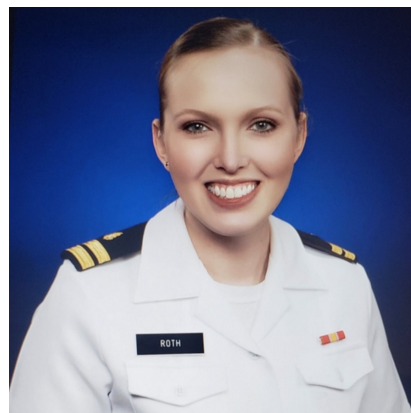




Residents Forum Executive Committee Elections
Candidate for Member-at-Large

Kayli A. Roth, DO

Walter Reed National Medical Center
Bethesda, MD



When are you taking your boards? – 2026

CAP Experience:

Activity	Position	Years of Service
Curriculum Committee	Member-J	01/01/2024 – Present
Residents Forum	Delegate	03/19/2024 – Present

How did you become interested in serving on the RFEC?

My interest in serving on the CAP Residents Forum Executive Committee began during my time as a Residents Forum delegate. Over the last year, I have witnessed exceptional leadership from the current RFEC members and have thoroughly enjoyed having the opportunity to interact with other members of the Residents Forum. The opportunity to participate in networking, to enhance professional development, and to further resident involvement with the CAP has been unparalleled, and I am incredibly interested in putting my time and efforts into serving on the RFEC so that I can help to share these opportunities with other residents.

What do you hope to accomplish during your time, if elected?

If elected to serve on the Residents Forum Executive Committee, I hope to focus my efforts on enhancing professional development, resident education, and resident wellness. As a member of the military, I take professional development very seriously and am adept at finding ways to do more and do better at each successive milestone in my career. I am excited about the opportunity to share some of what my military career has taught me about leadership, professionalism, teamwork, and initiative. I hope to help other residents develop career trajectory plans to accomplish the goals they set forth for themselves during their residency years and beyond. I hope to be able to use my platform to share my skills with career planning, accountability, and producing measurable outputs that will support residents' CVs and demonstrate the extent of the impact they have had on both the pathology and broader medical community around them.

In terms of enhancing resident education, I am currently serving on the CAP Curriculum Committee and would be very motivated to use this connection to advocate for residents' educational needs and desires and to ensure that these are reflected in the educational offerings at the CAP Annual Meetings. I would hope to facilitate discussion among Residents Forum delegates about which areas of pathology are common educational deficiencies in our training or where our programs tend to struggle most on boards and bring these ideas to the Curriculum Committee to perhaps attract more interest in adding lectures covering these topics to future CAP meetings and having them presented in a resident-accessible way. I believe that job performance is strongly intertwined with job satisfaction and knowing that the work you do every day makes a difference. I hope to use my position on the RFEC to enhance resident wellness not just by forming strong social bonds within our group and encouraging physical wellness, but also by finding ways for us to reflect on the impact we have on the people and communities around us so that we can maintain perspective on "the why" of choosing this profession and sacrificing so much time and energy to do what we do.



Please convey your understanding of the role of an Residents Forum Executive Committee member and their responsibility to the Residents Forum and the College of American Pathologists.

As a member of the Residents Forum Executive Committee, I would take my role as an advocate for and voice of the Residents Forum delegates very seriously. I hope that my efforts would reflect my desire to enhance the professional and personal development of all members of the Resident Forum and their coreidents within their respective residency programs. I believe that by enhancing resident engagement with the Residents Forum, we can encourage our members to participate in and support further CAP offerings in the future, which will in turn build a stronger CAP and global pathology community. I understand the commitment of time and effort needed to fulfill the responsibilities of an RFEC member, and I am excited by the prospect of what we can accomplish together.

Please address the time commitment for the office in which you are interested and your ability to fulfill it.

If elected as your Member-at-Large, I am fully committed to the required time commitment, both in time spent traveling away from home/work and in time spent attending regularly scheduled virtual meetings for Residents Forum meetings and events, the RFEC, and subcommittees. My residency program has had multiple residents engaged with CAP committees and even a past RFEC member who served as Member-at-Large, and we have had no issues with obtaining support from our leadership for the time we require away from the program or during our regular work days to fulfill professional obligations.

What talents and skills do you bring to the Residents Forum Executive Committee that you believe would benefit the Residents Forum?

I believe that the Residents Forum Executive Committee would benefit from the unique leadership skillset that I possess and have been developing throughout my military career and medical/residency training. I am eager to share the skills that I have acquired from a multitude of exceptional role models and leaders that I have worked with throughout my training. Uniquely within the military community, we are required to complete high-stakes semiannual performance evaluations that help determine our eligibility for promotion in the years to come; these evaluations are “graded” by non-medical military officers who require concrete evidence of your impact on your profession, community, and the military. In learning to market myself in this way, I have honed my skills at resume building and maintaining a growth-oriented mindset that helps me always find ways to perform better than I did during my last evaluation period. I would apply this mindset to my work as an RFEC member to push myself to achieve more, and I would strive to share my abilities with other Residents Forum delegates to help make all of us stronger professionally.

I also am a very approachable person who would strive to make all members feel comfortable expressing themselves and their ideas to the larger group. My goal is to maximize resident engagement and Resident Forum delegate satisfaction. I love to advocate for those around me, and I would cherish the opportunity to act as a liaison between my fellow junior members of the CAP and the larger CAP organization itself.

What else should the Residents Forum know about you?

Firstly, on a more personal level, I am a huge animal lover and am the proud fur-mama of two very sweet, sociable cats named Remy and Rolls. Remy is my ultra-affectionate 6-year old Maine Coon/Norwegian Forest Cat-mix rescue boy, and Rolls is my 1-year old Maine Coon troublemaker baby. (I am always happy to share cat photos in the name of wellness, of course.) When I am not working, I can usually be found spending time relaxing with the cats, visiting family nearby, or exploring the local restaurant/winery/brewery scene. I am originally from Pennsylvania, but spent a large majority of my childhood/young adulthood living in Germany due to my father's military career. I am a first-generation doctor and am always fascinated by the amazing work that we get to do every day! Finally and most importantly, I would like the Residents Forum to know how excited I am to work with and get to know each and every one of you! We are such a diverse group of people with unique backgrounds, skills, personalities, and residency programs, and I think we truly have the potential to grow ourselves into better pathologists and achieve plenty of other great things while working together! Thank you all so much for your consideration!