



Residents Forum Executive Committee Elections

Candidate for Chair

Dilshad Dhaliwal, MD

Baylor College of Medicine
Houston, TX



When are you taking your boards? – 2026

CAP Experience:

Activity	Position	Years of Service
Residents Forum	Delegate	10/18/2023 – Present

How did you become interested in serving on the RFEC?

I have been a resident delegate member with CAP for two years now, and I realize the meaningful impact it has on residents. Being the voice of residents and working on initiatives that impact resident wellbeing, education and professional development will help hone my leadership skills and aid in advocacy for our resident community at large. It definitely would help in sharing future of pathology training and practice.

What do you hope to accomplish during your time, if elected?

If elected I will endorse and advocate for resident training, wellbeing and education.

-work more towards guiding residents for resources required to study routine sign-outs and board oriented materials

- start a formal mentorship process for candidates working on fellowship applications

- provide mentorship and seminars for international medical graduates, inspiring them to pursue pathology and helping in the application process

- My mentorship group on YouTube has so many candidates who are clueless about pursuing observer ships, I will make sure it is available for them.

-work towards diversity and inclusion within pathology community, address health disparities

- make an effort to connect residents with potential employers through a professional portal that can help in job opportunities and J1 visa waiver options By focusing on these goals, I hope to contribute to professional growth, mental well being and all round development of residents.

Please convey your understanding of the role of an Residents Forum Executive Committee member and their responsibility to the Residents Forum and the College of American Pathologists.

As I understand, this is a full time job that involves

1. Advocacy- being voice for residents
2. Planning and collaboration with other committee members for achieving common goals
3. Assist the Chair in the same capability.
4. Education, Career guidance
5. Information dissemination
6. Take appropriate feedback from residents and utilize it for making changes if any required.
7. Promote equality, cultural competence and diversity inclusion in our routine as a pathology community.



Please address the time commitment for the office in which you are interested and your ability to fulfill it.

I understand that time commitment will be required, I strongly support this cause, and would be there for meetings either virtually or in person when required. With my PGY-3, I feel comfortable in managing my time for leadership skill development and can take on to these roles with my commitment to the cause.

What talents and skills do you bring to the Residents Forum Executive Committee that you believe would benefit the Residents Forum?

If elected to the RFEC at CAP, I would bring following to the committee:

1. Leadership and teamwork: I run a YouTube channel and a telegram community of 980 members, where I mentor International medical graduates to pursue their dream residency in US/ Canada, the experience of interacting with medical students all over the world has given me insights on problems we face. I will try to overcome those challenges.
2. Resident advocacy
3. Teamwork
4. Diversity and inclusion
5. Networking and building relations

Little bit of humor, as what is life without that ;)

What else should the Residents Forum know about you?

I am an International Medical Graduate who cleared both US and Canadian medical licensing exams, run my YouTube channel and a telegram community of 980 members where I mentor IMGs to pursue dream residency. I am PGY-3 at Baylor College of Medicine, and a perfect idea of a vacation for me is a good novel, warm tea, cozy couch and a fireplace with snow outside.