

## Validating Laboratory **Testing During a Novel Pandemic**

Aaron Han, MD, PhD, FCAP Adj Prof MBRU School of Medicine College of American Pathologists, Deputy International Commissioner for UAE

#### September 5, 2020

### **Opening Comments**

- The role of the lab has never been greater than it is today.
- High-quality, adaptable labs are foundational to a strong health care system.
- Accreditation is foundational to building a high-quality, adaptable lab. ightarrow
- COVID-19 is an excellent case study.

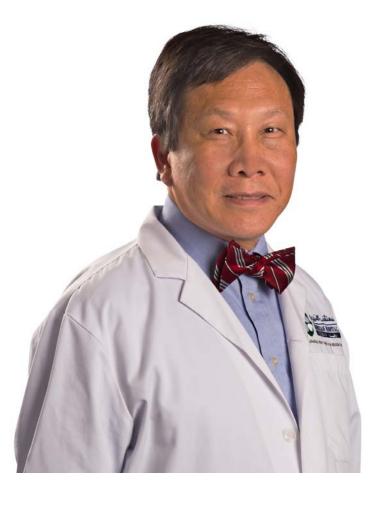




5 September 2020

## Today's Presenter: Dr. Aaron Han, MD, PhD, FCAP

- Adjunct Professor of Pathology at Mohammed bin Rashid University (MBRU) School of Medicine
- CAP Deputy International Commissioner for the **United Arab Emirates**
- Member of the CAP Point of Care Committee





### The problem with novel diseases

#### wikiHow

#### Article Edit

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#### How to Build an Airplane

Co-authored by **wikiHow Staff** References Updated: March 28, 2020

For some people, building and flying your own plane is a satisfying personal experience. Constructing your own plane is legal in most countries and you don't need to know any skills to begin. You can start by purchasing a kit online and getting involved with aviation organizations. Once you're done building, register your plane with your government's aviation board. Then, you can enjoy cruising the skies in a plane customized to your liking. This article is for building full scale aircraft. To build a model airplane, check out some different wikiHow articles.

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Graphic Source: https://www.youtube.com/watch?v=Y7XW-mewUm8

### What will be addressed during our session

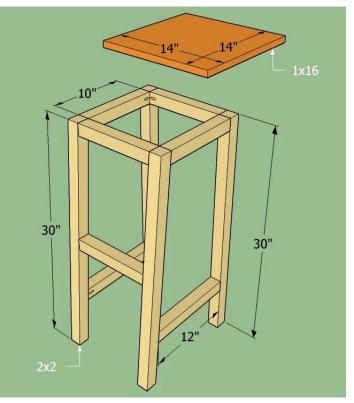
- Development of COVID testing
  - Types of tests
  - Differences between tests
- Thoughts on the near future
  - Serology and convalescent serum
  - Overlap with influenza season
- Pandemic preparedness via accreditation rigor
- Q&A



5 September 2020 5

## **Usual lab testing framework**

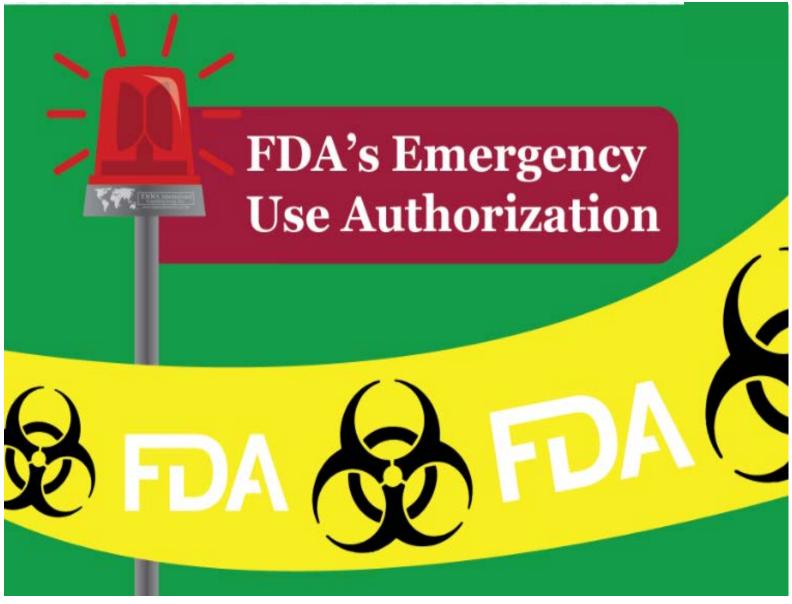
- Performance characteristics
- Phases of testing and impact on results
- **External quality assurance (EQA), proficiency testing (PT)**
- Quality control (QC)
- Validation and verification



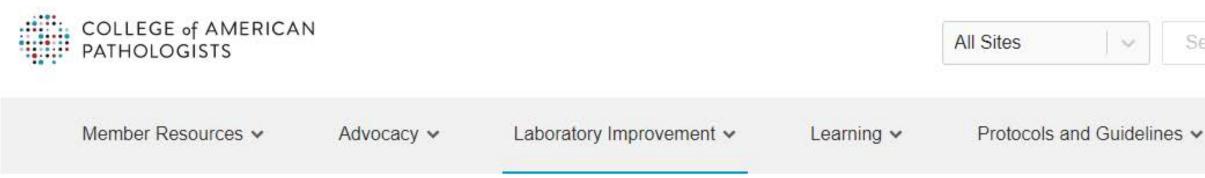
Graphic Source: https://www.howtospecialist.com/wpcontent/uploads/2012/09/Building-a-stool.jpg

## **FDA marking during the pandemic**

Emergency Use
Authorization (EUA)



Graphic Source: https://emmainternational.com/fdas-emergency-use-authorization/

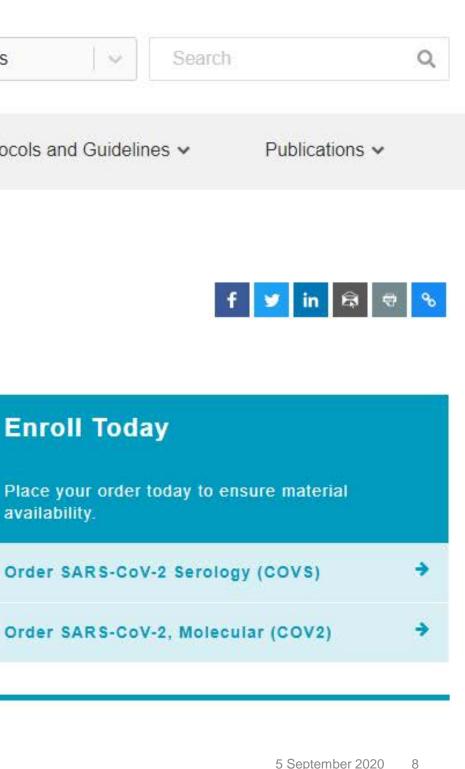


Home > Laboratory Improvement > Proficiency Testing > SARS-CoV-2 Proficiency Testing Programs

### **SARS-CoV-2 Proficiency Testing Programs**

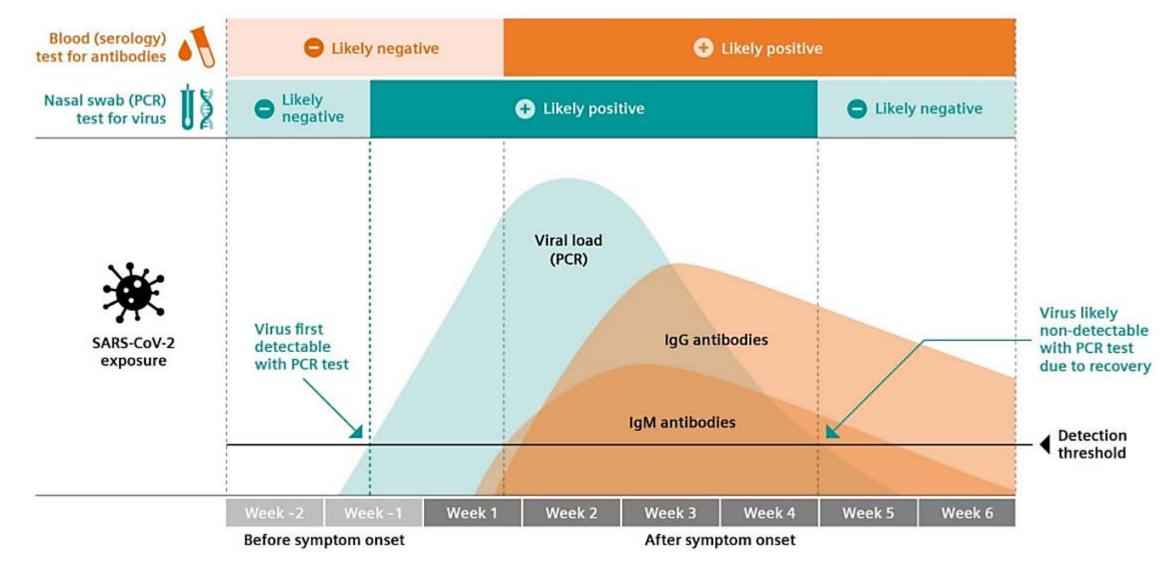
As laboratories expand patient testing capabilities for detection of or exposure to the novel coronavirus (SARS-CoV-2), we have introduced new proficiency testing (PT) programs to support your efforts.







- Molecular
- Serology



Graphic Source: https://www.siemens-healthineers.com/en-us/laboratory-diagnostics/assays-by-diseases-conditions/infectious-disease-assays/covid-19-laboratory-testing#Why\_Antibody\_Tests?

## Gold standard is PCR

### Limitations are

- **Pre-analytical** 0
- Contamination  $\bigcirc$
- **Relapse and detection of dead virus** 0
- Number of probes in the primer set 0

### South Korea says recovered coronavirus patients who tested positive again did not relapse: Tests picked up 'dead virus fragments'

Sinead Baker Apr 30, 2020, 1:36 PM

Source: Business Insider, Apr 30, 2020. https://www.businessinsider.com/coronavirus-south-korean-reactivated-cases-not-reinfected-experts-2020-4



### What did the UAE do?

LIFE

#### THE UAE BUILT THE SECOND LARGEST OPERATIONAL CORONAVIRUS TESTING FACILITY IN THE WORLD

The laboratory will be capable of processing tens of thousands of tests a day.

BY SCENE ARABIA - 3 02 Apr 2020





Source: https://scenearabia.com/Life/The-UAE-Built-the-Largest-Operational-Coronavirus-Testing-Facility-Outside-of-China

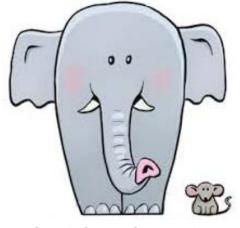
## COVID-19 UAE: Dubai conducts more than 600,000 tests

Emirate to continue increasing testing as part of relentless efforts to combat pandemic

Published: June 22, 2020 20:31 Gulf News Report



Source: https://gulfnews.com/uae/government/covid-19-uae-dubai-conducts-more-than-600000-tests-1.1592843566493



Graphic Source: Shutterstock Image 607763987

### PCR in a suitcase – 4 hours to result



Source: Dr. A. Han

### Other rapid molecular tests are coming

- Results in 45 minutes or less
- COVID only versus syndromic panel (multiple flu viruses)
- Saliva
- Self/Home sampling

### What about the usefulness of a syndromic panel?

	COVID-	COVID+
RVP-	23	14
RVP+	60	3

**NPV 95% PPV 38%** 

Source: Dr. A. Han, manuscript in review



## Serology

- **Rapid (fingerstick)**
- Non-rapid (ELISA)

- Gold standard is
  - **Competent/protective serum**
  - Viral assay 0
  - **Plasma therapy**  $\mathbf{O}$

#### Mayo Clinic launches test to detect COVID-19 immunity

JUNE 12, 2020 BY SEAN WHOOLEY - LEAVE A COMMENT

#### f У in 🕂



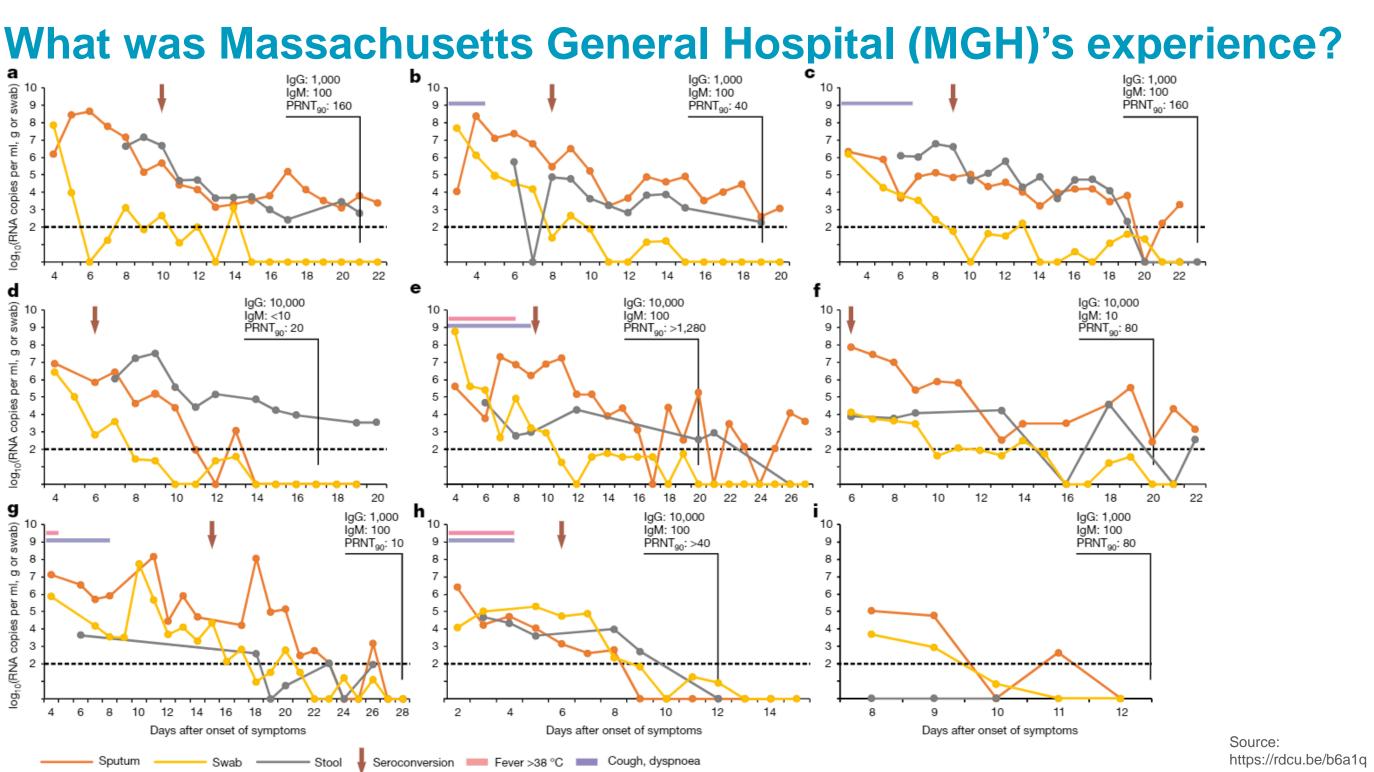
Mayo Clinic announced that it launched a new SARS-CoV-2 neutralizing antibody test in support of efforts to establish therapies and vaccines for COVID-19.

As part of the Expanded Access Program for Convalescent Plasma and other critical research efforts, Mayo Clinic intends to make the test available to select labs, blood banks and biopharma clients later this month.

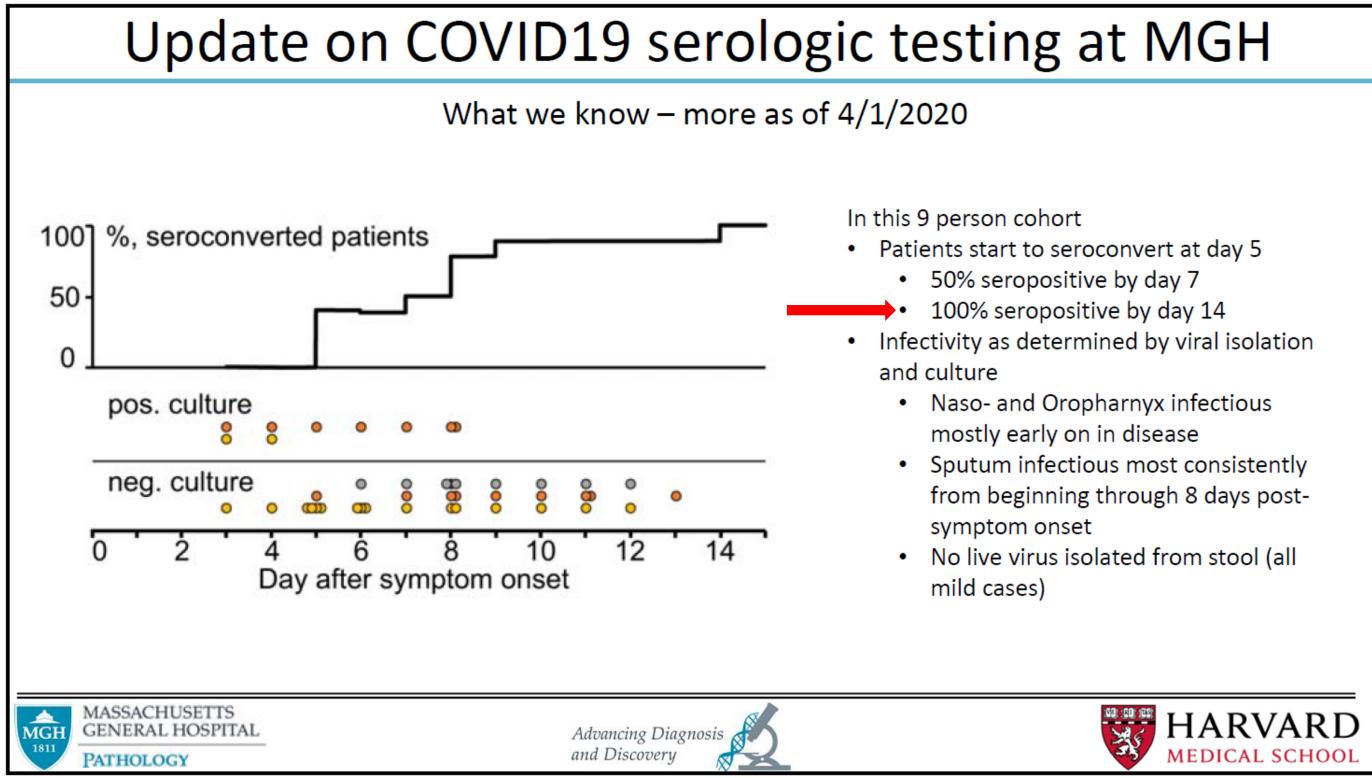
Mayo Clinic designed the new test to measure the level of neutralizing antibodies against SARS-CoV-2, the virus causing COVID-19. The test provides semi-guantitative detection of total neutralizing antibodies in human serum. After infection, most will develop an immune response to COVID-19, including the production of neutralizing antibodies against the SARS-CoV-2 spike glycoprotein. However, it's currently unknown for how long the neutralizing antibodies persist after infection

The test should only be ordered upon confirmation of prior infection and it should not be used to diagnose SARS-CoV-2 infection, according to a news release.

Source: Mass Device, June 12, 2020. https://www.massdevice.com/mayo-clinic-launches-test-to-detect-covid-19-immunity/



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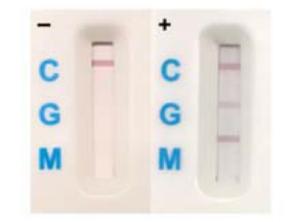
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Source: webinar, April 4, 2020

## Update on COVID19 serologic testing at MGH

Lateral flow assays for Point-of-Care Testing

Easy to read in 10 min!



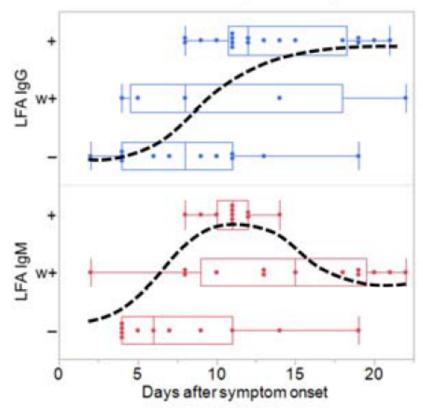
#### Sensitivity of detection

Symptoms	lgM+	lgG+	IgG+ or IgM+
≤7 days	<b>13%</b> (1/8)	<b>25%</b> (2/8)	38% (3/8)
>7 days	<b>85%</b> (23/27)	78% (21/27)	<b>89%</b> (24/27)

Specificity = 100% (0/33) (includes 3 non-COVID-19 coronavirus+)



**Kinetics of positivity** 



\*100% sensitivity at day 12, age <80



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### Not all assays are similar

#### DA U.S. FOOD & DRUG

News & Events / FDA Newsroom / Press Announcements / Coronavirus (COVID-19) Update: FDA Revokes Emergency Use Authorization for Chembio Antibody Test

FDA NEWS RELEASE

#### Coronavirus (COVID-19) Update: FDA **Revokes Emergency Use Authorization for Chembio Antibody Test**

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G More Press Announcements

**Press Announcements** 

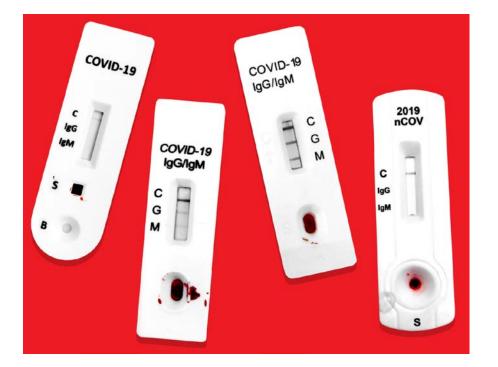
For Immediate Release: June 16, 2020

Español

Today, the U.S. Food and Drug Administration revoked the emergency use authorization (EUA) of the Chembio Diagnostic System, Inc. (Chembio) DPP COVID-19 IgM/IgG System, a SARS-CoV-2 antibody test, due to performance concerns with the accuracy of the test. Antibody tests, a type of serological test, can help provide information on a person's and population's exposure to COVID-19.

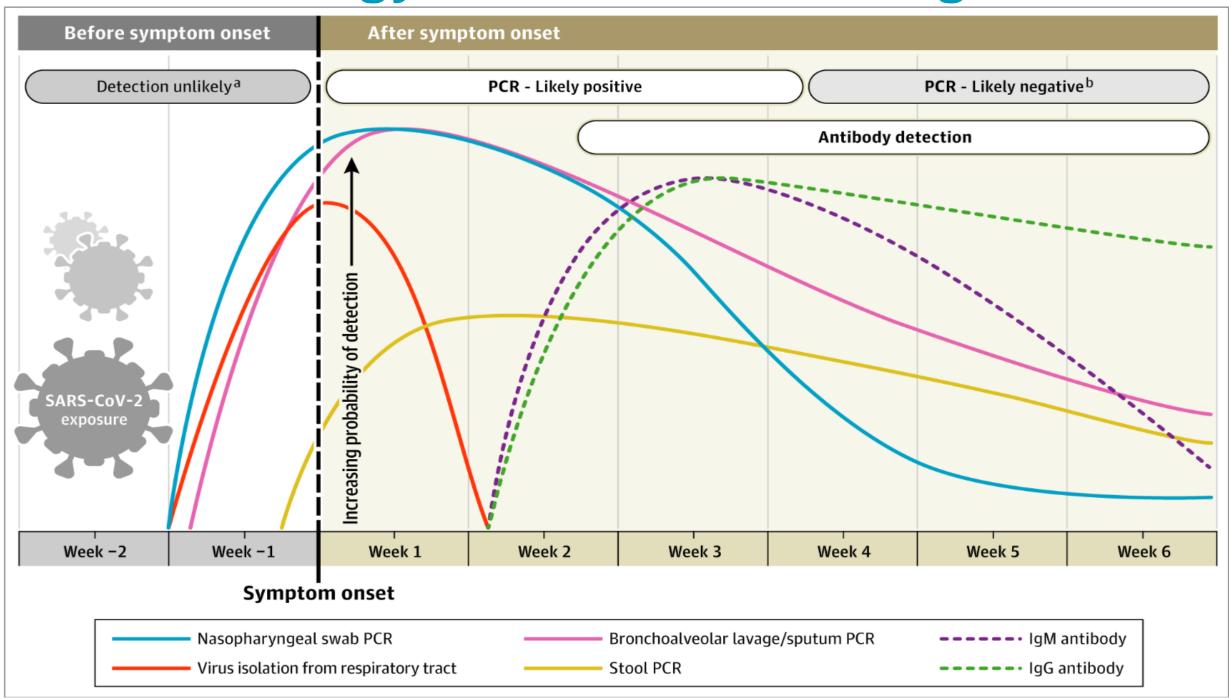
"Since the beginning of the COVID-19 public health emergency, the FDA has balanced the urgent need for access to diagnostic and antibody tests with providing a level of oversight that helps to ensure accurate tests are being deployed," said Jeff Shuren, M.D., director of FDA's Center for Devices and Radiological Health. "By continuing to monitor authorized tests and emerging scientific evidence, we are able to make changes when appropriate - including taking action when a test's benefits no longer outweigh its risks. 1 .1 .00 . 

Source: https://www.fda.gov/news-events/press-announcements/coronavirus-covid-19-update-fda-revokes-emergency-useauthorization-chembio-antibody-test



Graphic Source: https://www.bloomberg.com/news/articles/2020-05-05/coronavirus-antibody-tests-may-produce-contradictory-results

## Use of serology methods and timing



Source: https://jamanetwork. com/journals/jama/f ullarticle/2765837





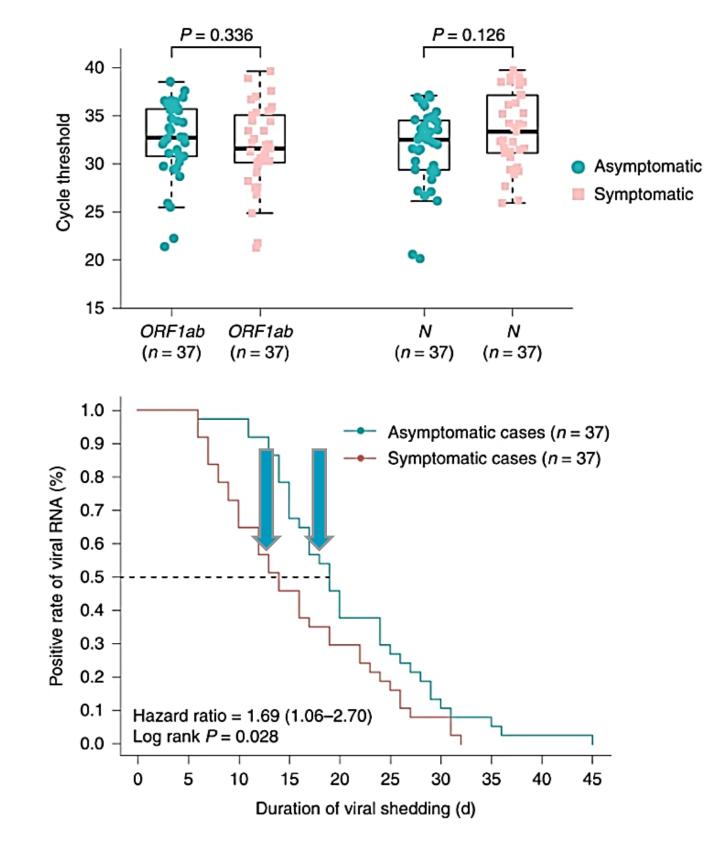
## **Clinical and immunological assessment of** asymptomatic SARS-CoV-2 infections

Quan-Xin Long<sup>1,8</sup>, Xiao-Jun Tang<sup>2,8</sup>, Qiu-Lin Shi<sup>2,8</sup>, Qin Li<sup>3,8</sup>, Hai-Jun Deng<sup>1,8</sup>, Jun Yuan<sup>1</sup>, Jie-Li Hu<sup>1</sup>, Wei Xu<sup>2</sup>, Yong Zhang<sup>1</sup><sup>2</sup>, Fa-Jin Lv<sup>4</sup>, Kun Su<sup>3</sup>, Fan Zhang<sup>5</sup>, Jiang Gong<sup>5</sup>, Bo Wu<sup>6</sup>, Xia-Mao Liu<sup>7</sup>, Jin-Jing Li<sup>7</sup>, Jing-Fu Qiu  $\mathbb{O}^2 \boxtimes$ , Juan Chen  $\mathbb{O}^1 \boxtimes$  and Ai-Long Huang  $\mathbb{O}^1 \boxtimes$ 

Check for updates

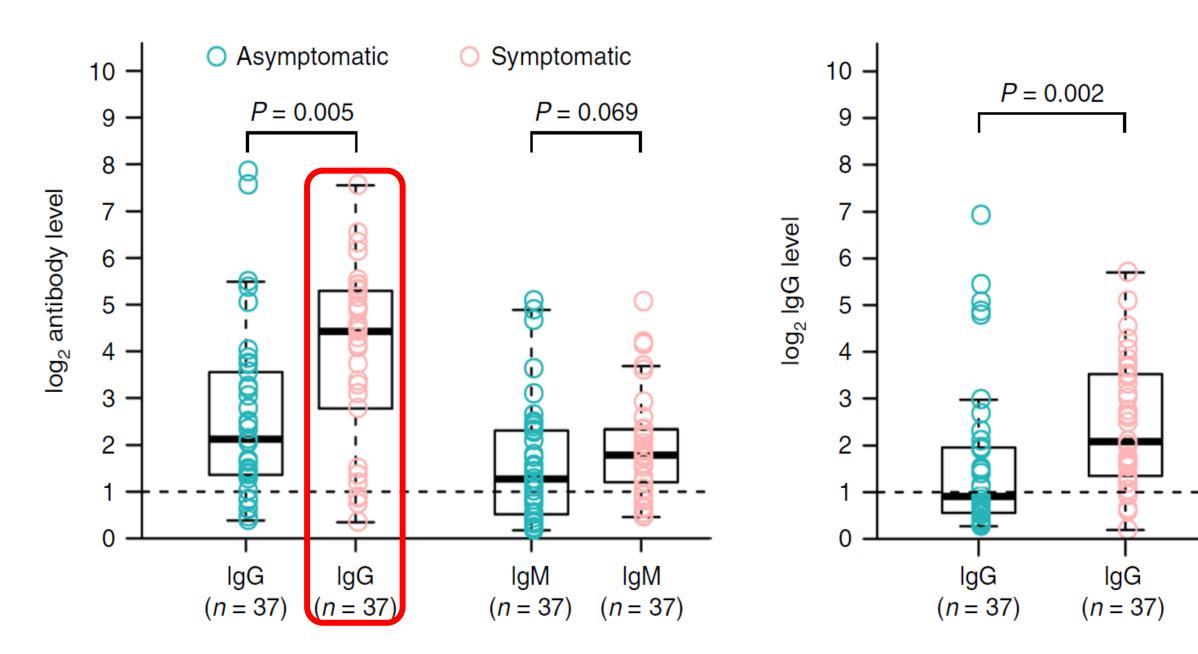
Source: https://www.nature.com/articles/s41591-020-0965-6.pdf

# Virology and shedding



Source: https://www.nature.com/articles/s41591-020-0965-6.pdf

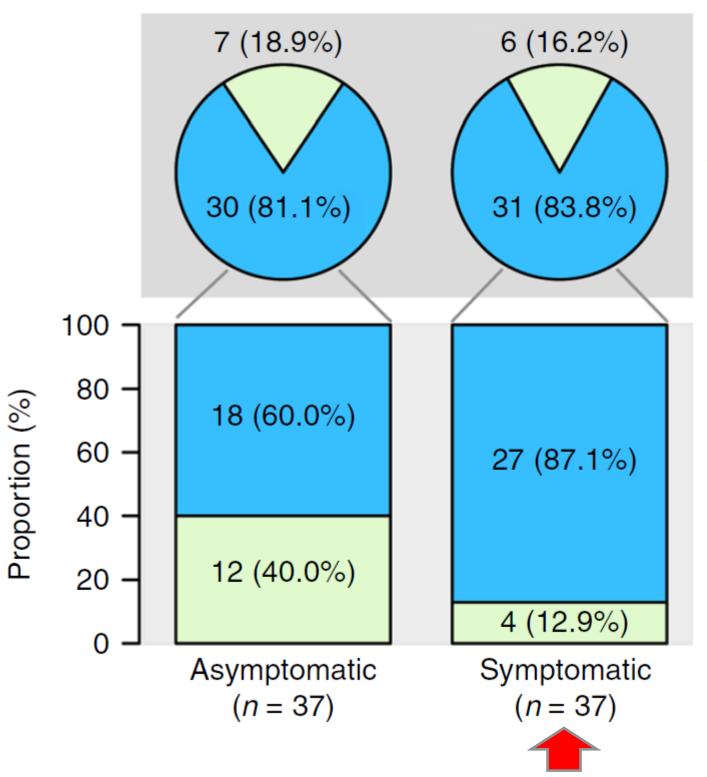
## **Consistent higher IgG response with symptoms**





#### • Asymptomatic Symptomatic

## Persistence of IgG in symptomatic patients



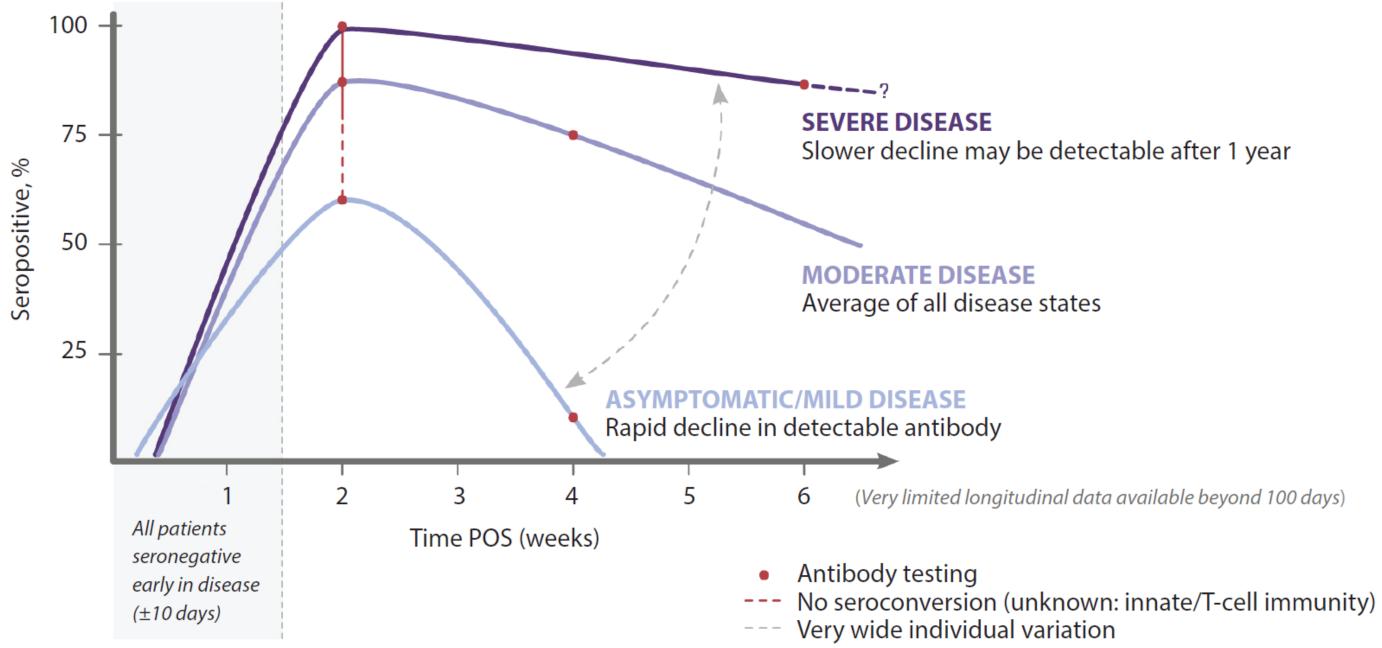
#### Acute phase



#### Convalescent phase

Source: https://www.nature.com/articles /s41591-020-0965-6.pdf

### **Disease severity and persistence of seropositivity**



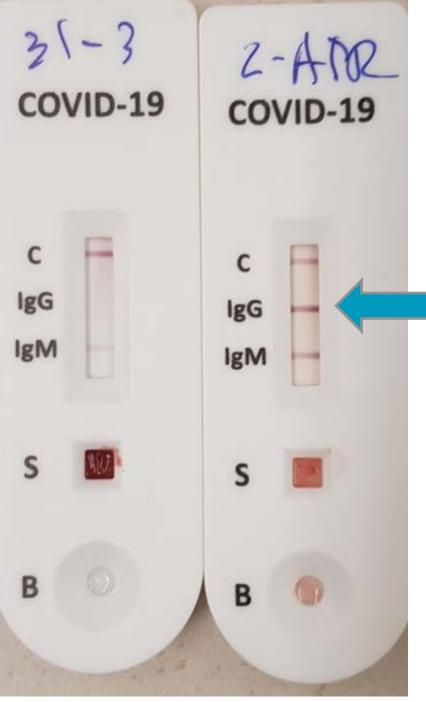
Source: http://www.samj.org.za/index.php/samj/article/view/13023/9398



## **Serology validation set**

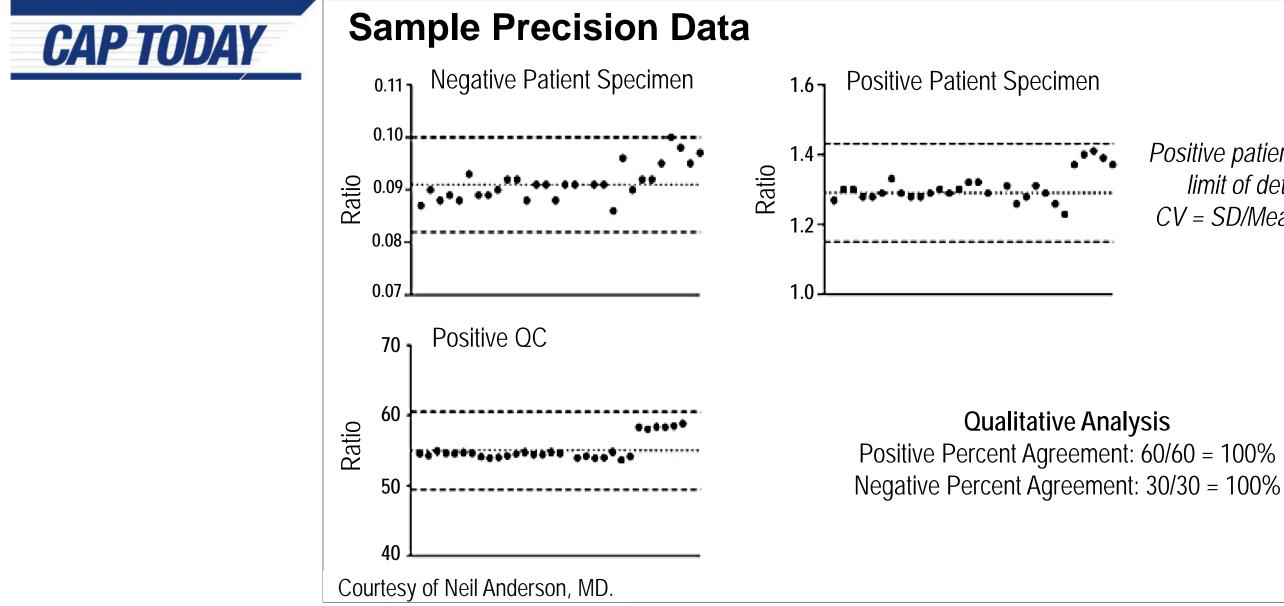
- Ideal: Gold standard kit or titers
- Positive samples:
  - PCR+ with immune response (molecular or clinical)
    - PCR clearance
    - Clinical improvement
  - PCR- clinical COVID
- Negative samples: PCR- low risk
  - Other Coronaviruses, HIV
- Avoid comorbid, autoimmune patients

### PCR negative results and serology over time



Source: Dr. A. Han

## **Steps to verifying SARS-CoV-2 antibody assays**

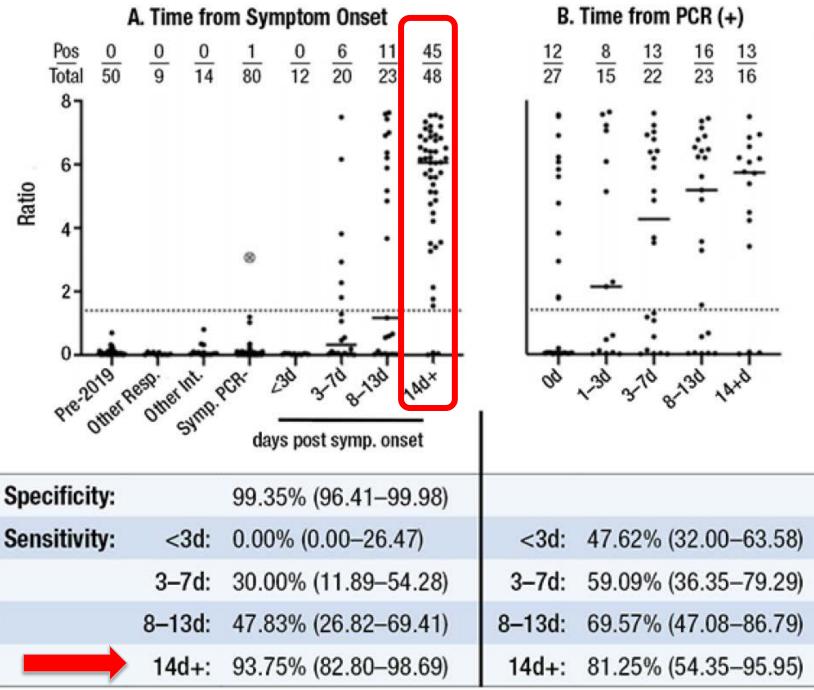


Source: https://www.captodayonline.com/steps-to-verifying-sars-cov-2-antibody-assays/



#### Positive patient near the limit of detection *CV* = *SD*/*Mean* =<20%

## **Importance of** timing for optimum serology testing



Tang MS, Hock KG, Logsdon NM, et al. Clinical performance of two SARS-CoV-2 serologic assays. Clin Chem. 2020;hvaa120. doi: 10.1093/clinchem/hvaa120, by permission of Oxford University Press.

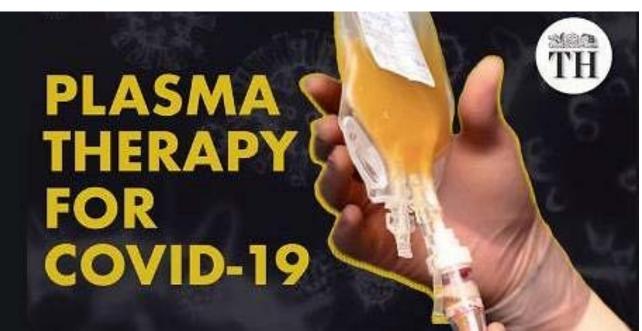
Source: https://www.captodayonline.com/steps-to-verifying-sars-cov-2-antibody-assays/

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)—63.58)	
5–79.29)	
3–86.79)	
5–95.95)	

## What is serology's usefulness?

- Confirm classic cases which are PCR negative
- Epidemiology

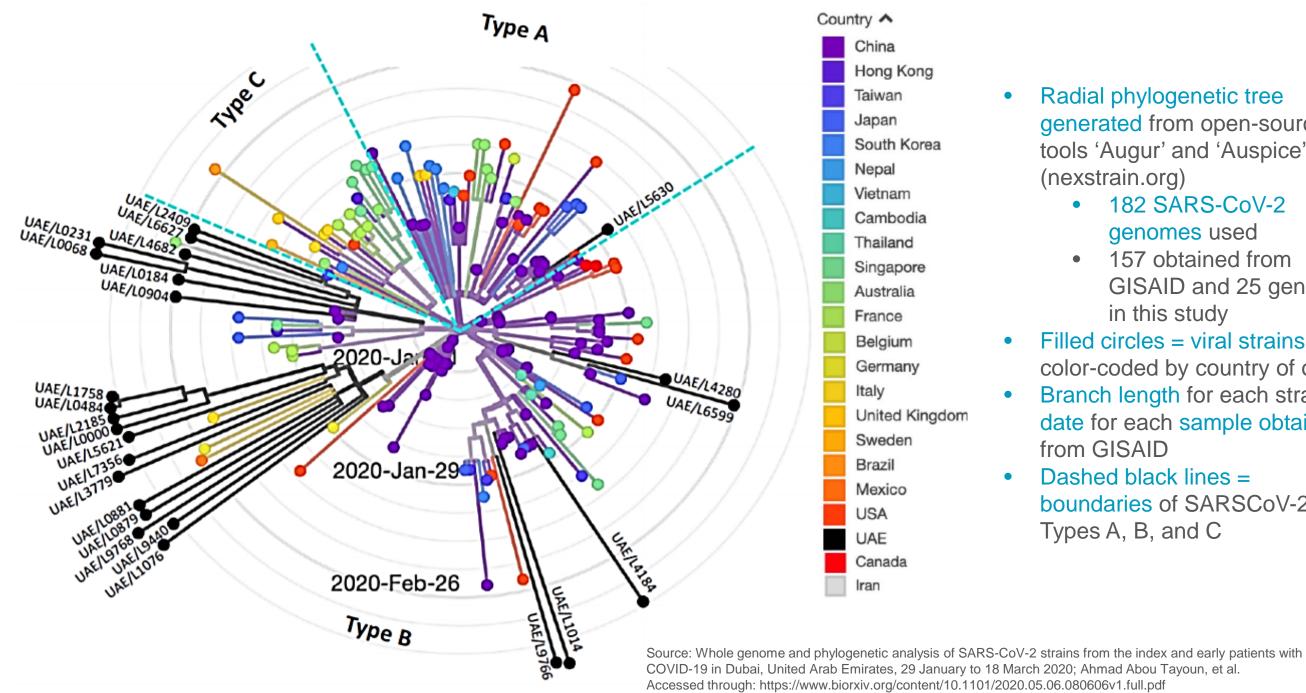
- Immunity, need functional correlate
- Vaccine efficacy



Graphic Source: The Hindu - https://www.youtube.com/watch?v=gd18KTRDGjs

#### tube.com/watch?v=gd18KTRDGjs 5 September 2020 30

### **NGS and sequencing in the UAE**



Radial phylogenetic tree generated from open-source tools 'Augur' and 'Auspice' (nexstrain.org) • 182 SARS-CoV-2 genomes used 157 obtained from GISAID and 25 genomes in this study Filled circles = viral strains color-coded by country of origin Branch length for each strain = date for each sample obtained from **GISAID** Dashed black lines = boundaries of SARSCoV-2 Types A, B, and C

### **Summary**

### Ideal to have multiple tests

- PCR: early detection; identify clusters; contact tracing
- COVID specific
  - Flu syndromic panels
  - Serology: IgM, IgG
- Other diagnostic tests
  - CBC: neutrophil to lymphocyte ratio (NLR)
  - o ESR
  - CXR: ground glass opacities (GGO)
  - Temperature and O<sub>2</sub> saturation

### **New tests**

- Saliva
- T-cell response
- Laser
- Canine

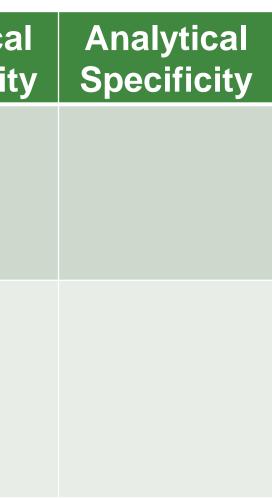


Graphic source: https://www.bbc.com/news/uk-52686660

## **COM.40300 and COM.40350 Test method validation/verification**

 Clarified method performance specifications to be verified/validated based on the type of testing performed

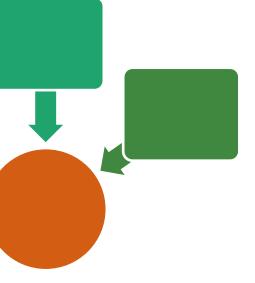
Requirement	Analytical Accuracy	Analytical Precision	Reportable Range	Analytica Sensitivit
<b>COM.40300</b> (FDA-cleared or approved – Verification	Х	Х	Х	
<b>COM.40350</b> (Modified FDA- cleared or approved and LDTs – Validation)	X	X	X	Х



### Role and value of the lab in a novel pandemic

- Quality and timeliness of results
- Know the questions that are and need to be addressed
- Know the limitation of your tests
- Have a multipronged approach





## **CAP** accreditation rigor – benefits in a pandemic

- Provides consistent procedural guidance
  - Confidence that your staff is competent as a result of rigorous competency assessment requirements 0
  - **Clear guidance on verification and validation of tests** 0
- 2020 checklist requirement includes enhanced safety features for infectious pathogens
  - New requirement in the Lab General (GEN) checklist 0
  - Enhancements to the bloodborne pathogen section 0

#### Running PT/EQA provides benchmarking opportunities

- Capabilities aligned with the industry
- Large peer groups 0
- **Educational opportunities for the laboratorians** 0





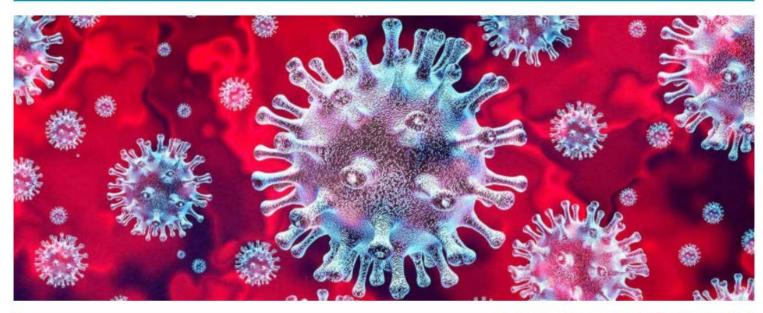
Source: https://gfycat.com/validpossibleandeancat-airplane-sky 5 September 2020

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Home > Recent Updates on COVID-19

#### **Recent Updates on COVID-19**







Answers to Your COVID-19 Questions

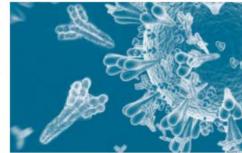
#### September 3, 2020

- The CAP's Microbiology Committee updates its COVID-19 topic center with guidance on screening and surveillance Visit here
- · We hear you: CAP Responds to Your COVID-19 Questions Read the Q & A
- CAP Informatics and Pathology Electronic Reporting (PERT) Committee update answers to questions about COVID-19 reporting requirements See here

#### August 28, 2020

- The CAP Demands Rationale from CDC on COVID-19 Testing Guidance Learn more
- The CAP Opposes HHS Lab Penalties and for COVID-19 Reporting Requirements Read here
- CAP Informatics and Pathology Electronic Reporting (PERT) Committee answer questions about COVID-19





#### New PT Program for SARS-CoV-2 Serology

Evaluate the accuracy of antibody testing—report results for qualitative and quantitative methods for total, IgG, IgM, and IgA antibodies.

See Details and Order »

### References

- Sources: WHO, CDC, CAP, Mayo; will change over time; vaccine, mutations, etc.
- Sources indicated when not CAP
- https://www.nejm.org/doi/full/10.1056/NEJMoa2002032

### Thank you for your participation and interest.



#### For questions, email: international@cap.org.