

# Protocol for the Examination of Specimens from Patients with Well-Differentiated Neuroendocrine Tumors (Carcinoid Tumors) of the Stomach

#### Version: 5.0.0.0

Protocol Posting Date: December 2023

CAP Laboratory Accreditation Program Protocol Required Use Date: September 2024

The changes included in this current protocol version affect accreditation requirements. The new deadline for implementing this protocol version is reflected in the above accreditation date.

For accreditation purposes, this protocol should be used for the following procedures AND tumor types:

Procedure	Description
Gastrectomy (Partial or Complete)	
Tumor Type	Description
Well-differentiated neuroendocrine tumors of	
the stomach	

#### This protocol is NOT required for accreditation purposes for the following:

Procedure
Biopsy
Excisional biopsy (includes endoscopic resection and polypectomy)
Primary resection specimen with no residual cancer (e.g., following neoadjuvant therapy)
Recurrent tumor
Cytologic specimens

#### The following tumor types should NOT be reported using this protocol:

Tumor Type
Poorly differentiated neuroendocrine carcinoma including small cell and large cell neuroendocrine carcinoma
(consider Stomach protocol)
Other epithelial carcinomas including mixed neuroendocrine-non-neuroendocrine neoplasms (consider Stomach
protocol)
Lymphoma (consider Hodgkin or non-Hodgkin Lymphoma protocols)
Gastrointestinal stromal tumor (GIST) (consider GIST protocol)
Non-GIST sarcoma (consider Soft Tissue protocol)

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With guidance from the CAP Cancer and CAP Pathology Electronic Reporting Committees.

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# **Accreditation Requirements**

This protocol can be utilized for a variety of procedures and tumor types for clinical care purposes. For accreditation purposes, only the definitive primary cancer resection specimen is required to have the core and conditional data elements reported in a synoptic format.

- <u>Core data elements</u> are required in reports to adequately describe appropriate malignancies. For accreditation purposes, essential data elements must be reported in all instances, even if the response is "not applicable" or "cannot be determined."
- <u>Conditional data elements</u> are only required to be reported if applicable as delineated in the protocol. For instance, the total number of lymph nodes examined must be reported, but only if nodes are present in the specimen.
- <u>Optional data elements</u> are identified with "+" and although not required for CAP accreditation purposes, may be considered for reporting as determined by local practice standards.

The use of this protocol is not required for recurrent tumors or for metastatic tumors that are resected at a different time than the primary tumor. Use of this protocol is also not required for pathology reviews performed at a second institution (i.e., secondary consultation, second opinion, or review of outside case at second institution).

# **Synoptic Reporting**

All core and conditionally required data elements outlined on the surgical case summary from this cancer protocol must be displayed in synoptic report format. Synoptic format is defined as:

- Data element: followed by its answer (response), outline format without the paired Data element: Response format is NOT considered synoptic.
- The data element should be represented in the report as it is listed in the case summary. The response for any data element may be modified from those listed in the case summary, including "Cannot be determined" if appropriate.
- Each diagnostic parameter pair (Data element: Response) is listed on a separate line or in a tabular format to achieve visual separation. The following exceptions are allowed to be listed on one line:
  - Anatomic site or specimen, laterality, and procedure
  - Pathologic Stage Classification (pTNM) elements
  - Negative margins, as long as all negative margins are specifically enumerated where applicable
- The synoptic portion of the report can appear in the diagnosis section of the pathology report, at the end of the report or in a separate section, but all Data element: Responses must be listed together in one location

Organizations and pathologists may choose to list the required elements in any order, use additional methods in order to enhance or achieve visual separation, or add optional items within the synoptic report. The report may have required elements in a summary format elsewhere in the report IN ADDITION TO but not as replacement for the synoptic report ie, all required elements must be in the synoptic portion of the report in the format defined above.

# Summary of Changes

# v 5.0.0.0

- Update to AJCC Version 9 pTNM Staging Classifications
- WHO 5th Edition update to content and explanatory notes
- "Lymphovascular Invasion" question updated to "Lymphatic and / or Vascular Invasion"

Reporting Template Protocol Posting Date: December 2023 Select a single response unless otherwise indicated.

# CASE SUMMARY: (STOMACH NEUROENDOCRINE TUMOR) Standard(s): AJCC-UICC 9

# SPECIMEN (Note A)

Author's Note: A major determinant of natural history, including outcomes, of well differentiated gastric neuroendocrine tumors is the milieu in which the tumor arises. This is likely more influential than tumor stage in most cases and is well described in Explanatory Note E. Tumor stage and underlying gastric milieu are complementary, and both should be reported in support of proper management of these tumors.

#### Procedure

- \_\_\_\_ Endoscopic resection
- \_\_\_\_ Partial gastrectomy, proximal
- \_\_\_\_ Partial gastrectomy, distal
- \_\_\_\_ Partial gastrectomy, other (specify): \_\_\_\_\_
- \_\_\_\_ Total gastrectomy
- \_\_\_\_ Other (specify): \_\_\_\_\_
- \_\_\_\_ Not specified

# TUMOR

#### Tumor Site (Note **B**) (select all that apply)

- \_\_\_\_ Gastric cardia / fundus: \_\_\_\_\_
- \_\_\_\_ Gastric body: \_\_\_\_\_
- \_\_\_\_ Gastric antrum: \_\_\_\_\_
- \_\_\_\_ Gastric pylorus: \_\_\_\_\_
- \_\_\_\_ Lesser curvature: \_\_\_\_\_
- Greater curvature:
- \_\_\_\_ Other (specify): \_\_\_\_\_
- \_\_\_\_ Stomach, not otherwise specified: \_\_\_\_\_

# Histologic Type and Grade# (Notes <u>C,D</u>)

# For poorly differentiated (high-grade) neuroendocrine carcinomas, the College of American Pathologists (CAP) checklist for carcinoma of the stomach should be used.

- \_\_\_\_ G1, well-differentiated neuroendocrine tumor
- \_\_\_\_ G2, well-differentiated neuroendocrine tumor
- \_\_\_\_ G3, well-differentiated neuroendocrine tumor
- \_\_\_\_ GX, grade cannot be assessed
- Other (specify): \_\_\_\_\_
- Not applicable:

#### +Histologic Type and Grade Comment:

Histologic Grade Determination (Note D)

*Mitotic rate and / or Ki-67 labeling index is required to determine histologic grade* **Mitotic Rate (required only when Ki-67 labeling index is not reported)#** 

# Mitotic rate should be reported as number of mitoses per 2 mm2, by evaluating at least 10 mm2 in the most mitotically active part of the tumor (e.g., if using a microscope with a field diameter of 0.55 mm, count 42 high

power fields (10 mm2) and divide the resulting number of mitoses by 5 to determine the number of mitoses per 2 mm2 needed to assign tumor grade).

\_\_\_\_ Not applicable (Ki-67 labeling index is reported)

\_\_\_\_ Specify number of mitoses per 2 mm2: \_\_\_\_\_ mitoses per 2 mm2

\_\_\_\_ Less than 2 mitoses per 2 mm2

\_\_\_\_ 2 to 20 mitoses per 2 mm2

\_\_\_\_ Greater than 20 mitoses per 2 mm2

Cannot be determined (explain):

# Ki-67 Labeling Index (required only when mitotic rate is not reported)

Not applicable (mitotic rate is reported)

\_\_\_\_ Specify Ki-67 percentage: \_\_\_\_\_\_ %

\_\_\_\_ Less than 3%

\_\_\_\_ 3% to 20%

\_\_\_\_ Greater than 20%

\_\_\_\_ Cannot be determined (explain): \_\_\_\_\_

#### Tumor Size (Note E)

Greatest dimension in Centimeters (cm) (specify size of largest tumor if multiple tumors are present):

cm

# +Additional Dimension in Centimeters (cm): \_\_\_\_\_ x \_\_\_\_ cm

\_\_\_\_ Cannot be determined (explain): \_\_\_\_\_

#### **Tumor Focality**

\_\_\_\_ Unifocal

Multifocal

Number of Tumors

\_\_\_\_ Specify number: \_\_\_\_\_

\_\_\_\_ Other (specify): \_\_\_\_\_ \_\_\_ Cannot be determined: \_\_\_\_\_

\_\_\_\_ Cannot be determined: \_\_\_\_\_

#### **Tumor Extent**

- Invades lamina propria
- \_\_\_\_ Invades submucosa
- \_\_\_\_ Invades muscularis propria
- \_\_\_\_ Invades through muscularis propria into subserosal tissue without penetration of overlying serosa
- \_\_\_\_ Penetrates visceral peritoneum (serosa)
- \_\_\_\_ Invades other organ(s) or adjacent structure(s) (specify): \_\_\_\_\_
- Cannot be determined:
- \_\_\_\_ No evidence of primary tumor

#### Lymphatic and / or Vascular Invasion

- \_\_\_\_ Not identified
- \_\_\_\_ Present
- Cannot be determined:

+Perineural Invasion
Not identified
Present
Cannot be determined:
+Tumor Comment:
MARGINS (Note <u>F</u> )
Margin Status
All margins negative for tumor
+Closest Margin(s) to Tumor (select all that apply
Proximal:
Distal:
Omental (radial):
Mucosal:
Deep:
Other (specify):
Cannot be determined:
+Distance from Tumor to Closest Margin
Specify in Centimeters (cm)
Exact distance in cm: cm
Greater than 1 cm
Specify in Millimeters (mm) Exact distance in mm: mm
Greater than 10 mm
Other
Other (specify):
Cannot be determined:
Tumor present at margin
Margin(s) Involved by Tumor (select all that apply
Proximal:
Distal:
Omental (radial):
Mucosal:
Deep:
Other (specify):
Cannot be determined:
Other (specify):
Cannot be determined (explain):
Not applicable
+Margin Comment:

#### **REGIONAL LYMPH NODES**

#### **Regional Lymph Node Status**

Not applicable (no regional lymph nodes submitted or found)

.....

- Regional lymph nodes present
  - \_\_\_\_ All regional lymph nodes negative for tumor

# \_\_\_\_ Tumor present in regional lymph node(s)

#### Number of Lymph Nodes with Tumor

- \_\_\_\_ Exact number (specify): \_\_\_\_\_
- \_\_\_\_ At least (specify): \_\_\_\_\_
- \_\_\_\_ Other (specify): \_\_\_\_\_
- \_\_\_\_ Cannot be determined (explain): \_\_\_\_\_
- Other (specify):
- \_\_\_ Cannot be determined (explain): \_\_\_\_\_

## Number of Lymph Nodes Examined

- \_\_\_\_ Exact number (specify): \_\_\_\_\_
- \_\_\_\_ At least (specify): \_\_\_\_\_
- \_\_\_\_ Other (specify): \_\_\_\_\_
- Cannot be determined (explain):

#### +Regional Lymph Node Comment: \_\_\_\_\_

#### **DISTANT METASTASIS**

#### Distant Site(s) Involved, if applicable (select all that apply)

- \_\_\_\_ Not applicable
- \_\_\_\_ Liver: \_\_\_\_\_
- \_\_\_\_ Lung: \_\_\_\_\_
- \_\_\_\_ Ovary: \_\_\_\_\_
- \_\_\_\_ Nonregional lymph node(s): \_\_\_\_\_
- \_\_\_\_ Peritoneum: \_\_\_\_\_
- \_\_\_\_ Bone: \_\_\_\_\_
- Other (specify): \_\_\_\_\_
- Cannot be determined:

#### pTNM CLASSIFICATION (AJCC Version 9) (Note G)

Reporting of pT, pN, and (when applicable) pM categories is based on information available to the pathologist at the time the report is issued. As per the AJCC (Chapter 1, 8th Ed.) it is the managing physician's responsibility to establish the final pathologic stage based upon all pertinent information, including but potentially not limited to this pathology report.

# Modified Classification (required only if applicable) (select all that apply)

- \_\_\_\_ Not applicable
- \_\_\_\_ y (post-neoadjuvant therapy)

\_\_\_\_ r (recurrence)

#### pT Category#

# Multiple tumors should be designated as such (the largest tumor should be used to assign T category). Use T(#); e.g., pT3(4) N0 M0, OR use the m suffix, T(m); e.g., pT3(m) N0 M0.

- \_\_\_\_ pT not assigned (cannot be determined based on available pathological information)
- \_\_\_\_ pT0: No evidence of primary tumor
- \_\_\_\_ pT1: Tumor invades the mucosa or submucosa, and is less than or equal to 1 cm in greatest dimension
- \_\_\_\_ pT2: Tumor invades the muscularis propria or is greater than 1 cm in greatest dimension
- \_\_\_\_ pT3: Tumor invades through the muscularis propria into subserosal tissue without penetration of overlying serosa
- \_\_\_\_ pT4: Tumor invades visceral peritoneum (serosal) or other organs or adjacent structures

# T Suffix (required only if applicable)

- \_\_\_\_ Not applicable
- \_\_\_\_ (m) multiple primary synchronous tumors in a single organ

#### **pN** Category

- \_\_\_\_ pN not assigned (no nodes submitted or found)
- \_\_\_\_ pN not assigned (cannot be determined based on available pathological information)
- \_\_\_\_ pN0: No tumor involvement of regional lymph node(s)
- \_\_\_\_ pN1: Tumor involvement of regional lymph node(s)

#### pM Category (required only if confirmed pathologically)

- \_\_\_\_ Not applicable pM cannot be determined from the submitted specimen(s)
- pM1: Microscopic confirmation of distant metastasis
- \_\_\_\_ pM1a: Microscopic confirmation of metastasis confined to liver
- \_\_\_\_ pM1b: Microscopic confirmation of metastasis in at least one extrahepatic site (e.g., lung, ovary, nonregional lymph node, peritoneum, bone), but not liver
- \_\_\_\_\_pM1c: Microscopic confirmation of both hepatic and extrahepatic metastases
- \_\_\_\_ pM1 (subcategory cannot be determined)

# ADDITIONAL FINDINGS (Note H)

#### +Additional Findings (select all that apply)

- \_\_\_\_ None identified
- \_\_\_\_ Gastric atrophy
  - +\_\_\_\_ Multifocal gastric atrophy
  - +\_\_\_\_ Diffuse gastric atrophy
- \_\_\_\_ Autoimmune gastritis
- \_\_\_\_ Intestinal metaplasia of gastric mucosa
- Glandular dysplasia of gastric mucosa
- \_\_\_\_ Endocrine cell hyperplasia
- \_\_\_\_ Absence of parietal cells
- \_\_\_\_ Tumor necrosis
- \_\_\_\_ Other (specify): \_\_\_\_\_

# COMMENTS

Comment(s): \_\_\_\_\_

## **Explanatory Notes**

## A. Application and Tumor Location

This protocol applies to well-differentiated neuroendocrine tumors (carcinoid tumors) of the stomach. Poorly differentiated neuroendocrine carcinomas (small cell and large cell neuroendocrine carcinoma) and tumors with mixed glandular/neuroendocrine differentiation are not included.<sup>1</sup>

Because of site-specific similarities in histology, immunohistochemistry, and histochemistry, neuroendocrine tumors of the digestive tract have traditionally been subdivided into those of foregut, midgut, and hindgut origin (Table 1). In general, the distribution pattern along the gastrointestinal (GI) tract parallels that of the progenitor cell type, and the anatomic site of origin of GI neuroendocrine tumors is an important predictor of clinical behavior.<sup>2</sup>

	Foregut Tumors	Midgut Tumors	Hindgut Tumors	
Site	Stomach, Proximal Duodenum	Jejunum, lleum,	Distal Colon, Rectum	
		Appendix, Proximal		
		Colon		
Immunohistochemistry				
Chromogranin A	86%-100% +	82%-92% +	40%-58% +	
Synaptophysin	50% +	95%-100% +	94%-100% +	
Serotonin	33% + <sup>3</sup>	86% + <u>3</u>	45%-83% + <u>3,4,5,6</u>	
Other	Rarely, + for pancreatic	Prostatic acid	Prostatic acid	
Immunohistochemical	polypeptide, histamine, gastrin,	phosphatase + in 20%-	phosphatase + in	
Markers	somatostatin, vasoactive intestinal	40% <u><sup>7.8</sup></u>	20%-82% <sup>3.4.5.2.6.7.8</sup>	
	peptide (VIP), or			
	adrenocorticotropic hormone			
	(ACTH)			
Carcinoid Syndrome	Rare	5%-39% <u><sup>9,10</sup></u>	Rare	

References

- 1. Burghart LJ, Chopp WV, Jain D. Protocol for the Examination of Specimens From Patients with Carcinoma of the Stomach. 2021. Available at <u>www.cap.org/cancerprotocols</u>.
- 2. Rorstad O. Prognostic indicators for carcinoid neuroendocrine tumors of the gastrointestinal tract. *J Surg Oncol.* 2005;89(3):151-160.
- 3. Eckhauser FE, Argenta LC, Strodel WE, et al. Mesenteric angiopathy, intestinal gangrene, and midgut carcinoids. *Surgery*. 1981;90(4):720-728.
- 4. Modlin IM, Lye KD, Kidd M. A 5-decade analysis of 13,715 carcinoid tumors. *Cancer.* 2003;97(4):934-959.
- 5. Graeme-Cook F. Neuroendocrine tumors of the GI tract and appendix. In: Odze RD, Goldblum JR, Crawford JM, eds. *Surgical Pathology of the GI Tract, Liver, Biliary Tract, and Pancreas*. Philadelphia, PA: Saunders; 2004: 483-504.
- Anlauf, M., N. Garbrecht, T. Henopp, A. Schmitt, R. Schlenger, A. Raffel, M. Krausch, et al. 'Sporadic Versus Hereditary Gastrinomas of the Duodenum and Pancreas: Distinct Clinico-Pathological and Epidemiological Features.' *World J Gastroenterol* 12, no. 34 (Sep 14 2006): 5440-5446.
- 7. Kimura N, Sasano N. Prostate-specific acid phosphatese in carcinoid tumors. Virchows Arch A

Pathol Anat Histopathol. 1986;410(3):247-251.

- 8. Nash SV, Said JW. Gastroenteropancreatic neuroendocrine tumors: a histochemical and immunohistochemical study of epithelial (keratin proteins, carcinoembryonic antigen) and neuroendocrine (neuron-specific enolase, bombesin and chromogranin) markers in foregut, midgut, and hindgut tumors. *Am J Clin Pathol.* 1986;86(2):415-422.
- 9. Williams GT. Endocrine tumours of the gastrointestinal tract: selected topics. *Histopathology.* 2007;50(1):30-41.
- 10. Garbrecht N, Anlauf M, Schmitt A, et al. Somatostatin-producing neuroendocrine tumors of the duodenum and pancreas: incidence, types, biological behavior, association with inherited syndromes, and functional activity. *Endocr Rel Cancer.* 2008;15(1):229-241.

# **B. Site-Specific Features**

Well-differentiated gastric neuroendocrine tumors are divided into 3 types (Table 2).<sup>1</sup> Type 1 enterochromaffin like (ECL)-cell tumors arising in the setting of chronic atrophic gastritis (often autoimmune) with associated hypergastrinemia are the most common. These lesions are composed of enterochromaffin-like (ECL) cells and are usually found as multiple small nodules/polyps in the body of the stomach and limited to the mucosa and submucosa. Type 1 lesions are generally indolent and may regress; lymph node metastases are very rare and occur only when the tumors are large (greater than 2 cm) and infiltrate the muscularis propria.

Type 2 ECL-cell gastric neuroendocrine tumors are rare. These multifocal small tumors, which are associated with multiple endocrine neoplasia (MEN) type 1 with Zollinger-Ellison syndrome, develop in the body of the stomach, are usually smaller than 1.5 cm, and are confined to the mucosa or submucosa. However, in contrast to type 1 tumors, 10% to 30% metastasize. Tumors greater than 2 cm and invading the muscularis propria and exhibiting vascular invasion are more likely to metastasize.

Type 3 gastric neuroendocrine tumors, the second most common neuroendocrine tumor in the stomach, are sporadic solitary tumors that are unassociated with atrophic gastritis, hypergastrinemia, or endocrine cell hyperplasia. These tumors may occur anywhere in the stomach. Metastasis is common and is associated with larger mean size, angioinvasion, and invasion of muscularis propria. Surgical resection is usually advised for solitary gastric neuroendocrine tumors, particularly those larger than 2.0 cm, but tumors smaller than 1.0 cm have been rarely reported to metastasize.<sup>2</sup> Recently amongst type 3 gastric NETs a subset has been recognized that is associated with long-term proton pump inhibitors (PPI) use. Long term PPI use has been defined as >1 year in most studies and the background gastric mucosa in such cases typically shows parietal cell hyperplasia and endocrine cell hyperplasia in the gastric body as well as the antrum. Such tumors are typically G1 or G2, rarely metastasize and have much better prognosis compared to those that are not associated with PPI.<sup>3.4</sup>

In addition to the above 4 types that represent mostly ECL-cell tumors, based on the cell of origin other rare variants include: 1) Serotonin-producing enterochromaffin (EC)-cell neuroendocrine tumors, which have morphologic features similar to those of ileal EC-cell neuroendocrine tumors; 2) Gastrin-producing G-cell neuroendocrine tumor and gastrinoma; and 3) Somatostatin-producing D-cell neuroendocrine tumors.<sup>1</sup>

# References

1. WHO Classification of Tumours Editorial Board. *Digestive system tumours*. Lyon (France): International Agency for Research on Cancer; 2019. (WHO classification of tumours series, 5th

ed.; vol. 1).

- Xie SD, Wang LB, Song XY, Pan T. Minute gastric carcinoid with regional lymph node metastasis: a case report and review of the literature. *World J Gastroenterol.* 2004;10(16):2461-2463
- Rais, R., N. A. Trikalinos, J. Liu, and D. Chatterjee. 'Enterochromaffin-Like Cell Hyperplasia-Associated Gastric Neuroendocrine Tumors May Arise in the Setting of Proton Pump Inhibitor Use.' Arch Pathol Lab Med 146, no. 3 (Mar 1 2022): 366-371.
- 4. Trinh, V. Q., C. Shi, and C. Ma. 'Gastric Neuroendocrine Tumours from Long-Term Proton Pump Inhibitor Users Are Indolent Tumours with Good Prognosis.' *Histopathology* 77, no. 6 (Dec 2020): 865-867.

# C. Histologic Type

The World Health Organization (WHO) classifies neuroendocrine neoplasms as well-differentiated neuroendocrine tumors (either the primary tumor or metastasis) and poorly differentiated neuroendocrine carcinomas.<sup>1,2,3,4</sup> Historically, well-differentiated neuroendocrine tumors have been referred to as "carcinoid" tumors, a term which may cause confusion because clinically a carcinoid tumor is a serotonin-producing tumor associated with functional manifestations of carcinoid syndrome. The use of the term "carcinoid" for neuroendocrine tumor reporting is therefore discouraged for these reasons.

Classification of neuroendocrine tumors (NETs) is based upon size, functionality, site, and invasion. Functioning tumors are those associated with clinical manifestations of hormone production or secretion of measurable amounts of active hormone; immunohistochemical demonstration of hormone production is not equivalent to clinically apparent functionality.

Although specific histologic patterns in well-differentiated neuroendocrine tumors, such as trabecular, insular, and glandular, roughly correlate with tumor location, these patterns have not been clearly shown independently to predict response to therapy or risk of nodal metastasis and are rarely reported in clinical practice.

Immunohistochemistry and other ancillary techniques are generally not required to diagnose welldifferentiated neuroendocrine tumors. Specific markers that may be used to establish neuroendocrine differentiation include chromogranin A, synaptophysin, and CD56.<sup>2</sup> Because of their relative sensitivity and specificity, chromogranin A and synaptophysin are recommended, although INSM1 is also emerging as a good marker for endocrine differentiation.<sup>5.6</sup> Immunohistochemistry for specific hormone products, such as gastrin, may be of interest in some cases. However, immunohistochemical demonstration of hormone production does not equate with clinical functionality of the tumor.

# References

- 1. Graeme-Cook F. Neuroendocrine tumors of the GI tract and appendix. In: Odze RD, Goldblum JR, Crawford JM, eds. *Surgical Pathology of the GI Tract, Liver, Biliary Tract, and Pancreas*. Philadelphia, PA: WB Saunders; 2004:483-504.
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- 3. Kloppel G, Perren A, Heitz PU. The gastroenteropancreatic neuroendocrine cell system and its tumors: the WHO classification. *Ann N Y Acad Sci.* 2004;1014:13-27.
- 4. WHO Classification of Tumours Editorial Board. *Digestive system tumours*. Lyon (France): International Agency for Research on Cancer; 2019. (WHO classification of tumours series, 5th

ed.; vol. 1).

- 5. Zhang Q, Huang J, He Y, Cao R, Shu J. Insulinoma-associated protein 1(INSM1) is a superior marker for the diagnosis of gastroenteropancreatic neuroendoerine neoplasms: a meta-analysis. *Endocrine*. 2021;74(1):61-71.
- McHugh KE, Mukhopadhyay S, Doxtader EE, Lanigan C, Allende DS. INSM1 Is a Highly Specific Marker of Neuroendocrine Differentiation in Primary Neoplasms of the Gastrointestinal Tract, Appendix, and Pancreas. *Am J Clin Pathol*. 2020;153(6):811-820.

# D. Histologic Grade

Cytologic atypia in well-differentiated neuroendocrine tumors has no impact on clinical behavior of these tumors. The WHO classification<sup>1</sup> and others<sup>2</sup> use mitotic rate and/or Ki-67 index as one of the criteria for potential for aggressive behavior. Mitotic rate should be reported as number of mitoses per 2 mm<sup>2</sup>, by evaluating at least 10 mm<sup>2</sup> in the most mitotically active part of the tumor. Only clearly identifiable mitotic figures should be counted; hyperchromatic, karyorrhectic, or apoptotic nuclei are excluded. Because of variations in field size, the number of high-power fields (HPF) (at 40X magnification) for 10 mm<sup>2</sup> (thereby 2 mm<sup>2</sup>) must be determined for each microscope (Table 3). For example, if using a microscope with a field diameter of 0.55 mm, count 42 HPF and divide the resulting number of mitoses by 5 to determine the number of mitoses per 2 mm<sup>2</sup> needed to assign tumor grade.

Field Diameter (mm)	Area (mm <sup>2</sup> )	Number of HPF for 10mm <sup>2</sup>	
0.40	0.125	80	
0.41	0.132	75	
0.42	0.139	70	
0.43	0.145	69	
0.44	0.152	65	
0.45	0.159	63	
0.46	0.166	60	
0.47	0.173	58	
0.48	0.181	55	
0.49	0.189	53	
0.50	0.196	50	
0.51	0.204	49	
0.52	0.212	47	
0.53	0.221	45	
0.54	0.229	44	
0.55	0.238	42	
0.56	0.246	41	
0.57	0.255	39	
0.58	0.264	38	
0.59	0.273	37	
0.60	0.283	35	
0.61	0.292	34	
0.62	0.302	33	
0.63	0.312	32	
0.64	0.322	31	
0.65	0.332	30	
0.66	0.342	29	

0.67	0.353	28
0.68	0.363	28
0.69	0.374	28

Ki-67 index is reported as percent positive tumor cells in area of highest nuclear labeling ("hot spot"), although the precise method of assessment has not been standardized. A number of methods have been used to assess Ki-67 index, including automatic counting and "eyeballing." <sup>3.4</sup> Automated counting is not widely available and requires careful modification of the software to circumvent the inaccuracies.<sup>3</sup> Eyeballing can be used for most tumors; however, for tumors with Ki-67 index close to grade cut-offs, it is recommended to perform the manual count on the print of camera-captured image of the hot spot. It has been recommended that a minimum of 500 tumor cells be counted to determine the Ki-67 index, and a notation is made if less cells are available. Grade assigned based on Ki-67 index is typically higher than that based on mitotic count, and the case is assigned to the higher of the 2 if both methods are performed.<sup>1</sup>

It is important to note that there are a small group of well-differentiated neuroendocrine tumors with a Ki-67 index >20% and a mitotic rate usually <20 per 10 HPF. In WHO-2010, these tumors were considered as G3 poorly differentiated neuroendocrine carcinomas. However, they have typical morphology of welldifferentiated tumors.

Previous studies (most on pancreatic neuroendocrine tumors) have demonstrated that these tumors have a worse prognosis than grade 2 (Ki-67=3-20 % and mitosis <20/10 HPF) neuroendocrine tumors, but they are not as aggressive as poorly differentiated neuroendocrine carcinomas.<sup>5</sup> In addition, these tumors do abnormalities poorly differentiated not have the genetic seen in neuroendocrine carcinomas.<sup>6</sup> Furthermore, unlike poorly differentiated neuroendocrine carcinomas, they are less responsive to platinum-based chemotherapy.<sup>2</sup> In the WHO-2019 blue book of digestive system tumors,<sup>1</sup> and AJCC Version 9,<sup>8</sup> those with typical morphology of well-differentiated tumors are classified as "well differentiated neuroendocrine tumor" but as grade 3 (Table 4).

Table
4.
Recommended
Grading
System
for
Well-Differentiated
Gastroenteropancreatic

Neuroendocrine
Tumors
T

Grade	Mitotic Rate (per 2mm <sup>2</sup> )	Ki-67 index (%)
Well-differentiated neuroendocrine tumor, G1	<2	<3
Well-differentiated neuroendocrine tumor, G2	2-20	3-20
Well-differentiated neuroendocrine tumor, G3	>20	>20

References

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# E. Tumor Size

For well-differentiated neuroendocrine tumors in any part of the gastrointestinal tract, size greater than 2.0 cm is associated with a higher risk of lymph node metastasis. In the stomach, types 3 neuroendocrine tumors are significantly larger than type 1 tumors,<sup>1</sup> which usually measure 1 cm or less<sup>2.3</sup> (Table 2). Tumor size correlates with depth of invasion for gastric neuroendocrine tumors, with larger tumors more likely to be deeply infiltrative and thus at higher risk for metastases. Regardless of size, any nodules with invasion are defined as neuroendocrine tumors; lesions without invasion can be regarded as neuroendocrine cell dysplasia or hyperplasia.<sup>4</sup>

	Type 1	Type 2	Туре 3	PPI-associated
Frequency	65% of cases	2%	13% of cases	20%
Multiplicity	Multifocal	Multifocal	Solitary	Single or multifocal
Size	0.5-1.0 cm	~1.5 cm or less	Variable; one-third are	Generally small in
			larger than 2 cm	size
Location	Corpus	Corpus	Anywhere in stomach	Corpus
Hypergastrinemia	Present	Present	Absent	Present
Acid secretion	Low or absent	High	Normal	Unknown
Association	Chronic atrophic	Multiple endocrine	Sporadic	Long-term PPI use
	gastritis	type 1 (MEN-1)		
Background gastric	Enterochromaffin-like	Parietal cell	Usually normal	Parietal cell
mucosa	(ECL) cell	hyperplasia; ECL		hyperplasia; ECL cell
	hyperplasia, partial	cell hyperplasia		hyperplasia, antral
	or complete loss of			neuroendocrine cell
	parietal cells,			hyperplasia
	intestinal metaplasia			
Clinical Behavior	Usually indolent:	10-30% metastasize	71% of tumors >2 cm	Rarely metastasize,
	~100% 5-year		with muscularis	~100% 5-year survival
	survival		propria and vascular	
			invasion have lymph	
			node metastases	
Demographic	70-80% are females	Equally in males	More common in	Equally in males and
Profile	in their 50s and 60s	and females, mean	males, mean age 55 y	females, in their 50s
		age 50 y		and 60s

## Table 2. Types of Well-Differentiated Gastric Neuroendocrine Tumors

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# F. Circumferential (Radial) Margin

For surgical resection specimens, margins include the proximal, distal, and radial margins. The radial margins represent the nonperitonealized soft tissue margins closest to the deepest penetration of tumor. In the stomach, the lesser omental (hepatoduodenal and hepatogastric ligaments) and greater omental resection margins are the only radial margins. For endoscopic resection specimens, margins include mucosal margins and the deep margin of resection. It may be helpful to mark the margin(s) closest to the tumor with ink. Margins marked by ink should be designated in the macroscopic description.

# G. pTNM Classification

The TNM staging system for gastric neuroendocrine tumors of the American Joint Committee on Cancer (AJCC) and the International Union Against Cancer (UICC) is recommended.<sup>1</sup>

By AJCC/UICC convention, the designation "T" refers to a primary tumor that has not been previously treated. The symbol "p" refers to the pathologic classification of the TNM, as opposed to the clinical classification, and is based on gross and microscopic examination. pT entails a resection of the primary tumor or biopsy adequate to evaluate the highest pT category, pN entails removal of nodes adequate to validate lymph node metastasis, and pM implies microscopic examination of distant lesions. Clinical classification (cTNM) is usually carried out by the referring physician before treatment during initial evaluation of the patient or when pathologic classification is not possible.

Pathologic staging is usually performed after surgical resection of the primary tumor. Pathologic staging depends on pathologic documentation of the anatomic extent of disease, whether or not the primary tumor has been completely removed. If a biopsied tumor is not resected for any reason (e.g., when technically unfeasible) and if the highest T and N categories or the M1 category of the tumor can be confirmed microscopically, the criteria for pathologic classification and staging have been satisfied without total removal of the primary cancer.

# **TNM Descriptors**

For identification of special cases of TNM or pTNM classifications, the "m" suffix and "y," "r," and "a" prefixes are used. Although they do not affect the stage grouping, they indicate cases needing separate analysis.

<u>The "m" suffix</u> indicates the presence of multiple primary tumors in a single site and is recorded in parentheses: pT(m)NM.

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<u>The "y" prefix</u> indicates those cases in which classification is performed during or following initial multimodality therapy (i.e., neoadjuvant chemotherapy, radiation therapy, or both chemotherapy and radiation therapy). The cTNM or pTNM category is identified by a "y" prefix. The ycTNM or ypTNM categorizes the extent of tumor actually present at the time of that examination. The "y" categorization is not an estimate of tumor prior to multimodality therapy (i.e., before initiation of neoadjuvant therapy).

<u>The "r" prefix</u> indicates a recurrent tumor when staged after a documented disease-free interval, and is identified by the "r" prefix: rTNM.

The "a" prefix designates the stage determined at autopsy: aTNM.

# N Category Considerations

The specific nodal areas of the stomach are listed below.<sup>2</sup>

Greater curvature of stomach:

Greater curvature, greater omental, gastroduodenal, gastroepiploic, pyloric, and pancreaticoduodenal

Pancreatic and splenic areas: Pancreaticolienal, peripancreatic, splenic

Lesser curvature of stomach:

Lesser curvature, lesser omental, left gastric, cardioesophageal, common hepatic, celiac, and hepatoduodenal

Involvement of other intra-abdominal lymph nodes, such as retropancreatic, mesenteric, and para-aortic, is classified as distant metastasis.<sup>2</sup>

#### M Category Considerations

The liver is the most common metastatic site. Metastases to extrahepatic sites, such as lung, ovary, peritoneum and bone, are rare. Involvement of the celiac, para-aortic, and other nonregional lymph nodes is also considered M1 disease. In the AJCC Version 9, M is subcategorized into M1a (hepatic only), M1b (extrahepatic only), and M1c (both hepatic and extrahepatic).

References

- 1. AJCC Version 9 Neuroendocrine Tumors of the Stomach Cancer Staging System. Copyright 2023 American College of Surgeons.
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#### **H. Additional Findings**

Most gastric neuroendocrine tumors (type-I) arise in the setting of hypergastrinemia secondary to atrophic gastritis such as autoimmune gastritis (see Note B). Autoimmune gastritis may be also associated with glandular dysplasia and, in rare cases, gastric adenocarcinoma. Coagulative tumor necrosis, usually punctate, may indicate more aggressive behavior,<sup>1</sup> which is more commonly seen in type-III gastric neuroendocrine tumors, and should be reported.

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# References

1. Rindi G, Kloppel G, Alhman H, et al; and all other Frascati Consensus Conference participants; European Neuroendocrine Tumor Society (ENETS). TNM staging of foregut (neuro)endocrine tumors: a consensus proposal including a grading system. *Virchows Arch.* 2006;449(4):395-401.