



Residents Forum Executive Committee Elections

Candidate for Digital Strategy Liaison

Swikrity Upadhyay, MBBS, MD

University of Pittsburgh Medical Center
Pittsburgh, PA



When are you taking your boards? – 2020

CAP Experience:

Activity	Position	Years of Service
Residents Forum	Delegate	4/10/2018 – 2/29/2020

How did you become interested in serving on the RFEC?

I have heard about the prestige of the College of American Pathologist's Residents Forum since I was applying for residency in the United States. My interest was further piqued when I spoke to my senior residents who were involved in the RFEC. It struck me as an organization that offered wonderful opportunities for residents to lead pathology into the future. My last one year of experience of attending the residents' forum meeting as a resident's forum delegate has further intrigued me into it. I have also been following most of the RFEC members of this year closely in the social media like twitter. Their recent most appreciative effort of promoting pathology to the medical world and developing own website dedicated just to the medical students seemed like a brilliant idea to me. It would be an honor to be considered for the position of digital strategy liaison of the CAP Resident Forum Executive Committee. I have a passion for education and realize the potential social media has to shape pathology education in the digital world we live in.

What do you hope to accomplish during your time, if elected?

I hope to encourage as many medical students as possible to explore pathology as their future career field. I also hope to eliminate the myth of limited job-market in the field of pathology which I feel like is the most attributable factor of keeping most of the people out of the pathology.

Please convey your understanding of the role of a RFEC member and their responsibility to the Residents Forum and the College of American Pathologists.

An RFEC member are representatives for their fellow pathology residents across the United States. They also act as spokespeople of all the residents to the CAP committee in terms of their problems, innovative ideas and creative solutions.



Please address the time commitment for the office in which you are interested and your ability to fulfill it.

My program is very flexible and supportive of residents in leadership activities. I am fully confident that I will be able to travel for all the four weekend meetings. I am also sure that I will be able to make to the webinars.

What talents and skills do you bring to the RFEC that you believe would benefit the Residents Forum?

Since 2011, I have been leading the telemedicine department of a volunteer organization, the ASK Foundation (<http://www.askfoundation.org/>) that works for underserved areas in the rural Nepal. My duties in this role have included managing five telemedicine clinics, three clinical staffs, and being involved in the strategic planning, report and grant writing, hiring new staffs and expanding the tele-medicine clinic all over rural Nepal. I am also a Graduate Medical Education Committee Representative from my pathology residency program, which has added more to my leadership and managerial experience. Moreover, my program allows us with a unique opportunity to get involved in the resident's recruitment process, which was another great opportunity to learn about the managerial experience. I look forward to utilizing my leadership and managerial skills I have learnt so far and learning from my team members if I am elected to serve for this year RFEC.

What else should the Residents Forum know about you?

I am a very delightful, friendly, approachable and kind person who have a very good work ethics and strong dedication for everything I do. I am also very passionate about education and mentorship.

Swikrity Upadhyay Baskota, MBBS, MD

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EDUCATION

Bachelor of Medicine and Bachelor of Surgery (MBBS)

College of Medical Sciences, Kathmandu University
Chitwan, Nepal

August 2003-January 2009

High School Education in Science (Biology)

Himalayan Whitehouse International College, Higher Secondary
Education Board
Kathmandu, Nepal

June 2001-July 2003

POST-GRADUATE TRAINING

Clinical Cytopathology fellowship

University of Pittsburgh Medical Center
Pittsburgh, Pennsylvania

July 2020-June 2021

Anatomic Pathology Residency

University of Pittsburgh Medical Center
Pittsburgh, Pennsylvania

July 2017-till Present

Anatomic and Clinical Pathology Residency

National Academy of Medical Sciences
Kathmandu, Nepal

September 2011-October
2014

International observer in hematopathology

MD Anderson Cancer Center
Houston, Texas

August 2016-September
2016

International fellowship in surgical pathology

Medical College of Wisconsin
Milwaukee, Wisconsin, USA

June 2015-August 2015

International observer in surgical pathology

John Hunter Hospital
New Castle, New South Wales, Australia

April 2014-May 2014

LICENSURE

Commonwealth of Pennsylvania, Trainee Medical License

#MT212576
July 2017-June 2020

National Provider Identifier

#1043732142

Educational Commission for Foreign Medical Graduates

#08093064
September, 2016

Specialist Pathologist Registration in Nepal Medical Council

#8182
December 2017 to Present

Permanent Physician Registration in Nepal Medical Council

#8182
February 2008 to Present

CERTIFICATION

ASCP, Lab Management University(LMU) Certification	December 22,2018
Yellow belt, six-sigma training Certification	November 23,2018
CAP inspector team member training Certification	November 15,2018
ASCP,University of Pathology Informatics(UPI) Certification	October 16, 2018

APPOINTMENTS AND POSITIONS

<i>Attending Anatomic Pathologist</i> Helping Hands Community Hospital Chabahil, Kathmandu, Nepal Job description: I was responsible for running the FNA clinic, the daily volume of which was 3-4 patients in an average and independently previewing and signing out of all the cytology cases (which included 5-10 pap smears and 1-2 body fluids in an average/day.)	February 2017- June 2017
<i>Attending Anatomic and Clinical Pathologist</i> Norvic International Hospital Thapathali, Kathmandu, Nepal Job description: I was employed as a part-time pathologist responsible for 24 hours a week. I was responsible for maintaining quality assurance of the histology and cytology lab. I was also responsible for independently previewing and signing out general surgical pathology, cytology and peripheral blood smears along with the clinical laboratory reports. In an average, I signed out 10 pap smears, 5 surgical pathology cases, 2-3 peripheral blood smears per day.	November 2014- August 2016
<i>Clinical Laboratory Director</i> National Centre for Rheumatologic Diseases Raatopul, Kathmandu, Nepal Job description: I was a lab director and there were five laboratory technicians and other staffs under my direct supervision. I was responsible for establishing, maintaining and monitoring various rheumatological ELISA testing, fully automated biochemistry analyzer and hematology analyzer in this laboratory.	October 2014- August 2016
<i>House Officer</i> Alka Hospital Private Limited Lalitpur, Nepal	February 2010-August 2011
<i>House Officer</i>	July 2010-March 2011

Mental Hospital
Lagankhel, Government of Nepal

House Officer

Bhaktapur District Hospital
Bhaktapur, Government of Nepal

July 2010-March 2011

House Officer

Sarwanga Swasthya Sadan
Lalitpur, Nepal

February 2009-December
2010

TEACHING EXPERIENCE

PGY-1 resident Mentor

July 8 - July 13, 2019

STEPS Program

Medical students' orientation to pathology: Fun with FNA

July 3, 2019

Second Year Medical Students

CPC small group teaching (Prostate and Testis)

February 22, 2019

Second Year Medical Students

CPC small group teaching (Breast)

February 20, 2019

Junior resident mentor on autopsy

January 7- January 11
2019

**Scope teaching various medical students
~60 hours**

Throughout residency

STEPS Program

Medical students' orientation to pathology: Slides into Histology

August 15, 2018

RESIDENCY ACTIVITIES

College of American Pathologists (CAP) mock inspection

University of Pittsburgh Medical Center Children's Hospital
Anatomic Pathology, Cytology and Microbiology lab.

March 20, 2019

Gross tracker app Improvement- volunteer	2018-2019
Resident Recruitment Committee Lead host and host resident	October 2018 - March 2019

HONORS AND AWARDS

Association of Pathology Informatics Annual Meeting, Travel award	May 2019
Pennsylvania Association of Pathologists, Jeopardy Contest Second Position	April 2018
Distinction in Bachelor of Medicine and Bachelor of Surgery (MBBS)	August 2003- February 2008
Scholarship for Bachelor of Medicine and Bachelor of Surgery (MBBS) Awarded by the Ministry of Education and Culture, Government of Nepal	July 2003

LEADERSHIP

Delegate CAP Resident Forum	April 2018 till Present
Graduate Medical Education Committee Representative University Of Pittsburgh Medical Center	January 2019 till Present
America Nepal Medical Foundation, USA Branch National and International Collaboration Committee member	February 2019 till Present
ASK Foundation, USA Branch A non-profit organization- Vice Secretary	August 2017 till Present
ASK Foundation, NEPAL Branch Founder member and Vice Secretary www.askfoundation.org	January 2016 till December 2017
HTTP Tele-Health Innovation Foundation Nepal Founder Member (merged with ASK foundation)	January 2010 - December 2015

MEMBERSHIP IN PROFESSIONAL AND SCIENTIFIC SOCIETIES

American Society of Cytopathology(ASC)	February 2019 till Present
American Association of NeuroPathology(AANP)	April 2018 till Present
Association of Pathology Informatics(API)	April 2018 till Present
American Society of Clinical Pathologists(ASCP)	April 2018 till Present
Pennsylvania Association of Pathologists(PAP)	April 2018 till Present
United States and Canadian Academy of Pathologists(USCAP)	September 2017 till Present
College of American Pathologists(CAP)	September 2017 till Present
Association of Clinical Pathologists of Nepal(ACPN)	Lifetime member since October 2014

PEER REVIEWED PUBLICATIONS

Baskota SU, Lopez O, Greenamyre J and Kofler J. Spectrum of Tau Pathologies in Huntington's Disease. Journal of Laboratory Investigation 2018;166-9.

Scurry J , **Baskota SU** . HPV-Associated Atypical Mitotic Figures in Squamous Intraepithelial Lesions of the Lower Female Genital Tract. J Low Genital Tract Dis 2016 Apr;20(2):165-8.

NON-PEER REVIEWED PUBLICATIONS

Baskota SU, Pantanowitz L. A middle-aged female with left lower lung lobe mass. UPMC Pathology anatomic Pathology web case. November 2018.

Baskota SU , Joshi AR, Singh SK. Bone marrow touch imprint smears as an adjunct to bone marrow aspiration smears in hematological disorders. Journal of Pathology of Nepal. 2015;5 (9): 739-46.

PLATFORM PRESENTATION

Baskota SU, Zhao C. Long term follow-up of 208 Women with AIS diagnosed in cervical cone biopsy. American Society for Colposcopy and Cervical Pathology (ASCCP) meeting, April, 2019. Atlanta.

Baskota SU, Pantanowitz L. A middle-aged female with a mass in the left lower lobe of lung. Pittsburgh Pathology Society, February 27, 2019.

POSTER PRESENTATION

Baskota SU, Lopez O, Kofler Jk. Spectrum of tauopathies in Huntington's Disease. Pathology retreat 2019, UPMC, Pittsburgh.

Baskota SU, Zhao C. Long term follow-up of 208 Women with AIS diagnosed in cervical cone biopsy. Pathology retreat 2019, UPMC, Pittsburgh.

Baskota SU, Wiley C, Pantanowitz L. A comparative study of intraoperative teleneuropathology with conventional intraoperative glass slide consultations. Annual Pathology Informatics meeting, May, 2019 Pittsburgh.

Jones MW, Jones T, **Baskota SU, Statz E.** Mismatch Repair Status of Uterine Leiomyosarcomas: A Study of 36 Cases and Correlation with PD-L1 Immunohistochemistry. United States and Canadian Academy of Pathologists (USCAP) March 2019, Maryland USA.

Baskota SU, Lopez O, Kofler Jk. Spectrum of tauopathies in Huntington's Disease. American Association of NeuroPathology (AANP) annual meeting, 2018.

Baskota SU, Wiley C, Pantanowitz L. A New Era for Intraoperative Neuro-Telepathology: Impact of Migrating to LVI from Zeis. Pathology retreat, 2018, University of Pittsburgh Medical Center, Pittsburgh.

Harding-Jackson N, Whittington E, Eastwood C D, Tijonas A G, Kryvenko N O, **Upadhyay S**, Jorda M, Iczkowski A K. (2016). Prostate cancer grade group 4: Gleason 3+5 = 8 and 5+3 = 8 outcomes versus 4+4 = 8. United States and Canadian Academy of Pathologists (USCAP) 2016; Seattle, WA

ACCEPTED ABSTRACTS

Baskota SU, Li Z, Bhargava R. Prognostic significance of Magee equations. College of American Pathologists (CAP) 19; Orlando, FL.

Baskota SU, Herradura A, Miller V, Burgess M, John I. Primary myxofibrosarcoma of bone presenting

with bone only metastases. College of American Pathologists (CAP) 19; Orlando, FL.

Bhattarai, R, Basnet B R, Roka B P, **Baskota SU**. A Histopathological study of Granulomatous Skin lesions in a tertiary care hospital, Nepal. College of American Pathologists (CAP) 19; Orlando, FL.

Baskota SU, Wiley C, Pantanowitz L. A comparative study of intraoperative teleneuropathology with conventional intraoperative glass slide consultations. Graduate Medical Education (GME) symposium, University of Pittsburgh Medical Center, Pittsburgh, September 2019.

Baskota SU, Monaco S, Xing J, Pantanowitz L. Peritheliomatous Pattern: A Diagnostic Clue for Diagnosing Melanoma in Cytology. American Society of Cytopathology (ASC) Salt lake City, Utah, 2019.

QA project

Comparison between frozen intraoperative tele-neuropathology versus conventional glass slide-based frozen diagnoses