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PATHOLOGISTS

Emerging Concepts on Liquid Biopsy Testing

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Webinar Host

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Pranil Chandra, DO, FCAP

- **Chief Medical Officer, Genomic and Clinical Pathology and Services at PathGroup in Nashville, TN**
- **Fellowships in Oncological Surgical Pathology (Chief Fellow) and Molecular Genetic Pathology at UT MD Anderson Cancer Center**
- **Board Certified in Molecular Genetic Pathology, Anatomic & Clinical Pathology and Hematopathology**
- **Member of the CAP's PHC Committee**



Abhijit A. Patel, MD, PhD

- **Associate Professor of Radiation Oncology at Yale University**
- **Residency training at Harvard; internship at MSKCC; MD/PhD at Yale**
- **Expertise in molecular biochemistry, genomics, and next-generation sequencing**
- **Research group at Yale is developing and validating ultrasensitive NGS-based assays for measuring circulating tumor DNA and RNA.**



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Disclosures

- **Dr. Chandra**
 - **Ownership interest in PathGroup.**
 - **Speaker/consultant for Pfizer, Roche, Bristol Myers Squibb, and Astra Zeneca.**
- **Dr. Patel**
 - **IP: Inventor on patent applications related to ctDNA assay technology.**
 - **Advisory roles: Novartis, NuGEN Technologies.**
 - **Research Funding: AstraZeneca**

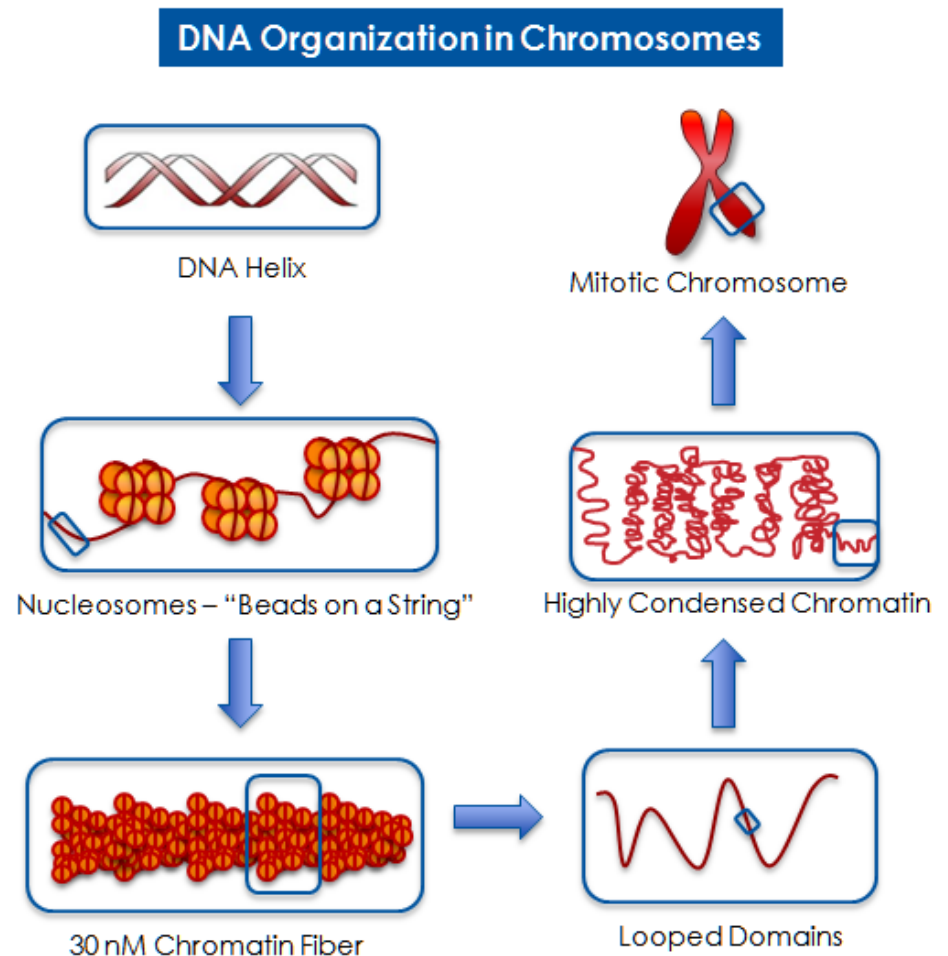
Agenda

- **Background on molecular principles and next generation sequencing**
- **Clinical utility and guiding appropriate testing utilization**
- **Background and emerging clinical applications for “liquid biopsy” testing**

The Human genome is Composed of DNA...

- **Total DNA in each cell of the human body:**

- Double stranded helix
- Histones
- Nucleosome
- Chromatin fiber
- Chromosome



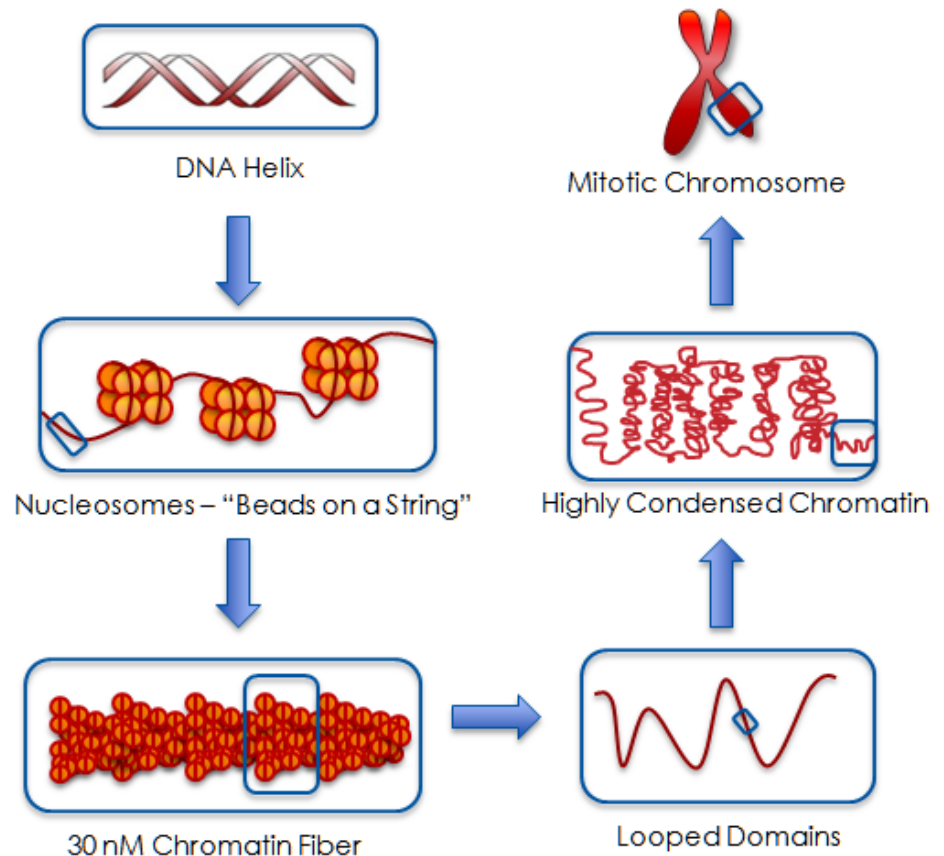
Source: DNA and Chromosomes. Penn State University Web site.
<https://wikispaces.psu.edu/display/230/DNA+and+Chromosomes>.
Updated August 10, 2009. Accessed November 4, 2014.

The Human genome is Composed of DNA... (continued)

- 46 chromosomes
(23 pairs)

- Approximately 25,000 genes
- Approximately 3 billion DNA base pairs

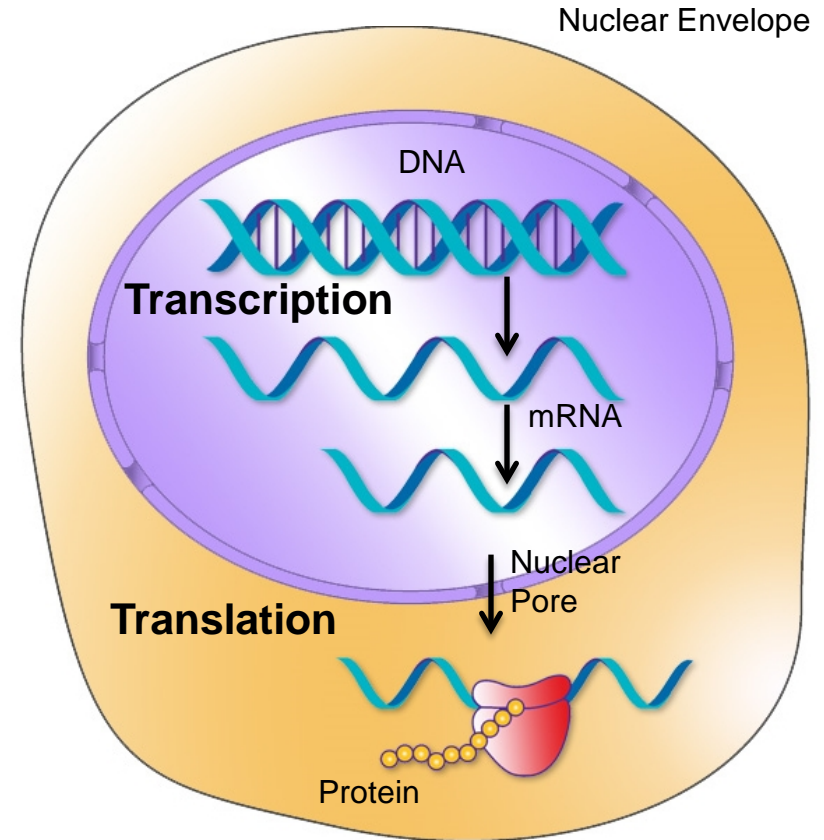
DNA Organization in Chromosomes



Source: DNA and Chromosomes. Penn State University Web site.
<https://wikispaces.psu.edu/display/230/DNA+and+Chromosomes>.
Updated August 10, 2009. Accessed November 4, 2014.

...Which Directs the Production of Protein

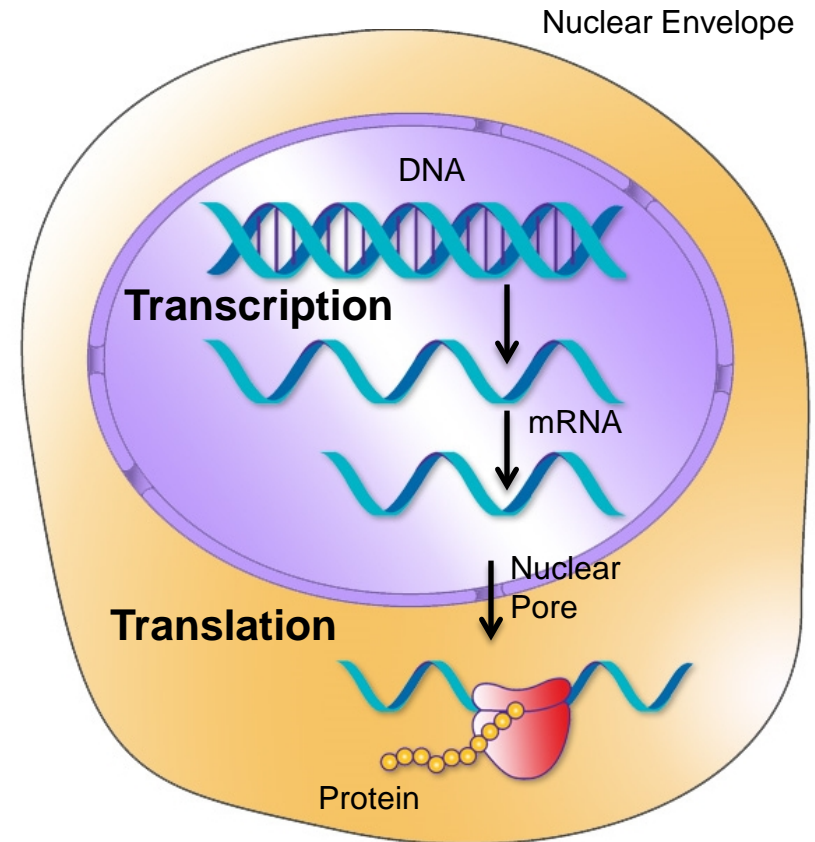
- DNA codes for protein which directs functions of the body
 - Transcription
 - mRNA
 - Translation
 - Proteins involved in molecular pathways
 - Oncoproteins
 - Tumor Suppressor proteins



Source: Austin Peay State University Web site.
<http://apbrwww5.apsu.edu/thompsonj/Anatomy%20&%20Physiology/2010/2010%20Exam%20Reviews/Exam%201%20Review/Ch03%20The%20Nucleus.htm>. Accessed November 4, 2014.

...Which Directs the Production of Protein (continued)

- **Molecular/genomic testing**
 - **Genetic**
 - DNA, RNA, and/or protein
 - **Epigenetic**
 - Methylation
 - MicroRNA



Source: Austin Peay State University Web site.
<http://apbrwww5.apsu.edu/thompsonj/Anatomy%20&%20Physiology/2010/2010%20Exam%20Reviews/Exam%201%20Review/Ch03%20The%20Nucleus.htm>. Accessed November 4, 2014.

Reasons For Growth of Cancer Genomics

- **Explosion of literature**

- Identification of genomic aberrations that have clinical significance
 - Numerous genomic research efforts such as Cancer Genome Atlas Project (TCGA) and others

- **Marked increase in therapeutic drug development**

- Greater than 500 targeted/cancer therapies in development over the next few years

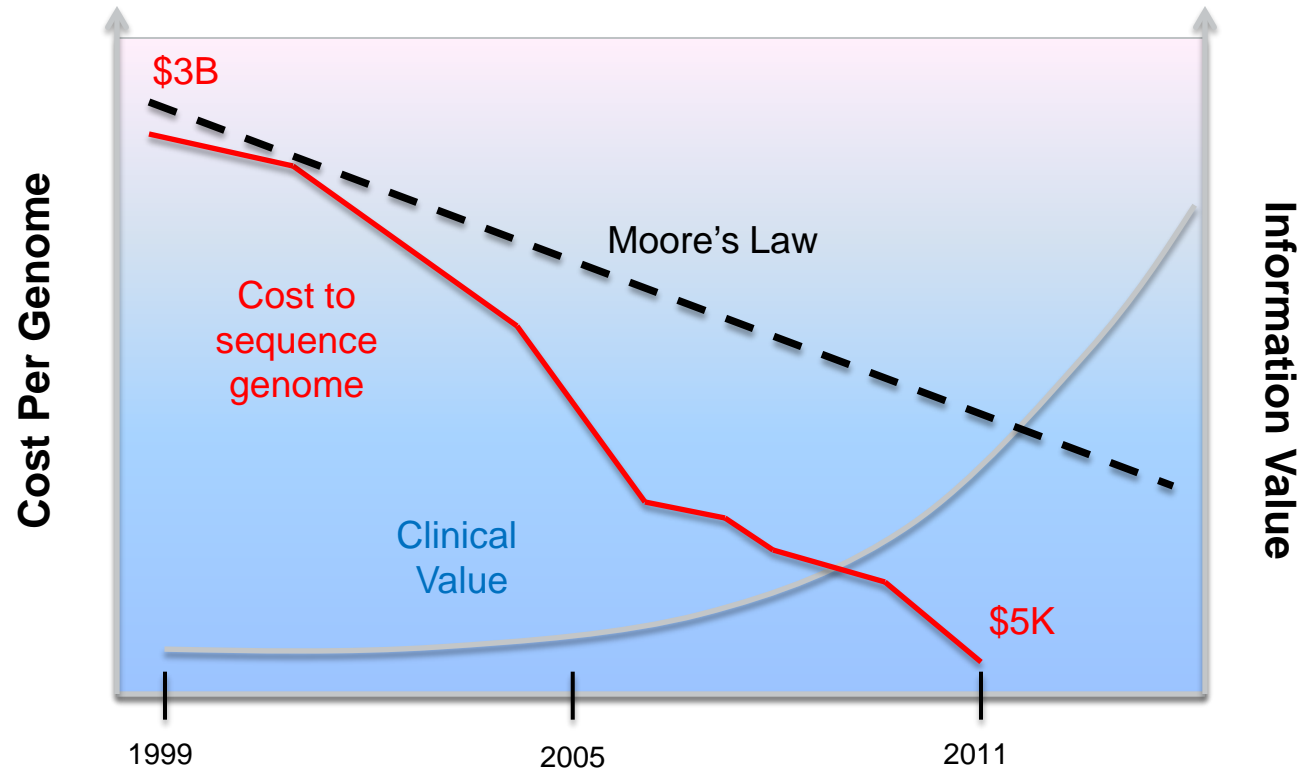


Reasons For Growth of Cancer Genomics (continued)

- **Marked decrease in costs to identify genomic aberrations**
 - Exponential decrease in sequencing costs
 - Rapid adoption of massively parallel (NGS) and other high throughput technologies



Opportunity – Actionable Information



Source: Andrews R. The era of genomic medicine...what to expect. Executive War College Web site. http://www.executivewarcollege.com/wp-content/uploads/2012/05/Andrews_for_Web3.pdf. May 2, 2012. Accessed October 17, 2014.

Next-generation sequencing (NGS)

- **Basic principles**
 - **Disruptive technologies that allow for high throughput DNA/RNA sequencing**
 - **Assess for alterations in multiple (up to hundreds) of genes at once**
 - **Also known as massively parallel sequencing**

Next-generation sequencing (NGS)

- **Advantages**

- **More sensitive and accurate than Sanger Sequencing**

- **Each section of DNA/RNA is sequenced multiple times.**

- **Allows for greater depth of coverage (i.e. 500-1000X in oncology samples)**

- **Can pick up mutations at low percentage compared with Sanger sequencing.**

- **Advantageous in situations of molecular/tumor heterogeneity**

Next-generation sequencing (NGS) (continued)

- **Advantages**

- **Cost-efficient utilization of limited tissue samples to yield actionable information**
 - **Needs less DNA**
 - **Can test more than one sample at a time**
 - **Faster TAT compared to sequential testing**
- **Information on multiple genes at once**
- **Can process multiple patient samples at once**

- **Disadvantages**

- **Expensive instrumentation and increased expertise required**
- **Increased risk of contamination**
 - **Requires robust and standardized pre-analytic processes**
 - **Fixation, tissue processing, nucleic acid extraction, and library preparation**

What is Clinical Utility?

- **Payer centric definition**
 - Improve patient outcomes
 - Decrease health care costs

New Report

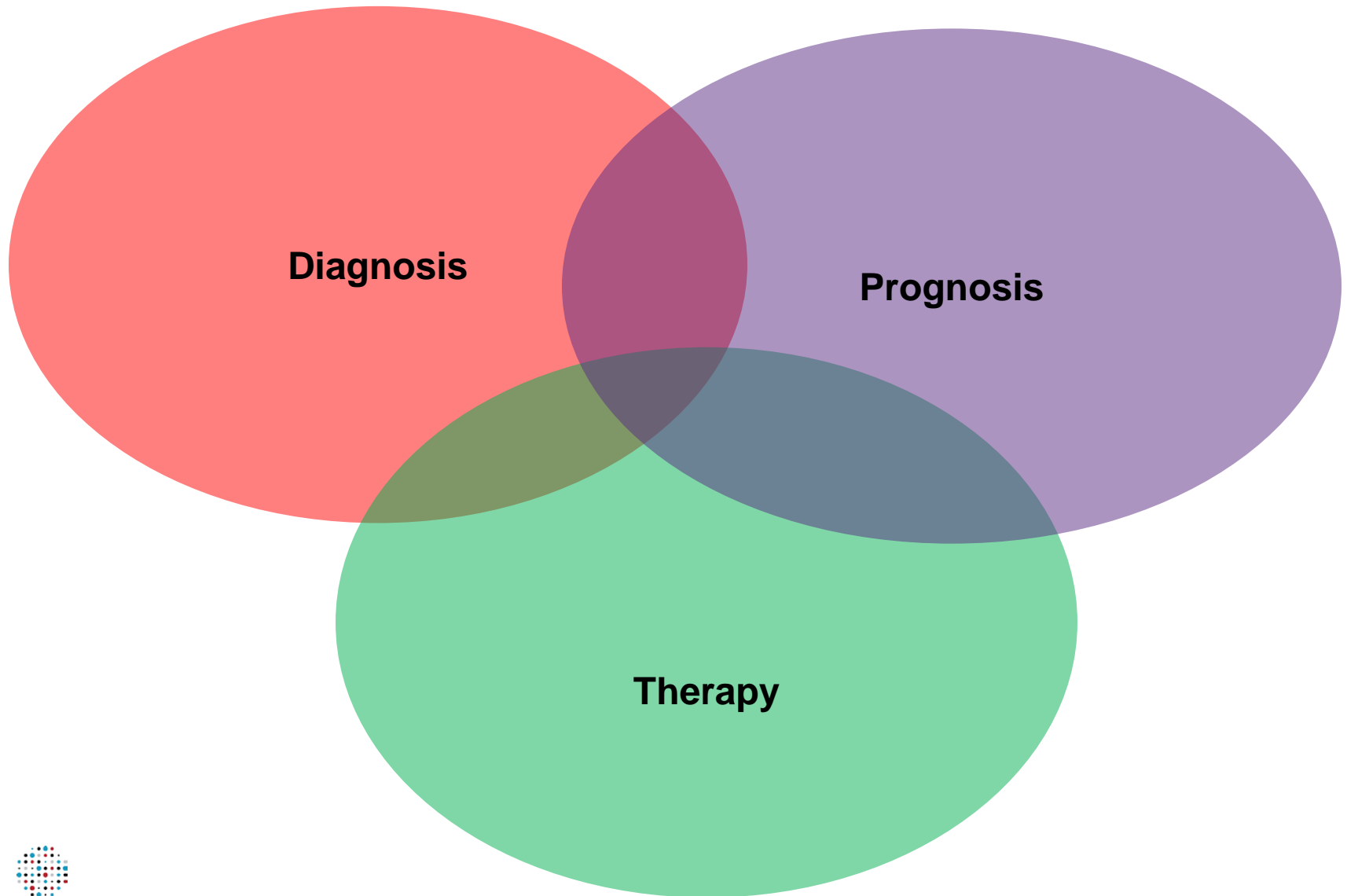
- Joseph L, Cankovic M, Caughron S, et al. **The Spectrum of Clinical Utilities in Molecular Pathology Testing Procedures for Inherited Conditions and Cancer: A Report of the Association for Molecular Pathology.** *The Journal of Molecular Diagnostics*. 2016: 18(5): 605-619. doi: 10.1016/j.jmoldx.2016.05.007.

Precise Definition of Clinical Utility

- Provide valuable information to the pathologist, treating oncologist, or other clinician—patient centric
- Alter clinical management decisions

Diagnostic	<ul style="list-style-type: none">• Hematologic malignancies<ul style="list-style-type: none">○ MDS, MPN, and MDS/MPN, end the “diagnostic odyssey”.• Poorly differentiated metastases
Prognostic	<ul style="list-style-type: none">• Alter clinical management of patient<ul style="list-style-type: none">○ Heightened vigilance○ Institute therapeutic decisions earlier
Therapeutic	<ul style="list-style-type: none">• On or “off label” use of FDA approved targeted therapy• Investigational agent in a clinical trial setting<ul style="list-style-type: none">○ Greater than 500 targeted therapeutics in clinical development over next 5 years

Clinical utility, patient-centric definition



Guiding Appropriate Utilization is Complex and Requires Pathology Direction

- **Diagnosis +/- Metastatic Disease**

- Single analyte tests
- Moving towards focused panel based testing with higher throughput technologies such as NGS
 - Especially in hematologic malignancies

- **Advanced/relapsed/refractory disease**

- Higher throughput technologies such as NGS and broader interrogation are helping to guide scientifically driven clinical decision making
 - Targeted therapy in a clinical trial context

Future of Cancer Genomics Testing

**Single Analyte Tests→
Targeted NGS and/
or Multiplex Panel(s)**

Performed on Tissue
and/or Peripheral Blood

Broader Genomics Panels
Performed on Tissue and/or Peripheral Blood

Diagnosis +/- metastasis → Relapse/refractory → Advanced



Diagnosis

Prognosis

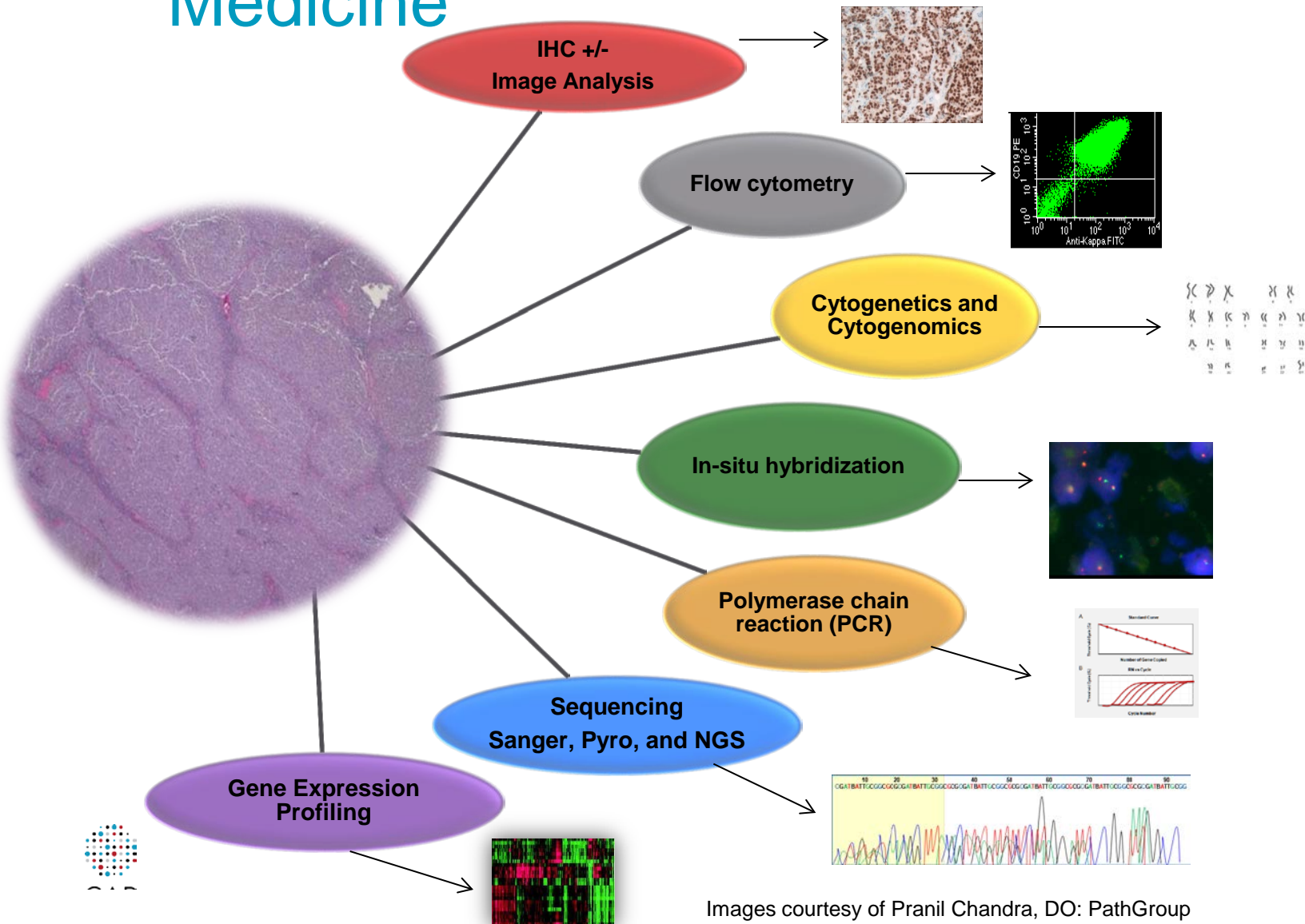
Chemotherapy

Targeted Therapy

Clinical Trials

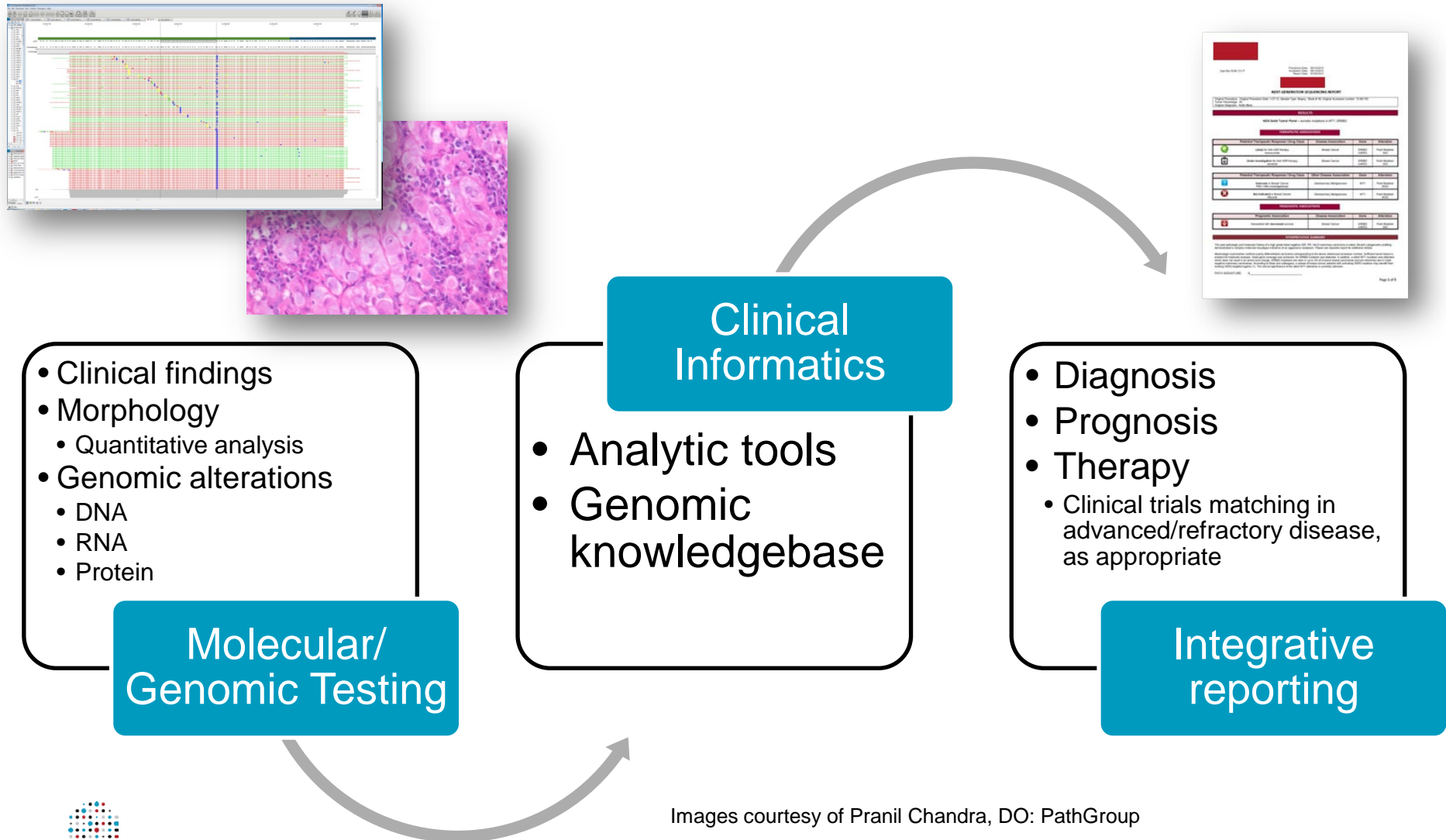
Other Management Decisions

The Pathologist in the Era of Genomic Medicine



Images courtesy of Pranil Chandra, DO: PathGroup

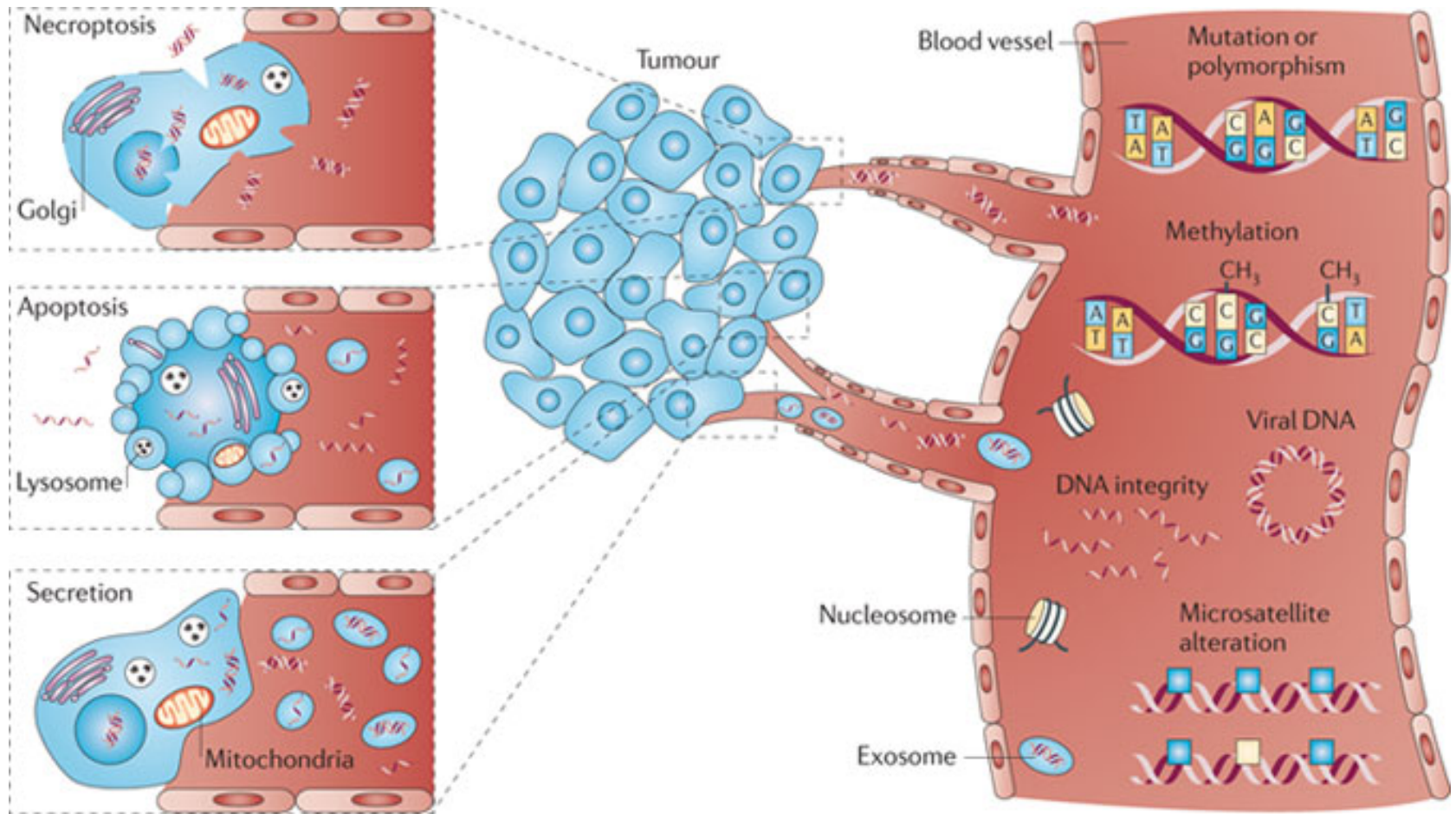
Integration of Morphologic, Genomic, and other Data



“Liquid Biopsy”

- **Also known as:**
 - ctDNA testing, cell-free DNA testing
 - Circulating tumor cell testing
- **A plethora of commercial tests are available**
- **Numerous industry academic collaborations**
- **Important for pathologist to be involved in guiding test utilization and interpretation**

Various mechanisms of release of tumor DNA into peripheral blood



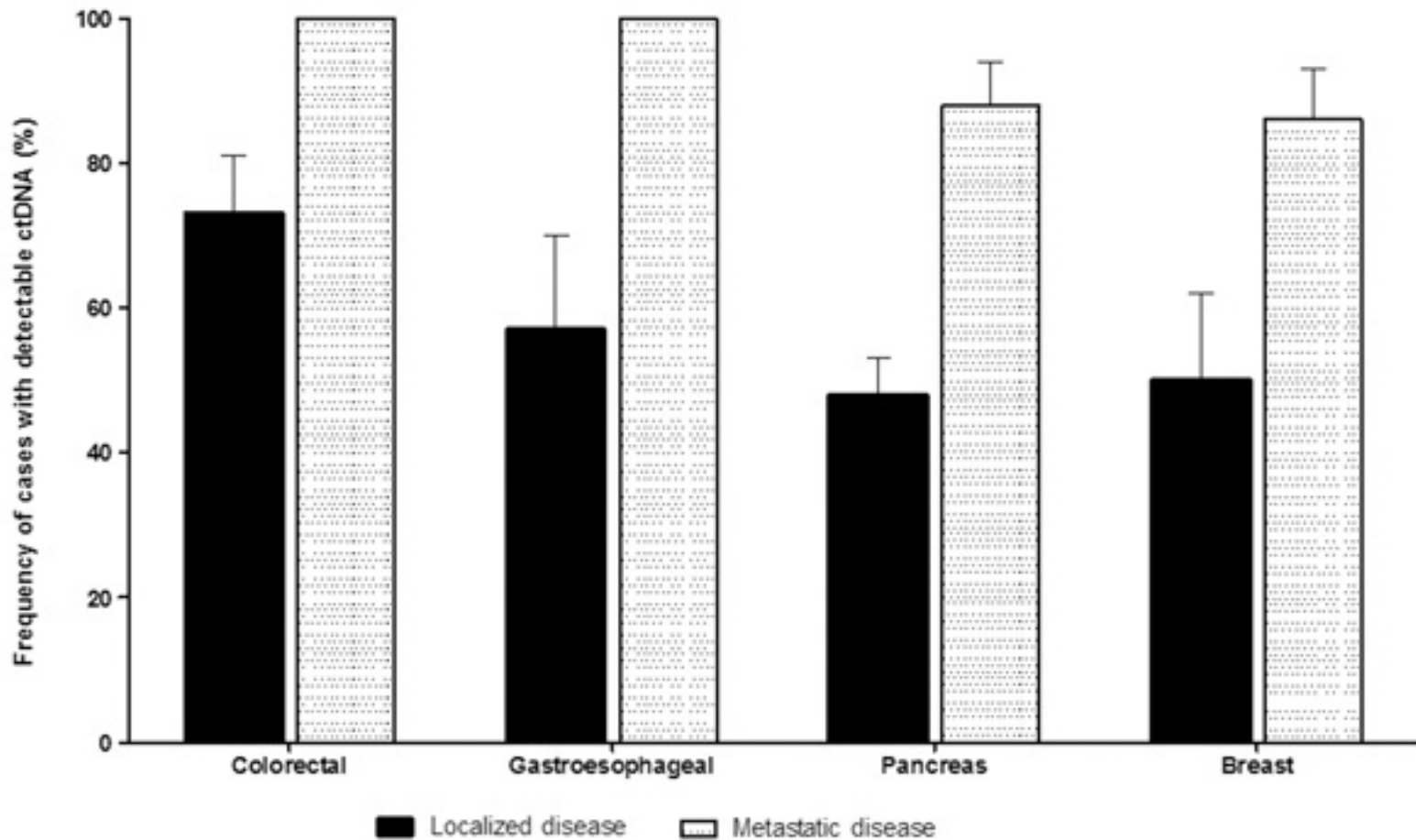
ctDNA: Summary of General Principles

- **Circulating tumor DNA (ctDNA) is shed from dying tumor cells into the peripheral blood.**
- **As a result, ctDNA can be detected in the peripheral blood or plasma of patients with various types of cancer.**

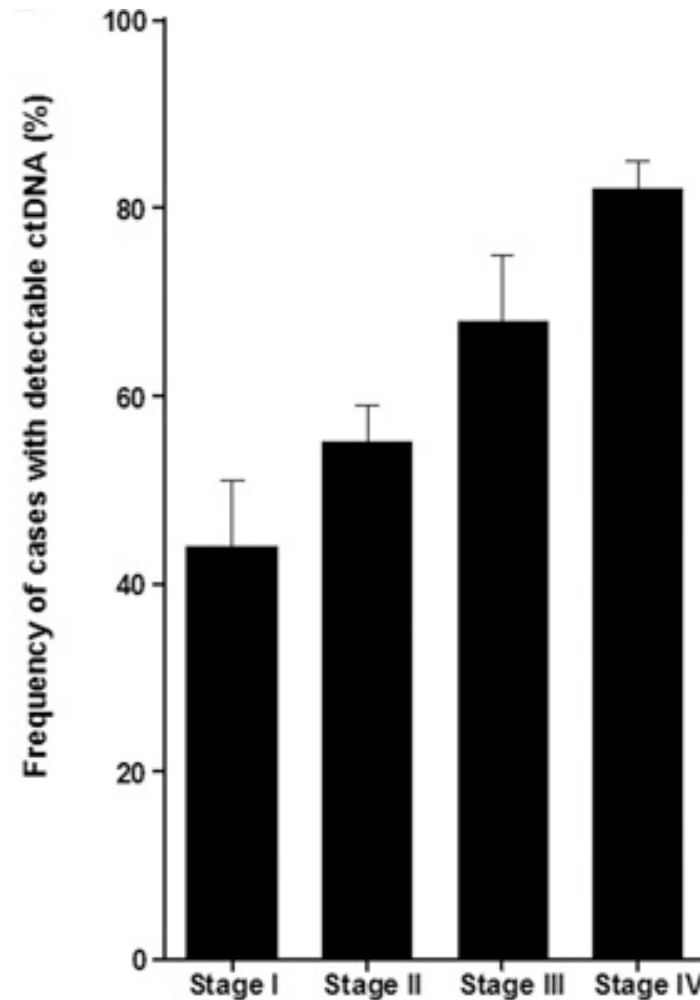
ctDNA: Summary of General Principles (continued)

- **Presence of detectable ctDNA varies with type of disease and stage.**
 - There is a higher probability of detecting ctDNA in patients with advanced-stage malignancies.
 - Certain malignancies such as gliomas appear to shed less tumor DNA.

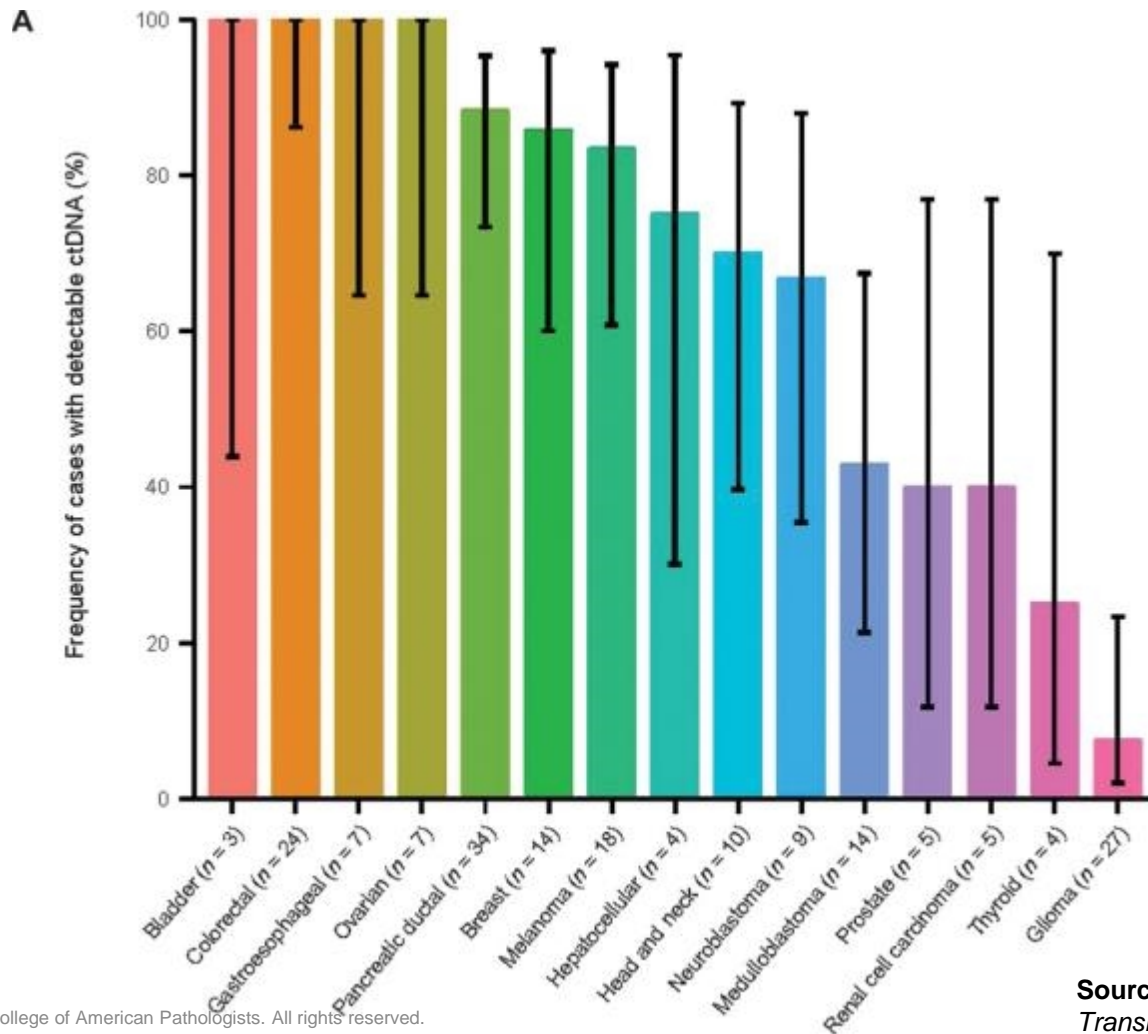
Detectability of Localized vs. Metastatic



Circulating Tumor DNA (ctDNA) Detection Generally Varies by Stage



ctDNA Detection Can Vary by Cancer Type in Patients with Advanced Disease



ctDNA testing: Advantages and Disadvantages

- **Advantages**

- Minimally invasive testing of blood samples may spare need for more invasive tissue biopsies.
- Presence of mutation may have sufficient specificity to guide management decisions, in the appropriate context.
 - i.e. EGFR exon 19 deletion in NSCLC
- Liquid biopsy may permit more comprehensive sampling of tumor mutation heterogeneity.
- Plasma samples are generally processed more rapidly, which may reduce turn around time

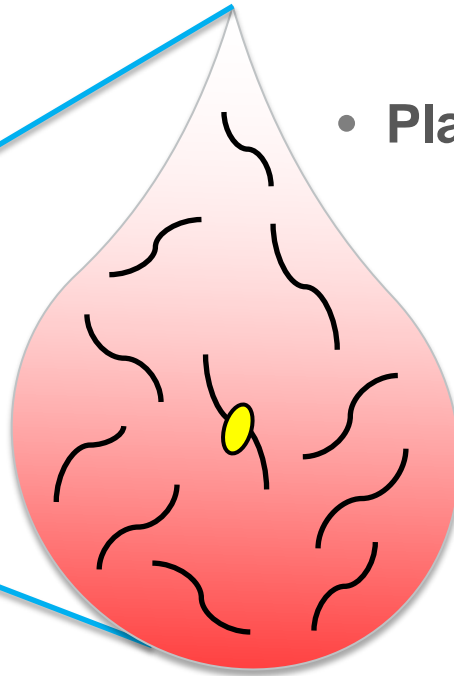
ctDNA testing: Advantages and Disadvantages (continued)

- **Disadvantages**

- Pitfalls in inappropriate utilization of testing and/or misinterpretation of results.
 - Results require interpretation in appropriate clinical context.
 - Lower sensitivity, which confers higher false negative rate.
- Low mutation abundance presents analytical challenges.

Challenges in Measuring ctDNA

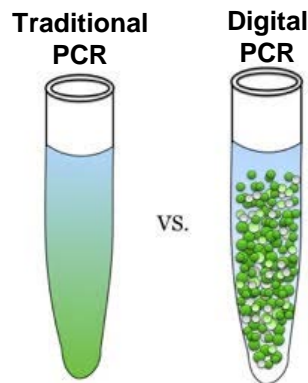
- **Mutant tumor DNA is rare**
- **Excess background normal DNA**
- **Plasma DNA is fragmented**



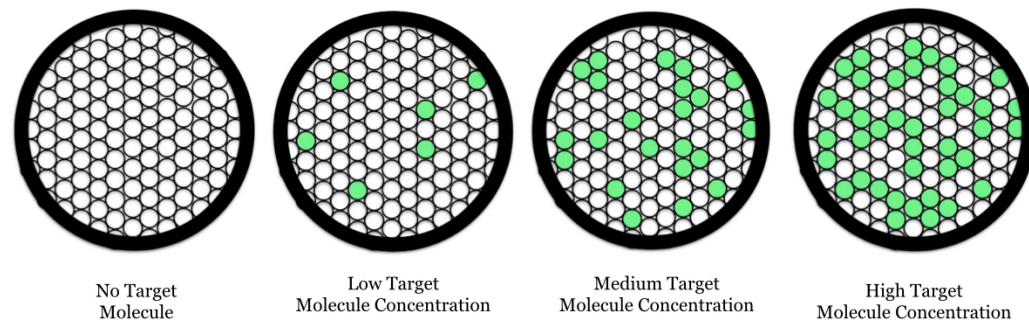
Common ctDNA assay strategies

- **Digital PCR**

- Very sensitive detection of specific mutations of interest.
 - Limited to a small number of specific mutations per assay.
- Need to know, clinically, what you are looking for
 - e.g. EGFR T790M mutation



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Common ctDNA assay strategies

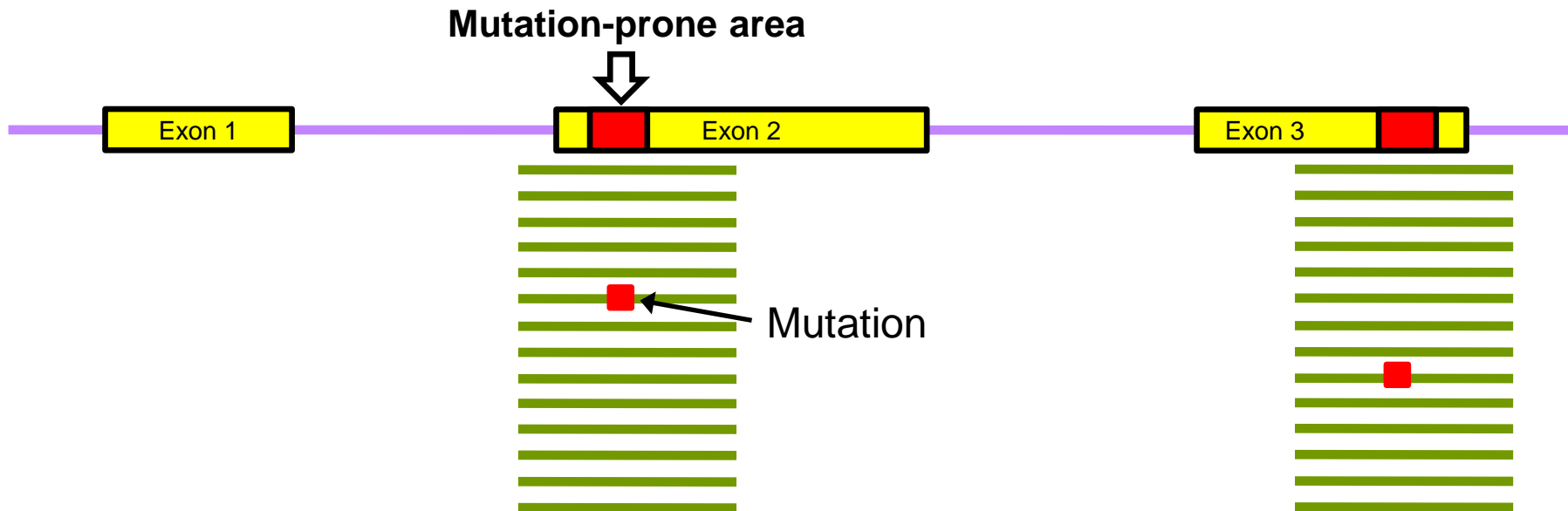
- **Next generation sequencing**

- Allows for broad interrogation of many different genes and types of alterations.
- Comparable detection sensitivity as digital PCR (with new error suppression methods).

Common ctDNA assay strategies

- **Next generation sequencing**

- Can be more expensive and has longer turn-around time.



Clinical applications of ctDNA

- **Current clinical applications**
 - Non-invasive genotyping of tumors to guide therapy.
 - e.g. EGFR mutation status in NSCLC to determine eligibility for EGFR tyrosine kinase inhibitors.
 - If negative, molecular testing of tissue biopsy is recommended.

Clinical applications of ctDNA

- **Emerging clinical applications**
 - Monitoring for emergence of resistance mutations
 - Assessing treatment response
 - Residual disease monitoring
 - Detection of disease recurrence
- **Potential future application**
 - Early detection / cancer screening

Areas of future development

- **Continue to monitor publications which will likely expand the clinical indications for ctDNA testing.**
- **Ongoing areas of investigation:**
 - Standardization of pre-analytic processes
 - Factors affecting ctDNA detection rate
 - Further improvements in assay technologies
 - Studies to establish clinical utility of ctDNA in various settings

Summary

- **ctDNA-based mutation profiling may be utilized in specific and limited clinical contexts such as NSCLC.**
- **Numerous studies are ongoing to explore broader areas of clinical utility and standardization.**
- **Clinical applications for ctDNA-based testing will continue to grow.**

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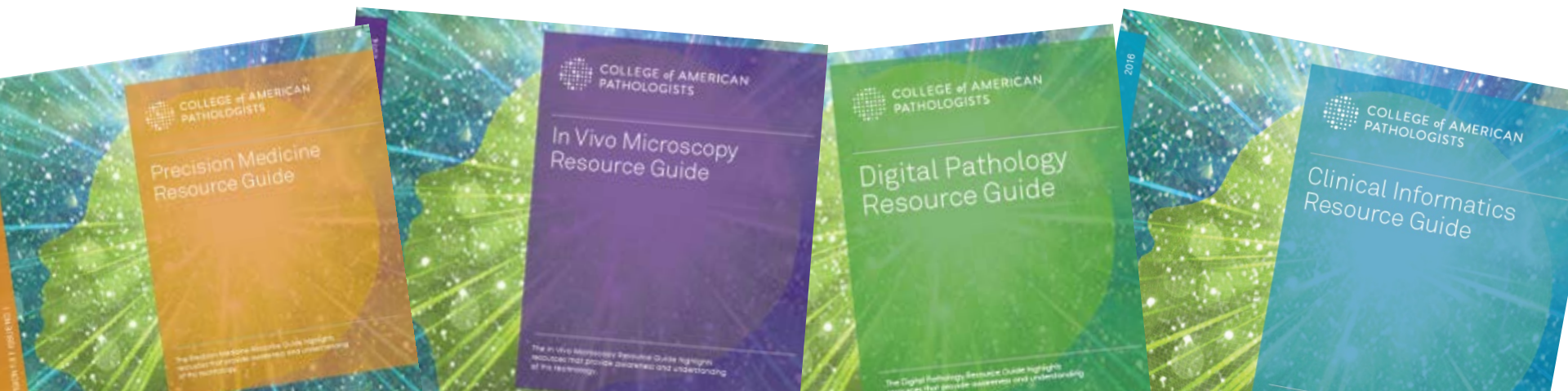
DATE	TOPIC	SPEAKER(s)
Archived	HER2 Testing and Clinical Decision-making in Gastroesophageal Adenocarcinoma	Mary Kay Washington and Jaffer Ajani
Archived	Molecular Biomarkers for the Evaluation of Colorectal Cancer: New evidence-based guideline from ASCP, CAP, AMP and ASCO	Antonia Sepulveda
Archived	The Cancer Protocols and Changes in Tumor Staging	Thomas Baker

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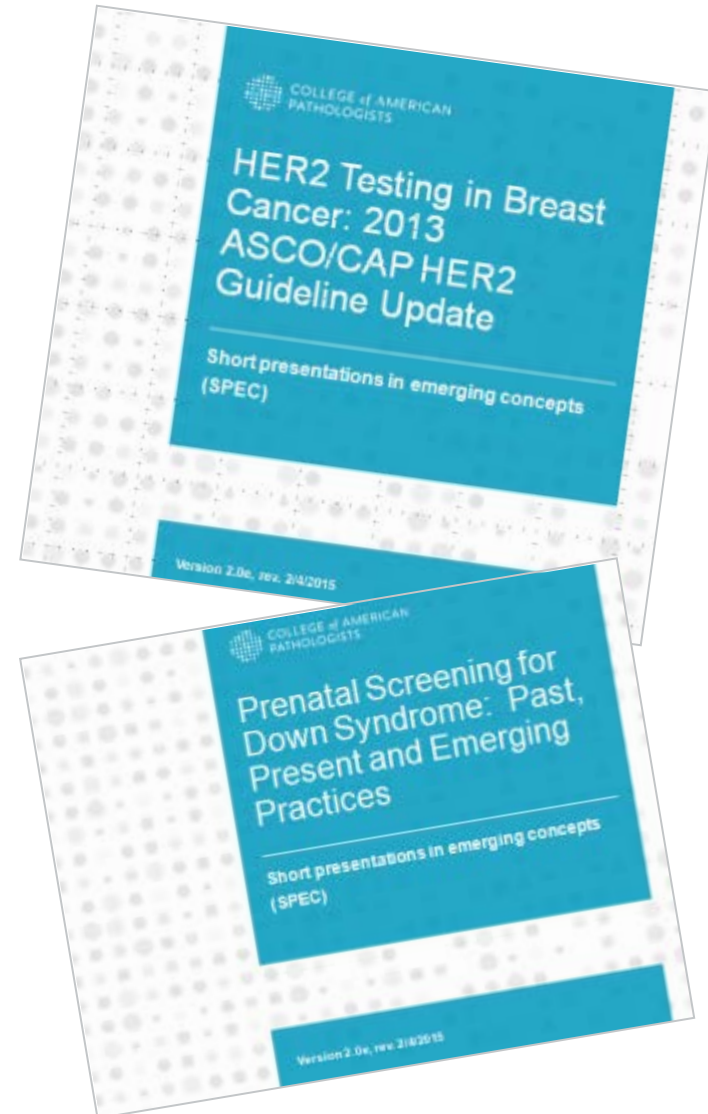
CAP's Pathology Resource Guide: Precision Medicine

- The CAP has created the Pathology Resource Guides to assist pathologists in understanding key emerging technologies.
 - Printed guides are now available for members (\$39) and non-members (\$69)
 - The digital copy of the Resource Guides are a complimentary member benefit
 - Access them www.cap.org > Resources and Publications



Short Presentations on Emerging Concepts (SPECS)

- Pathology SPECs are:
 - short PowerPoints, created for pathologists
 - Focused on diseases where molecular tests play a key role in patient management
- **Topics include** Renal Tumors, cell free DNA (cfDNA), and PD-L1 as well as other emerging topics
- Access them www.cap.org > Resources and Publications





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