Residents Forum Executive Committee Elections

Candidate for Alternate Delegate to the AMA Resident and Fellow Section

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When are you taking your boards? -2028

CAP Experience:

Activity	Position	Years of Service
Residents Forum	Delegate	03/26/2025 – Current

How did you become interested in serving on the RFEC?

I became interested in serving on the Residents Forum Executive Committee after connecting with a past resident from my program who spoke highly of their experience on the committee. They showed me the real impact it can have, both in terms of fostering meaningful connections among residents and in helping unite individuals from different residency programs. That inspired me to get involved and contribute to building a stronger, more supportive community where everyone feels connected and represented.

What do you hope to accomplish during your time, if elected?

If elected, I aim to maintain and enhance the strong connection between the AMA and CAP by ensuring clear and consistent communication. I will ensure that any resolutions initiated by the CAP Residents Forum, which are approved by the CAP Board of Governors, are presented and transmitted to the AMA Resident and Fellow Section efficiently. Additionally, I will keep CAP informed about any AMA Resident and Fellow Section activities through the appropriate channels. Beyond that, I also hope to create more opportunities for residents to connect across different programs, share experiences, and collaborate on issues that matter most to us. My goal is to further solidify this existing relationship, ensuring that residents continue to benefit from the collaboration and resources provided by both organizations.

Please convey your understanding of the role of an Residents Forum Executive Committee member and their responsibility to the Residents Forum and the College of American Pathologists.

As the Alternate Delegate to the AMA Resident and Fellow Section, I understand that I will play a key role in representing the CAP Residents Forum at the national level. Both the Delegate and Alternate Delegate are expected to attend the annual and interim meetings of the AMA Resident and Fellow Section, where I would present any resolutions initiated by the CAP Residents Forum that have been approved by the CAP Board of Governors. It's crucial to ensure that these resolutions, which represent the collective voice of pathology residents, are communicated effectively to the AMA Resident and Fellow Section. In addition to presenting resolutions, I would be responsible for keeping the CAP informed about AMA Resident and Fellow Section activities through the appropriate channels. This includes providing updates and ensuring that the CAP is aware of any relevant developments, opportunities, or issues discussed at the AMA Resident and Fellow Section meetings. If the Delegate is unable to fulfill these duties, I would step in to assume these responsibilities, ensuring there is no disruption in the flow of communication between the CAP Residents Forum and the AMA Resident and Fellow Section. My role as Alternate Delegate would be to maintain strong representation of pathology residents in both the CAP and AMA, keeping the interests of our residents at the forefront.

Please address the time commitment for the office in which you are interested and your ability to fulfill it.

The Alternate Delegate role requires a substantial time commitment, including approximately 42 travel days over two years for various meetings such as committee sessions, Residents Forum gatherings, AMA meetings, and Council meetings. These are typically held over weekends, with some additional travel time depending on location. However, my residency program provides educational days that I can use for work-related commitments, which will allow me to attend these meetings without interfering with my clinical duties. In addition to travel, there are monthly conference calls and meeting preparation, all of which I am confident I can manage effectively alongside my residency responsibilities.

What talents and skills do you bring to the Residents Forum Executive Committee that you believe would benefit the Residents Forum?

As the Wellness Chair of my residency program, I have developed strong skills in community building, support, and advocacy that would directly benefit the Residents Forum Executive Committee. In addition to organizing wellness initiatives and resources, I've had the opportunity to serve as a liaison between residents and attending faculty. This experience has allowed me to effectively communicate the concerns and needs of residents while also conveying faculty expectations, helping bridge gaps and foster understanding between both groups. My role as Wellness Chair has strengthened my leadership, organizational, and negotiation skills as I coordinate wellness events, develop support programs, and create open channels of communication across all levels of the residency. I've learned how to approach complex issues with sensitivity and work collaboratively to create solutions that promote resident well-being while aligning with institutional goals. I believe these skills would allow me to contribute to the Executive Committee, particularly when it comes to improving communication, addressing resident's concerns, and building a more connected and supportive community for pathology residents within the CAP Residents Forum.

What else should the Residents Forum know about you?

In addition to my role as Wellness Chair, I come from a small residency program, which has given me a unique perspective on the challenges of limited resources and networking opportunities. I'm passionate about ensuring that all residents, including those in smaller programs, have a strong voice in organized pathology. The Residents Forum plays a key role in amplifying these voices, and I'm eager to contribute to its efforts in advocacy, leadership development, and creating opportunities for growth. I believe my experience and dedication to resident well-being would allow me to effectively support and represent the diverse needs of pathology residents within the Forum.