



Residents Forum Executive Committee Elections

Candidate for Digital Strategy Liaison

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When are you taking your boards? – 2027

CAP Experience:

Activity	Position	Years of Service
Future Pathologist Champion	Member	06/19/2025 – Current
Residents Forum	Delegate	10/09/2020 – 02/02/2023

How did you become interested in serving on the RFEC?

As an active participant in the CAP medical student workgroup (11/2022-10/2023), I collaborated with CAP leaders to refine online resources, organize webinars for medical students to learn about pathology careers, and establish a master list of pathology student interest groups across the United States. In 2023, I presented during the CAP Pathology 101 webinar and this October, I am honored to be presenting at another CAP webinar, “The Power of Pathology: How Pathologists Shape Patient Care.” During medical school, I found these CAP sessions valuable to my career trajectory and understanding of pathology, and I feel fortunate to now be in a mentorship role.

As an active CAP member since completing my first year of medical school, I have participated in the Fall 2021 Residents Forum in Chicago and the Spring 2024 Residents Forum in Baltimore. In April 2024, I attended the Pathologists Leadership Summit and discussed the CAP advocacy agenda with legislative staff on Capitol Hill in Washington, DC. Most recently, I presented an abstract at the Fall 2024 CAP Meeting in Las Vegas. My involvement in CAP has fostered meaningful connections with colleagues across the country, which I maintain and strengthen through online platforms such as LinkedIn and Twitter (X).

What do you hope to accomplish during your time, if elected?

Serving on the RFEC is a natural progression of my CAP involvement. If elected as Digital Strategy Liaison, I would aspire to continue building the online presence of pathology through CAP platforms. Utilization of engaging and comprehensible infographics resonates with me, as visuals can be concise yet captivating and informative. During medical school, I boosted pathology engagement through my “#Path Figure Friday” posts on Twitter. For this, I created diagrams on my iPad in effort to clearly and memorably convey pathology concepts and received positive feedback from a global audience. I am also passionate about exploring the impact of direct engagement between patients and pathologists—I studied this area as a medical student through Upstate’s pathology slide review consultation service for patients. Therefore, as Digital Strategy Liaison, it would aim to not only advance pathology engagement and understanding for medical trainees, but also for the general population, as most are touched by pathology and laboratory medicine results. Finally, I appreciate that serving as Digital Strategy Liaison enables participation in the CAP Digital Content Committee, through which I could further support CAP brand development and online initiatives.



Please convey your understanding of the role of an Residents Forum Executive Committee member and their responsibility to the Residents Forum and the College of American Pathologists.

The Residents Forum Executive Committee (RFEC) leads the Residents Forum and represents trainee perspectives within the CAP at large. The committee members also serve as role models and resources for medical students and colleagues. When I was a medical student exploring pathology, I looked up to both Dr. Swati Bhardwaj and Dr. Amanda Herrmann as Chairs. Their dedication and passion are part of what inspires me to apply for this RFEC role. In my experience, CAP committees and workgroups positively impact pathology training and outreach while creating a strong community and unified identity for pathologists-to-be.

Please address the time commitment for the office in which you are interested and your ability to fulfill it.

As a clinical pathology resident in a major city with dedicated conference days, I am optimistic about my ability to travel and participate in committee and residents forum meetings. Residents from my program have served in the past, and I intend to make all preparations necessary to honor the time commitments.

What talents and skills do you bring to the Residents Forum Executive Committee that you believe would benefit the Residents Forum?

Given my presence on Twitter (X) during medical school, I was invited to run the Penn Pathology & Laboratory Medicine Instagram. The account has grown and received positive feedback during my tenure. I believe its presence has also strengthened the bonds among residents in our program. For example, "Twinning Tuesday" posts capture residents who happen to be wearing matching scrubs. Through this process, I have also helped shape a new social media committee at Penn, which strategizes our department's online presence and goals on platforms including X, Instagram, and LinkedIn.

Additionally, I have experience participating in pathology-related podcasts. I recognize that there are various media formats which can be used in conjunction to effectively promote content.

Related to my pathology figures, I have a passion for creative communication. Poetry is a hobby of mine, which I have observed in healthcare during clinical dialogues and teaching (eg. the use of metaphor). Through X, I have connected with other art-inclined pathologists. We recently published a paper examining the role of art in pathology which also discussed the use of social media. Ultimately, my experiences around the intersection of science and art would be beneficial in promoting CAP audience engagement, especially through creative and visual communication.

What else should the Residents Forum know about you?

Educating medical students about the field of pathology is important to me. In July 2023, I was selected as a Society of '67 Kinney Scholar and since then, I have served on the Association of Academic Pathology Undergraduate Medical Education Committee, working to identify and bridge gaps between medical school and residency training in pathology. As a resident, I have mentored medical students on their pathology rotations and recently, I became a CAP Future Pathologist Champion. The CAP has been a positive presence at each step in my pathology career so far, and I aspire to introduce others to this organization and its opportunities.

Regarding the Digital Strategy Liaison role itself, I have an interest in pathology informatics, which ties well into the effective communication of digital information. Therefore, if selected to serve in this position, I would value the experience and feedback gleaned from digitally promoting pathology insights and CAP initiatives.