

Residents Forum Executive Committee Elections

Candidate for Vice Chair

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When are you taking your boards? - 2025

CAP Experience:

Activity	Position	Years of Service
Residents Forum	Delegate	04/03/2023 - Present
Engaged Leaders Network	Member	11/09/2023 – Present
New in Practice Committee	Member-J	01/01/2024 – Present

How did you become interested in serving on the RFEC?

During my first year of residency, I became familiar with the term "CAP Resident Forum" through one of my peers who had served as a CAP Resident Forum delegate. I was committed to supporting and contributing to the benefit of our residents through various GME committees at the University of Kentucky (UKY). My interest in the RFEC grew as we began receiving monthly updates for CAP Junior Members from the Chair of the Residents Forum Executive Committee (RFEC). I was eager to learn about the support and learning opportunities that the RFEC offers to residents and medical students interested in pathology.

In my second year, I was elected by my peers to represent our program as the CAP Resident Forum delegate and simultaneously appointed as the GME resident representative. As I delved deeper into the Resident Forum content on the CAP website and on social media platforms like Twitter "X", I discovered the committee's role in creating resources and support for our residents. Attending the Resident Forum at the CAP meeting revealed the myriad ways the RFEC contributes to professional development, offering opportunities to enhance leadership skills, grow alongside peers, and build networks with distinguished pathology professionals from across the country.

Witnessing the inspirational work done by the RFEC over the years, I am confident that I can leverage my skill set to make valuable contributions to the RFEC.

What do you hope to accomplish during your time, if elected?

If elected as Chair, I am committed to supporting the RFEC in all duties. My primary focus will be on the following:

- 1- I will strive to involve more RF delegates in the Resident's Forum (RF) by connecting with them, encouraging their feedback, and fostering their contributions to the RFEC. This includes advocating to programs the benefits of sending their delegates to participate in the Resident Forum Meetings, and encouraging programs without a delegate to appoint one. Additionally, I will emphasize the importance of attendance at the Residents Forum Meeting whenever possible to aid professional growth. Furthermore, I will encourage delegates to share what they've learned during the Resident Forum Meeting with their programs and co-residents, ensuring that both delegates and a broader group of residents benefit from the Resident Forum.
- 2- Engaging more medical students and fostering their interest in pathology through the establishment of 'pathology interest groups' in various medical schools via their pathology programs. This initiative aims to attract more medical students to pathology, thereby increasing recruitment into pathology residency programs.

- 3- Additionally, there is potential to establish a fellowship forum. Most residents spend one to two years in fellowship before transitioning to their new professional lives. Both fellows and new resident graduates have specific needs and would benefit from networking opportunities and mentorship to help them choose the career path that best fits their future as new in-practice pathologists.
- 4- Furthermore, I aim to help create opportunities for International Medical Graduates (IMGs), including recent graduates from medical school who are interested in joining pathology residencies in the USA or their home countries. This will be achieved by exploring CAP membership options that facilitate their attendance at CAP meetings, enabling them to access the learning materials available on the CAP website, grow professionally, and potentially connect and network with other pathologists.
- 5- Throughout my tenure, I will support the RFEC in collaborating with diverse CAP committees to access resources from senior pathologists, thereby enhancing the RFEC's mission and fostering its role in advocating for the residents and pathologists.
- 6- Assisting in developing wellness initiatives for residents, ensuring convenient access to wellness resources for all the residents.

Please convey your understanding of the role of an Residents Forum Executive Committee member and their responsibility to the Residents Forum and the College of American Pathologists.

The role of a Residents Forum Executive Committee (RFEC) member is crucial in representing the genuine interests of residents nationwide at national leadership platforms and meetings, ensuring accessibility and advocating for all residents. The Chair supports the RFEC in their duties, striving to optimize service for residents. Each RFEC position carries specific responsibilities, with every member expected to contribute equally during quarterly meetings by actively engaging in brainstorming and collaborative efforts. Diligent follow-up on assigned tasks post-meeting is essential.

As a Committee member, my commitment encompasses representing the resident forum, the executive committee, and the College of American Pathologists. I am dedicated to attentively listening to residents' concerns, questions, and successes during forums, conveying these to the RFEC for deliberation and action plan development. This approach effectively advances our collective objectives.

Please address the time commitment for the office in which you are interested and your ability to fulfill it.

I am fully committed to meeting the time requirements outlined in the "Time Commitment for RFEC Members" section on the Residents Forum homepage. This includes the 35 days of travel required for the Chair of the RFEC, as well as any additional time needed throughout the year. Should additional hours be necessary, I am willing to invest them without hesitation.

What talents and skills do you bring to the Residents Forum Executive Committee that you believe would benefit the Residents Forum?

As a graduate of the CAP Engaged Leadership Academy (CAP ELA), I have gained the leadership skills necessary to serve in the RFEC. I excel in management, organization, and planning, which have greatly benefited me this year as the current Chief Resident in my program. This past year, I volunteered as a member of the RFEC Action Group, gaining familiarity with the responsibilities of RFEC members.

As a junior member of the CAP New in Practice Committee, I have gained significant insight into the challenges faced by new-in-practice pathologists and understand how the CAP organization supports them. This knowledge enables me to assist the RFEC in its mission similarly.

Additionally, I am proficient and comfortable in public speaking and communication, skills I have utilized in representing pathology at organizations such as the USCAP, as well as in representing the interests of residents as a member of the RFEC Delegate Engagement Action Group and as the Resident and Fellows GME Representative at our local institution.

As a supportive and collaborative colleague who aims to empower others' ideas in group settings through active listening and asking follow-up questions. I am confident that I can contribute meaningfully to the

Residents Forum Executive Committee, helping to achieve its mission of supporting and advancing the

interests of residents. I am enthusiastic about the opportunity to work with the team to create a positive and impactful experience for all members.

What else should the Residents Forum know about you?

I am passionate about the field of pathology and dedicated to assisting my co-residents and medical students in finding their comfort during residency. I strive to address challenges that may arise during training and ensure access to opportunities. Currently residing in Kentucky with my family, I am preparing to embark on a Cytopathology fellowship at Memorial Sloan Kettering in the upcoming year 2025-2026. As an advocate for resident involvement in both local and national organizations, I am committed to learning and sharing knowledge wherever possible.