



Residents Forum Executive Committee Elections

Candidate for Member-at-Large

Fitra Rianto, MD

Montefiore Medical Center
Bronx, NY



When are you taking your boards? –2026

CAP Experience:

Activity	Position	Years of Service
Future Pathologist Champion	Member	08/08/2024 – Current
Residents Forum	Delegate	10/16/2024 – Current

How did you become interested in serving on the RFEC?

My interest in serving on the Residents Forum Executive Committee stems from the positive impact the Forum has had on my own professional and personal development. Since becoming involved, I've benefited greatly from the shared knowledge, peer support, and leadership opportunities that the Forum provides. It has been a place where I've found inspiration, guidance, and a sense of community — all of which have played a meaningful role in shaping my residency experience.

Now, I feel it's time to give back and contribute to the same environment that has given me so much. I'm motivated to help strengthen the Forum and ensure that other residents can benefit from it just as I have. Last year, I was proud to receive the Leadership Development Award from the CAP Engaged Leadership Academy. That experience gave me not only practical tools and strategies to become a more effective leader, but also the confidence to step into leadership roles where I can make a tangible difference.

Serving on the Executive Committee feels like a natural next step — one that would allow me to put my leadership training into practice, continue growing in this area, and work alongside others who are passionate about making a difference.

What do you hope to accomplish during your time, if elected?

I hope to actively contribute to moving the Residents Forum forward by dedicating my time and energy to its growth and success. One of my key goals is to help connect Junior Members more closely with the Forum's activities, increasing their engagement and ensuring they fully benefit from the many opportunities available. I've noticed that many residents are still unaware of the valuable resources and programs the Forum offers to support their professional development and transition to independent practice. I want to help bridge that gap by improving communication and outreach, so more residents can take advantage of what the Forum provides.

At the same time, I'm eager to learn more about how to communicate effectively within a leadership role. I believe developing strong communication skills will not only help me support the Forum better but also allow me to be a more effective advocate and connector for my fellow residents.

Please convey your understanding of the role of an Residents Forum Executive Committee member and their responsibility to the Residents Forum and the College of American Pathologists.

As a member of the Residents Forum Executive Committee (RFEC), I understand that the role involves leading the Residents Forum and representing pathology residents within both the College of American Pathologists (CAP) and the American Medical Association (AMA). This includes engaging with residents to gather feedback, promoting Forum activities, assisting with recruitment, and helping plan events that support professional growth and community building. The RFEC plays a critical role in shaping the future of pathology by ensuring residents' voices are heard in important decision-making processes at CAP and AMA. To fulfill these responsibilities effectively, Executive Committee members



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must maintain strong communication and collaboration with residents and CAP leadership, and dedicate themselves to supporting and advancing the resident community.

Please address the time commitment for the office in which you are interested and your ability to fulfill it.

I understand that serving as a Member-at-Large on the Residents Forum Executive Committee requires a significant commitment of time and effort, including attending meetings, supporting recruitment and communication efforts, collaborating on projects and events, as well as a travel commitment of approximately 11 days per year.

I have thoughtfully considered the time and travel commitments required and am confident that I can integrate them into my current schedule. I am committed to balancing these responsibilities with my residency duties and am eager to contribute actively to the Executive Committee's goals.

What talents and skills do you bring to the Residents Forum Executive Committee that you believe would benefit the Residents Forum?

I bring a combination of strong communication skills, leadership experience, and a genuine passion for supporting my fellow residents. I have actively engaged medical students in pathology through my involvement with the Pathology Interest Group, helping to inspire and guide future colleagues. Additionally, I serve on the GMEC Subcommittee on Well-Being, contributing to initiatives that promote resident wellness and foster a positive training environment in my institution.

Through the Leadership Development Award from the CAP Engaged Leadership Academy, I have gained valuable skills in effective communication, which will help me better represent and connect with residents. These experiences will enable me to contribute meaningfully to the Residents Forum's efforts, particularly in outreach, recruitment, and building a strong, supportive community among residents.

I am eager to continue learning and growing, and I believe my dedication, adaptability, and commitment to enhancing the resident experience will allow me to serve the Forum with enthusiasm and effectiveness.

What else should the Residents Forum know about you?

I work well as part of a team and have consistently received positive feedback from my co-residents for my supportive and collaborative approach. I genuinely care about everyone's success and personal development, and I make it a priority to encourage and uplift my peers throughout our residency journey. That's one of the reasons why my co-residents chose me to serve as our program's Social Chair. In that role, I've worked to create a positive, inclusive environment by organizing events that strengthen our sense of community and connection.

Beyond just working alongside others, I actively seek opportunities to help my colleagues grow—whether through sharing resources, offering encouragement during challenging times, or celebrating their achievements. This genuine commitment to fostering a strong sense of community motivates me to contribute positively to the Residents Forum, helping build an inclusive and supportive space for all residents.

Being part of this committee would be a meaningful way for me to give back to a community that has supported my own growth. I truly care about making a positive impact, and I'm excited about the chance to work with others who share that same commitment. I know I'll continue to learn and grow through this experience, and I'm ready to bring my full energy and heart to the role.