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## You've Been Asked to Implement SARS-CoV-2 Antibody Testing: What You Need to Know

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June 4, 2020



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### Today's Presenter

**Neil Anderson, MD, D(ABMM), FCAP**

- Dr. Anderson is assistant director of Clinical Microbiology and director of the Molecular Infectious Disease Laboratory at Barnes Jewish Hospital in St. Louis. He completed his clinical microbiology fellowship at Mayo Clinic, is certified by the American Board of Medical Microbiology, and is currently an Assistant Professor at Washington University School of Medicine.



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### Today's Presenter

**Elitza S. Theel, Ph.D., D(ABMM)**

- Dr. Theel is the director of the Infectious Diseases Serology laboratory and co-director of the vector borne diseases service line at Mayo Clinic, in Rochester MN. She completed her Clinical Microbiology fellowship at Mayo Clinic, is certified by the American Board of Medical Microbiology, and is currently an Associated Professor of Laboratory Medicine and Pathology.



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### SARS-CoV-2: The Virus

- Enveloped, with a ssRNA genome
- 4 Coronavirus genera
  - Alphacoronavirus (Mammals)
    - 229E and NL63
  - Betacoronavirus (Mammals)
    - OC43 and HKU1
    - SARS-CoV (2002-2003)
    - MERS-CoV (2012)
    - SARS-CoV-2 (2019-?)
  - Gammacoronavirus (Birds)
  - Deltacoronavirus (Birds)
- Bats are the natural reservoir for SARS-CoV-2
  - Pangolins and/or turtles as intermediate hosts?

© College of American Pathologists. Parks JM and Smith JC, NEJM 2020; DOI: 10.1056/NEJMc2007042

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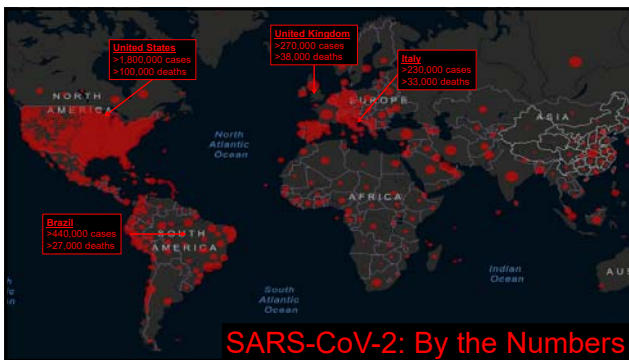
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### Testing Methods for SARS-CoV-2

- Molecular methods to detect viral RNA
  - Preferred method for direct diagnosis of COVID-19
  - Numerous molecular tests with EUA
    - Target combination of genes: Nucleocapsid (N), Open reading frame 1ab (Orf1), Envelope (E), or the RNA dependent RNA polymerase (RdRp)
    - Performed on upper or lower respiratory tract samples
    - Many challenges associated with collection device and reagent supply chain issues
- Antigen Detection
  - 1 EUA assay available
    - Detects nucleocapsid protein (most abundant viral protein) from nasal or nasopharyngeal swabs
  - 15 minute, lateral flow immunofluorescent assay
  - Reported performance characteristics:
    - 80% sensitivity – confirm negatives with a molecular assay, "if necessary for patient management."
    - 100% specificity
  - Independent evaluations of accuracy needed

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**Antibody Testing for SARS-CoV-2:  
So much hype...**

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**Serologic Tests for SARS-CoV-2:  
The Regulatory Perspective**

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**SARS-CoV-2 Serologic Test Regulations in the USA:  
Where we started and where we are now**

- Initially, the Food and Drug Administration did not require emergency use authorization (EUA) for SARS-CoV-2 serologic tests because:
  - Antibody tests were not meant to be diagnostic
  - Intended to be used to answer the question of prevalence
  - Intended to limit antibody testing to CLIA-certified high-complexity labs
  - Indicated that this policy would be re-visited
- Manufacturers were encouraged to apply for EUA
- Serologic tests fell under FDA's 'Pathway D' for COVID-19 tests:
 

A: As stated in Section IV.D of the FDA's *Policy for Diagnostic Tests for Coronavirus Disease-2019*, the FDA does not intend to object to the development and distribution by commercial manufacturers, or development and use by laboratories, of serology tests to identify antibodies to SARS-CoV-2, where the test has been validated, notification is provided to FDA, and information along the lines of the following is included in the test

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### Current SARS-CoV-2 Antibody Test Status

- Currently: ~190 commercially available serologic tests for SARS-CoV-2
  - 15 with emergency use authorization (EUA) granted by the FDA
  - Remaining have submitted for EUA
- 31 serologic test manufacturers either did not receive or submit for EUA
  - Test should not be distributed or used
- No antibody tests are approved for at-home or point-of-care use
  - Alternative, non-venipuncture collection methods are increasingly being investigated
  - Do not require separate EUA
  - Do require bridging validation study



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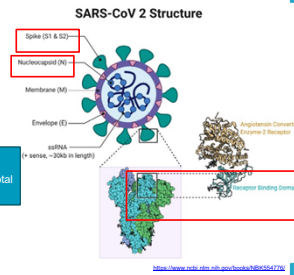
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### Variations in SARS-CoV-2 Serologic Test Designs

- Format
  - Lateral flow assays
  - Enzyme immunosorbent assays
  - Chemiluminescent immunoassays
- Specimen type
  - Serum, Plasma,
  - Finger stick/venous whole blood (LFAs)
- Immunoglobulin class detected
  - IgM
  - IgG
  - IgA
  - Total Ab

**CDC COVID-19 Guidelines (May 23, 2020):**  
 - No advantage testing for IgG, IgM & IgG or Total  
 - Testing for IgA not recommended!
- SARS-CoV-2 antigen used
  - S1 and/or S2 of Spike protein
  - Receptor binding domain (RBD)
  - Nucleocapsid – most abundant viral protein



https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7357770/

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### 12 Serologic Assays with FDA Emergency Use Authorization

Manufacturer	Specimen Type	Ab Class Detected	SARS-CoV-2 Protein Target	Method
Wadsworth Center (NY)	Serum (S)	Total	Nucleocapsid (NC)	CLIA
Bio-Rad Laboratories	S, Plasma (P)	Total	NC	ELISA
Ortho-Clinical Diagnostics	S, P	Total	S1	CLIA
Roche Diagnostics	S, P	Total	NC	CLIA
Autobio Diagnostics	S, P	IgM & IgG	Spike	LFA
Chembio Diagnostics	Finger/venous Whole Blood, S, P	IgM & IgG	NC	LFA
Cellex Inc.	S, P, venous WB	IgM & IgG	?	LFA
Abbott Laboratories	S, P	IgG	NC	CLIA
DiaSorin Inc.	S, P	IgG	S1/S2	CLIA
Ortho-Clinical Diagnostics	S	IgG	S1	CLIA
Mount Sinai Laboratory	S, P	IgG	RBD	ELISA
Euroimmun US Inc	S, P	IgG	S1	ELISA
Siemens Healthcare Diag.	S, P	Total	RBD	CLIA
Healgen	WB, S, P	IgM & IgG	S1	LFA

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<https://www.fda.gov/medical-devices/emergency-situations-medical-devices/eua-authorized-serology-test-performance>

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### Timing of Antibody Response to SARS-CoV-2

- New virus = no pre-existing antibodies or immunity
- We are *still* learning about our immune response to SARS-CoV-2
  - Many develop Abs ~1-2 weeks after symptoms
    - Due to delay in seroconversion, Abs do not play a routine role in diagnosis
  - >95% of patients are Ab positive after 2 weeks
    - Some patients may not seroconvert
      - Immunostatus
      - Assay dependent?
      - Severity of illness?
  - IgM declines 5-7 weeks post onset
  - IgG remains positive for ≥10 weeks post onset

Figure modified after Sutharsson NC, et al. JAMA. 2020; E143

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### Verification of Emergency Use Authorized Serologic Tests for SARS-CoV-2

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### Verification Requirements

CAP treats EUA assays similar to FDA cleared assays

**Test Method Verification (COM.40300/COM.40325)**

- Analytical Interferences
- Precision
- Reportable Range
- Accuracy

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### Analytical Interferences

- Effect that a compound other than the analyte has on the accuracy of measurement
- Ideally should be performed at the limit of detection (LOD)
- Typical substances include hemoglobin, bilirubin, and triglycerides
- Consider other exogenous inhibitors as well
- May determine whether or not you accept a certain sample type or add a comment to the result



Laboratory may use data from manufacturer in lieu of performing own study

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### Precision

- Closeness of agreement between independent test measures
  - "Reproducibility/repeatability"
- Typical sources of imprecision include differences in timing, temperature, mixing, pipetting, etc.

Two aspects should be tested

- Intra-assay precision
  - Measurements collected under very similar conditions (i.e. same run)
- Inter-assay precision
  - Measurements collected under very different conditions (i.e. different operators, different instruments, different days, etc.)

Ideal to test concentrations at or near the level of detection

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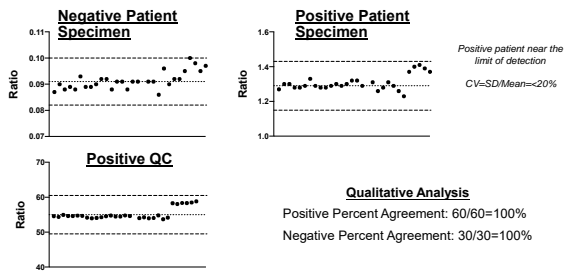
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### Sample Precision Data



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### Reportable Range

- Does NOT apply to any SARS-CoV-2 assays at this time
  - All are currently designated as qualitative
- Reportable range MUST be determined if laboratories report results quantitatively
- Need to demonstrate quantitative accuracy and quantitative precision across reportable range

Quantitative results may not correlate well between assays and no "standard" exists making this evaluation challenging

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### Accuracy

- Extent to which a particular test is in agreement with a reference method or comparator
  - "Trueness"
- Ideal "comparator": Specimens from patients with known COVID-19 infection (established through molecular testing)
  - With the increasing prevalence of COVID-19 infections, most laboratories should be able to obtain these
- Secondary "comparator": Specimens with known positive and negative antibody status tested using another validated/verified antibody test

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### Determination of Accuracy

- Qualitative test data typically analyzed in a 2x2 table

Specimen type	Reference Method	
	Positive	Negative
Method being evaluated	True positives	False positives
	False negatives	True negatives

Sensitivity:  $TP / (TP + FN) \times 100$   
 Specificity:  $TN / (TN + FP) \times 100$   
 Set goals for each prior to experiments (typically 95%)

**Laboratory Determines:**

- Reference method
- How many positive and negative samples to include
- Thresholds for acceptable sensitivity and specificity

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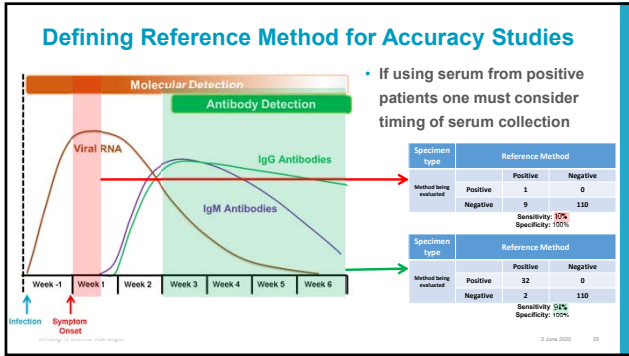
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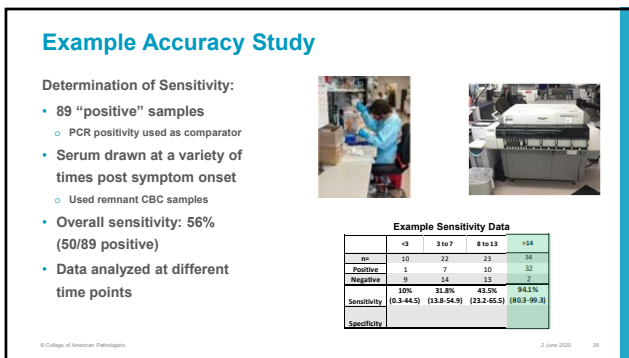
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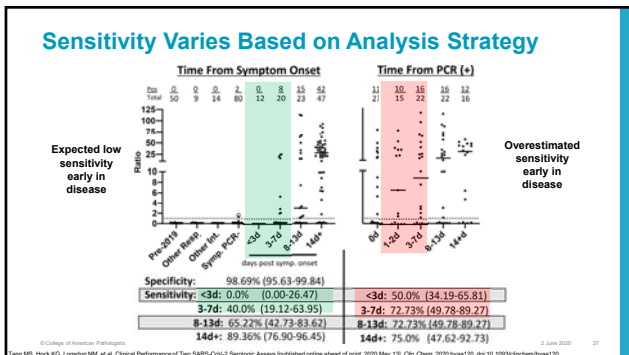
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### Determination of Specificity

- Formal and exhaustive cross-reactivity studies are NOT needed for evaluation of an EUA assay
- Accuracy studies SHOULD take into account common cross-reacting targets
- Laboratories should try to include samples from patients with
  - Documented seasonal coronavirus positivity
  - Disease processes similar to COVID-19 (i.e. other respiratory viruses)
  - Common conditions that can lead to cross reacting antibodies (i.e. lupus or infectious mononucleosis)

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### Cross Reactivity with Seasonal Coronaviruses

- SARS-CoV-2 has high amino acid homology with SARS, less so with seasonal CoVs (21-34%)
- Some studies have shown no cross-reactivity, others have shown some

Seroprevalence studies for seasonal coronaviruses suggest:

- 65%-75% of young kids have Abs to  $\geq 1$  cCov
- >90% of adults  $\geq 50$  years have Abs to all 4 cCovs

**A** IgG vs. spike protein

**B** IgA vs. spike protein

**False-positive results due to antibodies to seasonal CoVs may occur (FDA required comment on positive reports)**

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### Manufacturer Specificity Studies

Assay	Seasonal Coronaviruses Included in Evaluation per "Instructions for Use"	Cross-reactivity
Abbott Alinity i SARS-CoV-2 IgG	None	Not applicable
Abbott Architect SARS-CoV-2 IgG	None	Not applicable
Autobio Anti-SARS-CoV-2 Rapid Test	18 (OC43, 229E)	None
Bio-Rad Platelia SARS-CoV-2 Total Ab	29 (229E, NL63, OC43, HKU1)	None
Cellex qSARS-CoV-2 IgG/IgM Rapid Test	"Human coronavirus panel"	None
Chembio Diagnostic Systems DPP Covid-19 IgM/IgG System	9 (229E, NL63, OC43, HKU1)	2/9, 22% (IgG cross-reactivity only)
DiaSorin LIAISON SARS-CoV-2 S1/S2 IgG	8 (OC43, HKU1, and "unknown strains")	None
EUROIMMUN SARS-COV-2 ELISA (IgG)	16 (229E, NL63, OC43, HKU1)	None
Ortho-Clinical Diagnostics VITROS Anti-SARS-CoV-2 IgG test	None	Not applicable
Roche Elecsys Anti-SARS-CoV-2	40 (229E, NL63, OC43, HKU1)	None

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### Implementing SARS-CoV-2 Serologic Testing

**Test Method Verification (COM.40300/COM.40325)**

- Analytical Interferences
- Precision
- Reportable Range
- Accuracy

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**Physician Communication and Result Reporting**

*What do providers need to know about these results???*

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### Examples of Physician Education

- Information can be communicated in laboratory newsletters or FAQ documents
  - Useful to use a form of communication that is centralized and can be updated frequently
- Information can be communicated at the point of physician ordering

**Example of Clinical Decision Support Tool**

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### Secondary Benefit of Clinical Decision Support

- Depending on how they are built, CDS tools can be used to monitor appropriateness of use
  - Insight into effectiveness of education
  - Insight into need for more education
- At Barnes Jewish Hospital providers are asked to answer the following prior to ordering:
  - How many days has it been since the beginning of the patient's symptoms?

**Ordering Patterns over Thirty Days of Testing**

Time From Symptom Onset	N (%)
<3 days	18 (3%)
3-7 days	21 (4%)
8-13 days	8 (1%)
>14 days	423 (76%)
Never symptomatic	87 (16%)
<b>Total</b>	<b>557</b>

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**Mandatory Education: Interpretation of Positive SARS-CoV-2 Serology Results**

- Very important to include interpretation of positive results in any educational material
- Many misconceptions!

Immune from Reinfection???

Immunity Passport???

Less Viral Shedding???

Safe to Discontinue Infection Prevention Precautions???

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**Protective Immunity Against SARS-CoV-2: What do we know?**

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**The Role of Neutralizing Antibodies in Protective Immunity**

- Protective immunity is multifaceted!
- Antibodies can be *binding* or *neutralizing*
  - **Binding (non-neutralizing) Abs**
    - Produced at high levels, but unable to independently prevent infection
    - Bind and flag pathogen as 'invader'
    - Good markers of prior infection
  - **Neutralizing Abs (NAbs)**
    - NAbs bind virus leading to loss of infectivity and blocking viral entry into host cells
    - Function *independent* of other immune system components
- Commercially available assays do not distinguish NAbs from non-NAbs
- Testing for NAbs is challenging
  - Classically detected using plaque reduction neutralization tests (PRNTs) with live virus
    - SARS-CoV-2 requires BSL-3 for culture
  - Increasingly, BSL-2 methods are being developed using pseudotyped Vesicular Stomatitis Virus (VSV) expressing SARS-CoV-2 spike protein

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### What Do We Know About NABs and Immunity From Other CoVs?

- Common CoVs (volunteer studies):
  - IgG peaks ~2 wks post infection and decline over 1 yr
  - Re-challenge at 1 yr
    - 66% shed virus, none developed colds
    - Protective antibody levels thought to drop off at ~2 yrs
- SARS-CoV:
  - Abs max out ~3-4 months post infection
  - Decline to undetectable by 6 to 7 yrs
- MERS-CoV:
  - Neutralizing antibodies remain at 3 yrs
- The unknown: what level of NABs is protective?

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Wu LP, et al. *EID*. 2007;13(10):1562-1564  
 Tang F, et al. *J Immunol*. 2011;186(12):7264-7268  
 Cullow KJ, et al. *Epidemiol Infect*. 1990;105:435-436

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### Protective immunity post-SARS-CoV-2 initial infection?

- Rhesus macaques studies
  - Initial infection led to binding and neutralizing antibodies to spike protein in all animals
  - Re-challenged on day 35 post-initial infection
    - Subgenomic mRNA levels significantly lower and no recoverable virus post day 2
    - Little to no clinical disease observed
- NABs in 175 recovered patients
  - Titers peaked 10-15 days after symptom onset and were variable
  - 5.7% did not develop NABs (<1:40)
  - 30% developed low NABs (<1:500)
- The Unknowns:
  - What NAB titer is clinically significant?
  - How long do NABs persist?

Wu F, et al. medRxiv preprint <https://doi.org/10.1101/2020.03.18.20072839>  
 Chandrasekhar A, et al. *Science*. 2020; DOI: 10.1126/science.abc2776

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### Do high throughput immunoassays correlate with NAB titers?

- Commercial immunoassays are all qualitative
- Few studies published to date
  - Most compared to BSL-2 pseudotype virus neutralization assays
  - Methods are highly variable
- Published studies do suggest correlation...
  - R<sup>2</sup> values >0.9

To KKW, et al. *Lancet*. [https://doi.org/10.1016/S1473-3099\(20\)30196-1](https://doi.org/10.1016/S1473-3099(20)30196-1)  
 Okba NMA, et al. *EID*. <https://doi.org/10.3201/e2607.200841>  
 Amanat F, et al. *Nature Medicine*. 2020. doi.org/10.1038/s41591-020-0913-5

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## SARS-CoV-2 Serologic Test Result Reporting and Test Utilization Recommendations

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### Interpretation of Results from Antibody Tests for SARS-CoV-2

- **Negative Result:**
  - **Likely no prior infection or exposure to the virus**
    - Individuals tested too soon following infection or immunosuppressed patients may be negative
    - Small percentage of individuals may not seroconvert
- **Positive Result:**
  - **Suggests recent or past infection**
    - May be impacted by the local/regional prevalence
  - **What these results do not (yet) tell us:**
    - When the patient was infected
    - Whether they are shedding virus (live or dead)
    - Whether patients/individuals are protected against re-infection
  - **Cannot use positive results to guide decisions regarding adherence to social distancing recommendations or use of personal protective equipment**

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### Example Reporting Comments at Mayo Clinic

**SARS-CoV-2 IgG Ab, S**

**Positive**

SARS-CoV-2 IgG antibodies detected. Results suggest recent or prior infection with SARS-CoV-2. Correlation with epidemiologic risk factors and other clinical and laboratory findings is recommended. Serologic results should not be used to diagnose recent SARS-CoV-2 infection. Protective immunity cannot be inferred based on these results alone. False positive results for IgG antibodies may occur due to cross-reactivity from pre-existing antibodies or other possible causes.

**ADDITIONAL INFORMATION**

Testing was performed using the VITROS Immunodiagnostic Product Anti-SARS-CoV-2 IgG Reagent Pack assay (Cinno, Clinical Diagnostics, Inc.), which has received Emergency Use Authorization (EUA) by the U.S. Food and Drug Administration.

Fact sheets for this Emergency Use Authorization (EUA) assay can be found at the following link:  
For Healthcare Providers: <https://www.fda.gov/oc/2020/05/19-cdc-clinical-diagnostics-inc-sars-cov-2-ig-g-reagent-pack>  
For Patients: <https://www.fda.gov/oc/2020/05/19-cdc-clinical-diagnostics-inc-sars-cov-2-ig-g-reagent-pack>

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**SARS-CoV-2 IgG Ab, S**

**Negative**

No IgG antibodies to SARS-CoV-2 detected. Negative results may occur in serum collected too soon following infection or in immunosuppressed patients. Follow-up testing with a molecular test is recommended in symptomatic patients. This test should not be used to exclude active/recent COVID-19.

**ADDITIONAL INFORMATION**

Testing was performed using the VITROS Immunodiagnostic Product Anti-SARS-CoV-2 IgG Reagent Pack assay (Cinno, Clinical Diagnostics, Inc.), which has received Emergency Use Authorization (EUA) by the U.S. Food and Drug Administration.

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For Patients: <https://www.fda.gov/oc/2020/05/19-cdc-clinical-diagnostics-inc-sars-cov-2-ig-g-reagent-pack>

Received: 19 May 2020 15:19      Reported: 19 May 2020 15:19

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### How Should Patients with Positive Results be Managed?

Interim Guidelines for COVID-19 Antibody Testing (CDC, May 23<sup>rd</sup>, 2020)

- "...it cannot be assumed that individuals with a truly positive antibody test result are protected from future infection."
- Asymptomatic w/o recent history of COVID-19
  - Follow general recommendations to prevent infection with SARS-CoV-2 and otherwise continue with normal activities, including work
- Symptomatic patient with compatible or confirmed COVID-19
  - Follow previous guidance regarding resumption of normal activities, including work
- No change in clinical practice or use of personal protective equipment (PPE) by health care workers who test positive for SARS-CoV-2 antibody
- Additional Considerations:
  - o Serologic tests should not be used to make decisions about:
    - Admitting persons to congregate settings (e.g., schools, correctional facilities, etc.)
    - Returning persons to the workplace

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### Proposed Uses For SARS-CoV-2 Serologic Testing

- Diagnosis?
  - Limited utility. Can be offered as an adjunct for those who present late or have suspected false negative upper respiratory samples and a lower respiratory sample cannot be collected
- Epidemiologic Studies?
  - o Useful, if:
    - Assay has adequate specificity (>99.5%)
    - Used to screen high pretest probability populations
    - Used as part of a two assay algorithm
- Identification of Convalescent Plasma Donors?
  - o Yes
  - o FDA: Ideally, donors will have a NAb titer of  $\geq 1:160$
- Evaluation of immune response to candidate vaccines?
  - o Yes

CDC: Interim Guidelines for COVID-19 Antibody Testing <https://www.cdc.gov/media/releases/2020/s110520-covid-19-antibody-testing.html>  
FDA: COVID-19 Antibody Testing Primer <https://www.fda.gov/oc/2020/05/20/covid-19-antibody-testing-primer.html>

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### Implementation of SARS-CoV-2 Serologic Testing: Key Points

- Wide variety of commercial assays with EUA available for SARS-CoV-2 serology
- CAP treats EUA assays similar to FDA cleared assays, requiring full verification (COM.40300/COM.40325)
  - o Analytical Interferences, Precision, Reportable Range, and Accuracy
- Verification studies should be performed to interrogate assay pitfalls and proposed use
  - o Sensitivity across disease duration
  - o Specificity in pre-outbreak samples and those w/ antibodies to other respiratory infections (e.g., common CoVs)
  - o High specificity required for population screening
- Testing should not be offered without providing education regarding pitfalls and utility
  - o Should not be used as a standalone diagnostic test
  - o Positivity does not necessarily equate to immunity

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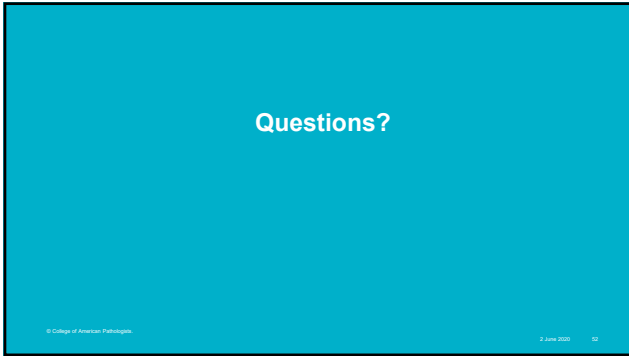
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