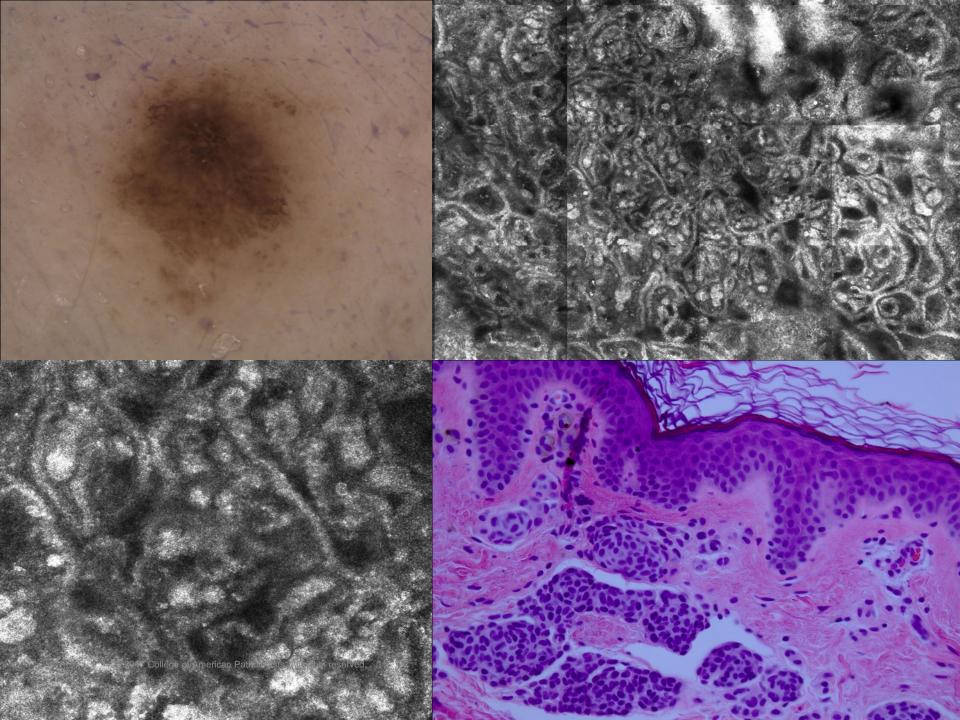
**Atypical Cells** 

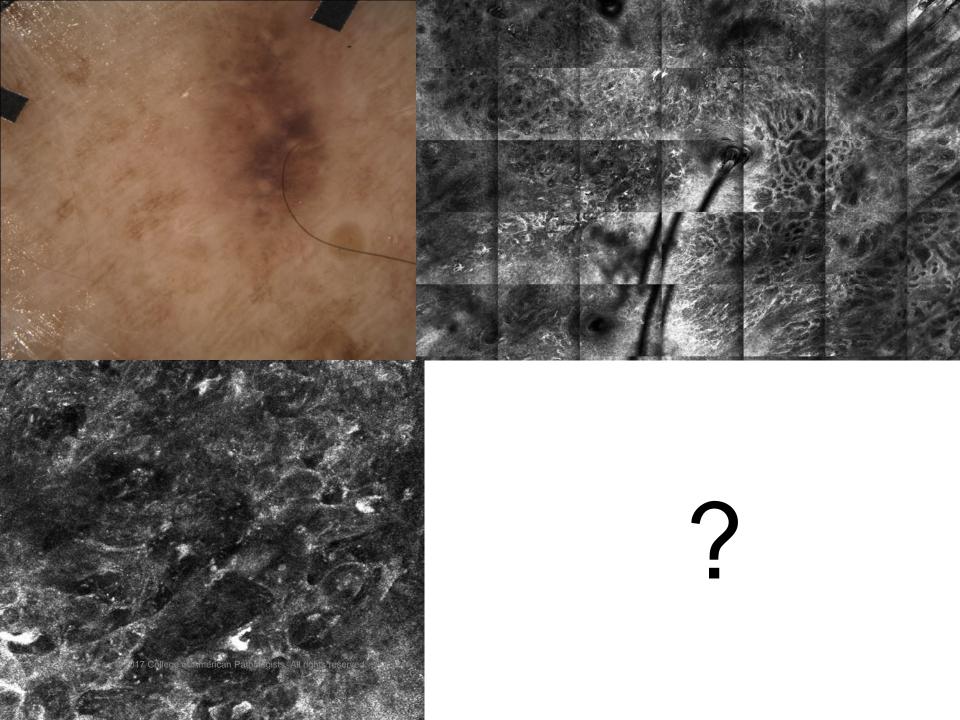


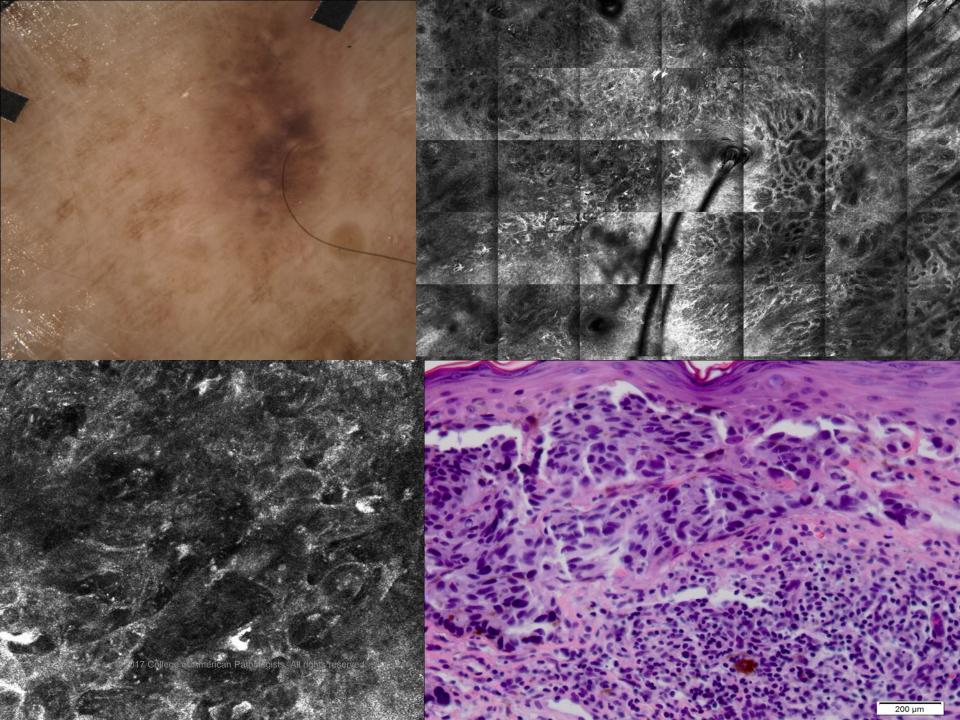
# KEEP CALM ITS QUIZ TIME











#### Acknowledgment

Attiya Haroon, MD, PhD
 Thank you

For more information
Contact: attiya.haroon9@gmail.com
Join NIDISKIN.com



### **Upcoming Webinars**

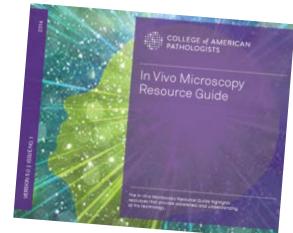
DATE	TOPIC	SPEAKER(s)
5/30	Creating a successful	Nicholas P. Reder, MD, MPH
	pathology-engineering	Adam Glaser, PhD
	collaboration	Lawrence D. True, MD, FCAP
		Jonathan T.C. Liu, PhD
8/15	IVM and Skin	Babar Rao, MD, FAAD
10/3	Light-sheet microscopy for 3D	Nicholas P. Reder, MD, MPH
	pathology	Lawrence D. True, MD
11/7	Rapid examination of fresh	Nicholas P. Reder, MD, MPH
	tissue using light-sheet	
	microscopy	

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# The CAP In Vivo Microscopy Resource Guide – see handout

- The IVM resource guide highlights current IVM articles and other resources that assist in understanding and potentially adopting IVM and EVM
  - Printed guides are available for members
     (\$39) and non-members (\$69)
  - The digital copies of all four Resource
     Guides are a complimentary member
     benefit
  - Access them <u>www.cap.org</u> > Resources and Publications





# IVM Short Presentations on Emerging Concepts (SPECs) – see handout

#### IVM SPECs are:

- Short PowerPoints, created for pathologists
- Useful for educating pathologists
   colleagues about IVM and GI specialist on
   the role and value of pathologists in IVM

#### • IVM SPEC Topics:

- In Vivo Microscopy (IVM): A New Role for Pathologists
- IVM of the GI Tract
- Ex Vivo Microscopy (EVM): A New Tool for Pathologists (NEW)

Access them <u>www.cap.org</u> > Resources





# Introduction to In Vivo Microscopy Interpretation Workshop 2017 – see handout

#### September 16, 2017, 8-4 pm in Chicago at The James Hotel

- Complimentary workshop! Seminar topics:
  - Explain IVM image terminology
  - Demonstrate ex vivo optional imaging for tissue evaluation and surgical pathology practice
  - Explain latest IVM technologies and image acquisition modalities with a focus on GI, skin, and lung
  - Demonstrate familiarity with IVM image interpretation criteria
  - Demonstrate ex vivo optional imaging for tissue evaluation and surgical pathology practice
  - Explain the role of pathologists in IVM programs
  - Explain IVM reimbursement opportunities



Register today <u>surveymonkey.com/r/IVMWorkshop17</u>

# CAP17 The Pathologists' Meeting – IVM Highlights

- Learn about CAP's in vivo microscopy resources and talk with fellow members who are pioneering these technologies at the CAP's IVM Committee Booth in the Exhibit Hall
- Sign up for the complimentary breakfast workshop "Justifying the Introduction of Emerging Technologies into a Pathology Department: How to Develop a Business Plan"
- Register at www.cap.org/cap17



### IVM Topic Center Page on CAP.ORG

 Check the IVM Topic Center for continued updates and for all your IVM resources

www.cap.org > Search for "IVM Topic Center"



#### THANK YOU!

 Thank you for attending our webinar "Confocal Microscopy for Pigmented Lesions" by Babar K. Rao, MD, FAAD

- For comments about this webinar or suggestions for upcoming webinars, contact <a href="mailto:ivminfo@cap.org">ivminfo@cap.org</a>
- NOTE: There is no CME/CE credit available for today's complimentary webinar. The pdf of the presentation will be sent out in a week.





