



Residents Forum Executive Committee Elections

Candidate for Alternate Delegate to the AMA Resident and Fellow Section



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St. Louis, MO

When are you taking your boards? – 2025

CAP Experience:

Activity	Position	Years of Service
Residents Forum	Delegate	03/30/2023 – Present

How did you become interested in serving on the RFEC?

I currently serve as the resident delegate for my residency program. Earlier in the year, I attended the Spring Resident Forum and found it very engaging and resourceful. I discovered the power of advocacy especially in the field of pathology and the need to engage at a deeper level with the colleagues within the CAP.

What do you hope to accomplish during your time, if elected?

I envision a College of American Pathologists (CAP) with engaged Junior Members. The warm, interactive and educational environment at the recent Spring Resident Delegates' meeting is evidence that Pathologists are sociable and enjoying purposeful interaction.

If elected, I intend to improve the engagement of junior members by informing them of the various benefits of the CAP and facilitating more bite-sized, interactive and fun educational sessions that would also create networking avenues.

I also look forward to performing ad-hoc duties to ensure the smooth running of the Resident Forum Executive Committee.

Please convey your understanding of the role of an Residents Forum Executive Committee member and their responsibility to the Residents Forum and the College of American Pathologists.

The Residents Forum Executive Committee (RFEC) members lead and provide oversight to the Resident Delegates and pathology residents. RFEC members deliberate on and convey decisions that reflect the consensus opinions of pathology residents. They communicate these with stake holders and leaders in the field. They participate in decision-making that influences the future of pathology training.

Please address the time commitment for the office in which you are interested and your ability to fulfill it.

A travel commitment of 11 days is required.

As a PGY3 Clinical Pathology resident, I have a more flexible schedule. I also have 1 week of vacation for each quarter for the year and 1 week of personal days over the entire year. With advanced planning and informing my program ahead of time, I can utilize some of my vacation time for this. Our program also makes time provision for Resident delegates to attend meetings, aside from vacation time. So, I believe I will be able to fulfil the time commitment with or without the use of my vacation time.



The one exception, unfortunately is the meeting on October 19 because it conflicts with Association for the Advancement of Blood and Biotherapies (AABB) annual conference during which I will be presenting a poster.

What talents and skills do you bring to the Residents Forum Executive Committee that you believe would benefit the Residents Forum?

I enjoy interacting with future pathologists and advocating for the field, I also enjoy working with diverse people and cultures. Putting these passions to work in the past year, I served as a Clinical Pathology Medical Student Liaison at the Washington University School of Medicine in St. Louis. In this role, I had a unique opportunity to represent the field of pathology in a great light. I have interacted with medical students, helped them settle into Clinical Pathology rotations and served to connect them with residents and faculty.

This has honed my problem-solving skills, flexibility, communication and interpersonal skills, which I intend to bring to the RFEC if elected.

What else should the Residents Forum know about you?

I have lived, trained and worked in three different continents: Africa, Europe and North America.