

# Protocol for the Examination of Specimens From Patients With Neuroendocrine Tumors (Carcinoid Tumors) of the Jejunum and Ileum

**Version:** Jejunum/IleumNET 1.0.0.1 **Protocol Posting Date:** June 2017 Includes pTNM requirements from the 8<sup>th</sup> Edition, AJCC Staging Manual

For accreditation purposes, this protocol should be used for the following procedures AND tumor types:

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Procedure	Description		
Resection	Includes specimens designated segmental resection – small intestine and ileocolectomy		
Tumor Type	Description		
Well-differentiated tumor of the jejunum			
and ileum			

This protocol is NOT required for accreditation purposes for the following:

	1
Proc	edure
Biops	sy
Prima	ary resection specimen with no residual cancer (eg, following neoadjuvant therapy)
Recu	urrent tumor
Cytol	logic specimens

The following tumor types should NOT be reported using this protocol:

Tumor Type
Well-differentiated tumor of the duodenum and ampulla (consider the Duodenum and Ampulla
Carcinoma protocol)
Poorly differentiated neuroendocrine carcinoma including small cell and large cell neuroendocrine
carcinoma (consider the Small Intestine protocol)
Other epithelial tumors including mixed adenoneuroendocrine carcinoma (consider the Small Intestine
protocol
Lymphoma (consider the Hodgkin or non-Hodgkin Lymphoma protocols)
Gastrointestinal stromal tumor (GIST) (consider the GIST protocol)
Non-GIST sarcoma (consider the Soft Tissue protocol)

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With guidance from the CAP Cancer and CAP Pathology Electronic Reporting Committees.

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#### **Accreditation Requirements**

This protocol can be utilized for a variety of procedures and tumor types for clinical care purposes. For accreditation purposes, only the definitive primary cancer resection specimen is required to have the core and conditional data elements reported in a synoptic format.

- Core data elements are required in reports to adequately describe appropriate malignancies. For
  accreditation purposes, essential data elements must be reported in all instances, even if the response is
  "not applicable" or "cannot be determined."
- <u>Conditional data elements</u> are only required to be reported if applicable as delineated in the protocol. For instance, the total number of lymph nodes examined must be reported, but only if nodes are present in the specimen.
- Optional data elements are identified with "+" and although not required for CAP accreditation purposes, may be considered for reporting as determined by local practice standards.

The use of this protocol is not required for recurrent tumors or for metastatic tumors that are resected at a different time than the primary tumor. Use of this protocol is also not required for pathology reviews performed at a second institution (ie, secondary consultation, second opinion, or review of outside case at second institution).

#### Synoptic Reporting

All core and conditionally required data elements outlined on the surgical case summary from this cancer protocol must be displayed in synoptic report format. Synoptic format is defined as:

- Data element: followed by its answer (response), outline format without the paired "Data element: Response" format is NOT considered synoptic.
- The data element should be represented in the report as it is listed in the case summary. The response for any data element may be modified from those listed in the case summary, including "Cannot be determined" if appropriate.
- Each diagnostic parameter pair (Data element: Response) is listed on a separate line or in a tabular format to achieve visual separation. The following exceptions are allowed to be listed on one line:
  - o Anatomic site or specimen, laterality, and procedure
  - Pathologic Stage Classification (pTNM) elements
  - Negative margins, as long as all negative margins are specifically enumerated where applicable
- The synoptic portion of the report can appear in the diagnosis section of the pathology report, at the end of the report or in a separate section, but all Data element: Responses must be listed together in one location Organizations and pathologists may choose to list the required elements in any order, use additional methods in order to enhance or achieve visual separation, or add optional items within the synoptic report. The report may have required elements in a summary format elsewhere in the report IN ADDITION TO but not as replacement for the synoptic report i.e. all required elements must be in the synoptic portion of the report in the format defined

#### CAP Laboratory Accreditation Program Protocol Required Use Date: March 2018\*

\* Beginning January 1, 2018, the 8th edition AJCC Staging Manual should be used for reporting pTNM.

## **CAP Jejunum/Ileum NET Protocol Summary of Changes**

#### Version 1.0.0.1

above.

Corrected Notes for area on table to 2mm<sup>2</sup>

#### Version 1.0.0.0

The Small Intestine NET protocol was divided into 2 separate new protocols: Duodenum/Ampulla NET and Jejunum/Ileum NET protocols.

# **Surgical Pathology Cancer Case Summary**

Protocol posting date: June 2017
JEJUNUM AND ILEUM NEUROENDOCRINE TUMOR
Select a single response unless otherwise indicated.
Procedure  Segmental resection, small intestine  Ileocolic resection  Other (specify):  Not specified
Tumor Site (Notes A and B)  Jejunum  Ileum  Small intestine, not otherwise specified  Other (specify):
Tumor Size (Note C)  Greatest dimension (centimeters): cm (specify size of largest tumor if multiple tumors are present)  + Additional dimensions (centimeters): x cm  Cannot be determined (explain):
Tumor Focality Unifocal Multifocal (specify number of tumors): Cannot be determined
Histologic Type and Grade (Notes D and E)#  G1: Well-differentiated neuroendocrine tumor  G2: Well-differentiated neuroendocrine tumor  G3: Well-differentiated neuroendocrine tumor  Other (specify):  GX: Well-differentiated neuroendocrine tumor, grade cannot be assessed  Not applicable
Note: For poorly differentiated (high-grade) neuroendocrine carcinomas arising in the jejunum or ileum, the College of American Pathologists (CAP) protocol for carcinoma of the small intestine should be used. <sup>1</sup>
Mitotic rate and/or Ki-67 labeling index is required to determine histologic grade
Mitotic Rate (Note E)#  <2 mitoses/2mm² 2-20 mitoses/2mm² + Specify mitoses per 2mm²: >20 mitoses per 2mm² + Specify mitoses per 2mm²: Cannot be determined (explain): Not applicable

<sup>#</sup> Mitotic rate should be reported as number of mitoses per 2 mm², by evaluating at least 10 mm² in the most mitotically active part of the tumor (eg, if using a microscope with a field diameter of 0.55 mm, count 42 high-power fields [10 mm²] and divide the resulting number of mitoses by 5 to determine the number of mitoses per 2 mm² needed to assign tumor grade).

<sup>+</sup> Data elements preceded by this symbol are not required for accreditation purposes. These optional elements may be clinically important but are not yet validated or regularly used in patient management.

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Ki-67 Labeling Index (Note E)
<3% 3% to 20%
+ Specify Ki-67 percentage:%
>20%
+ Specify Ki-67 percentage:%
Cannot be determined (explain):
Not applicable
Tumor Extension
No evidence of primary tumor
Tumor invades the lamina propria
Tumor invades the submucosa
Tumor invades the muscularis propria
<ul> <li>Tumor invades through the muscularis propria into subserosal tissue without penetration of overlying serosa</li> <li>Tumor invades visceral peritoneum (serosa)</li> </ul>
Tumor invades other organs or adjacent structures (specify):
Cannot be assessed
Margins
Note: Use this section only if all margins are uninvolved and all margins can be assessed.
All margins are uninvolved by tumor
Margins examined:
Note: Margins may include proximal, distal, radial or mesenteric, and others.
+ Distance of tumor from closest margin (millimeters or centimeters): mm or cm
+ Specify closest margin:
Individual margin reporting required if any margins are involved or margin involvement cannot be assessed
Proximal Margin
Cannot be assessed
Uninvolved by tumor
Involved by tumor
Distal Margin
Cannot be assessed
Uninvolved by tumor
Involved by tumor
Radial or Mesenteric Margin (Note F)
Cannot be assessed
Uninvolved by tumor
Involved by tumor
Other Margin(s) (required only if applicable)
Specify margin(s):
Cannot be assessed
Uninvolved by tumor
Involved by tumor
Lymphovascular Invasion
Not identified
Present
Cannot be determined

Data elements preceded by this symbol are not required for accreditation purposes. These optional elements may be clinically important but are not yet validated or regularly used in patient management.

+ Perineural Invasion  + Not identified  + Present  + Cannot be determined
Large Mesenteric Masses (>2 cm) (Note G)  Not identified Present + Specify number: Cannot be determined
Regional Lymph Nodes
No lymph nodes submitted or found
Lymph Node Examination (required only if lymph nodes are present in the specimen)
Number of Lymph Nodes Involved: Number cannot be determined (explain):
Number of Lymph Nodes Examined: Number cannot be determined (explain):
Pathologic Stage Classification (pTNM, AJCC 8 <sup>th</sup> Edition) (Note G)  Note: Reporting of pT, pN, and (when applicable) pM categories is based on information available to the pathologist at the time the report is issued. Only the applicable T, N, or M category is required for reporting; their definitions need not be included in the report. The categories (with modifiers when applicable) can be listed on 1 line or more than 1 line.
TNM Descriptors (required only if applicable) (select all that apply)  m (multiple primary tumors) r (recurrent) y (posttreatment)
Primary Tumor (pT)pTX: Primary tumor cannot be assessedpT0: No evidence of primary tumorpT1 <sup>#</sup> : Invades the lamina propria or submucosa and less than or equal to 1 cm in sizepT2 <sup>#</sup> : Invades the muscularis propria or greater than 1 cm in sizepT3 <sup>#</sup> : Invades through the muscularis propria into subserosal tissue without penetration of overlying serosapT4 <sup>#</sup> : Invades visceral peritoneum (serosal) or other organs or adjacent structures
** Note: For any T, add (m) for multiple tumors [TX(#) or TX(m), where $X = 1-4$ , and # = number of primary tumors identified to multiple tumors with different T, use the highest.
** Example: If there are 2 primary tumors, only 1 of which invades through the muscularis propria into subserosal tissue without penetration of overlying serosa (jejunal or ileal), we define the primary tumor as either T3(2) or T3(m).
Regional Lymph Nodes (pN)  pNX: Regional lymph nodes cannot be assessed  pN0: No regional lymph node metastasis has occurred  pN1: Regional lymph node metastasis less than 12 nodes  pN2: Large mesenteric masses (>2 cm) and/or extensive nodal deposits (12 or greater), especially those that encase the superior mesenteric vessels

+ Data elements preceded by this symbol are not required for accreditation purposes. These optional elements may be clinically important but are not yet validated or regularly used in patient management.

### **CAP Approved**

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<u>Distant Metastasis (pM) (required only if confirmed pathologically in this case)</u>
pM1: Distant metastasis
pM1a: Metastasis confined to liver
pM1b: Metastasis in at least one extrahepatic site (eg, lung, ovary, nonregional lymph node, peritoneum, bone)
Specify site(s), if known:
pM1c: Both hepatic and extrahepatic metastases
Specify site(s), if known:
+ Additional Pathologic Findings (select all that apply) (Note H)  + None identified  + Tumor necrosis  + Mesenteric tumor deposit(s) ≤2 cm  + Mesenteric vascular elastosis  + Other (specify):
+ Comment(s)

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### **Explanatory Notes**

#### A. Application and Tumor Location

This protocol applies to well-differentiated neuroendocrine tumors (carcinoid tumors) of the jejunum and ileum. Poorly differentiated neuroendocrine carcinomas (small cell carcinomas and large cell neuroendocrine carcinomas) and tumors with mixed glandular/neuroendocrine differentiation are not included. Neuroendocrine tumors of the duodenum and ampulla of Vater use a separate CAP cancer protocol. 2

Because of site-specific similarities in histology, immunohistochemistry, and histochemistry, neuroendocrine tumors of the digestive tract have traditionally been subdivided into those of foregut, midgut, and hindgut origin (Table 1). In general, the distribution pattern along the gastrointestinal (GI) tract parallels that of the progenitor cell type, and the anatomic site of origin of GI neuroendocrine tumors is an important predictor of clinical behavior.<sup>3</sup>

**Table 1. Site of Origin of Gastrointestinal Neuroendocrine Tumors** 

	Foregut Tumors	Midgut Tumors	Hindgut Tumors
Site	Stomach, Proximal Duodenum	Jejunum, Ileum, Appendix, Proximal Colon	Distal Colon, Rectum
Immunohistochemistry Chromogranin A Synaptophysin Serotonin	86%-100% + 50% + 33% + <sup>19</sup>	82%-92% + 95%-100% + 86% + <sup>17</sup>	40%-58% + 94%-100% + 45%-83% + <sup>4,5,19</sup>
Other Immunohistochemical Markers	Rarely, + for pancreatic polypeptide, histamine, gastrin, vasoactive intestinal peptide (VIP), or adrenocorticotropic hormone (ACTH)	Prostatic acid phosphatase + in 20%-40% <sup>19</sup>	Prostatic acid phosphatase + in 20%-82% <sup>4, 5,19</sup>
Carcinoid Syndrome	Rare	5%-39% <sup>6</sup>	Rare

#### **B. Site-Specific Features**

The small intestine is the most common primary site for neuroendocrine tumors. <sup>4-6</sup> Most small intestine neuroendocrine tumors occur in the distal ileum. Multiple tumors are found in 25% to 40% of cases and may be associated with a worse outcome. <sup>7</sup> Primary jejunal and ileal tumors are often small and asymptomatic. However, extensive fibrosis can form when they invade deep soft tissue (eg, mesenteric soft tissue), causing small bowel obstruction and small bowel ischemia due to encasement of the superior mesenteric vessels. In addition, about 50% of patients with jejunoileal neuroendocrine tumor have liver metastasis as the initial presentation, and patients with liver metastasis can have carcinoid syndrome (eg, flushing, diarrhea, and wheezing). Metastatic risk is increased by tumor size >2 cm, involvement of the muscularis propria, and mitotic activity. <sup>3</sup>

#### C. Tumor Size

For neuroendocrine tumors in any part of the gastrointestinal tract, size greater than 2.0 cm is associated with a higher risk of lymph node metastasis. For jejunoileal tumors, nodal metastases occur in about 12% of patients with tumors smaller than 1.0 cm and in most patients with tumors larger than 1.0 cm. Thus, treatment for small intestine neuroendocrine tumor includes complete resection with regional lymphadenectomy.

#### D. Histologic Type

The World Health Organization (WHO) classifies neuroendocrine neoplasms as well-differentiated neuroendocrine tumors (either the primary tumor or metastasis) and poorly differentiated neuroendocrine carcinomas. Historically, well-differentiated neuroendocrine tumors have been referred to as "carcinoid tumors," a term which may cause confusion because clinically a carcinoid tumor is a serotonin-producing tumor associated with functional manifestations of carcinoid syndrome. The use of the term "carcinoid" for neuroendocrine tumor reporting is therefore discouraged for these reasons.

Classification of neuroendocrine tumors is based upon size, functionality, site, and invasion. Functioning tumors are those associated with clinical manifestations of hormone production or secretion of measurable amounts of active hormone; immunohistochemical demonstration of hormone production is not equivalent to clinically apparent functionality.

Immunohistochemistry and other ancillary techniques are generally not required to diagnose well-differentiated neuroendocrine tumors. Specific markers that may be used to establish neuroendocrine differentiation include chromogranin A, synaptophysin, and CD56. Because of their relative sensitivity and specificity, chromogranin A and synaptophysin are recommended.

#### E. Histologic Grade

Cytologic atypia in well-differentiated neuroendocrine tumors has no impact on clinical behavior of these tumors. The WHO classification<sup>8</sup> and others<sup>9</sup> use mitotic rate and/or Ki-67 index as one of the criteria for potential for aggressive behavior. Mitotic rate should be reported as number of mitoses per 2 mm², by evaluating at least 10 mm² in the most mitotically active part of the tumor. Only clearly identifiable mitotic figures should be counted; hyperchromatic, karyorrhectic, or apoptotic nuclei are excluded. Because of variations in field size, the number of high-power field (HPF) (at 40X magnification) for 10 mm² (thereby 2 mm²) must be determined for each microscope (Table 2). For example, if using a microscope with a field diameter of 0.55 mm, count 42 HPF and divide the resulting number of mitoses by 5 to determine the number of mitoses per 2 mm² needed to assign tumor grade.

Table 2. Number of HPF Required for 10 mm<sup>2</sup> Using Microscopes With Different Field Diameter

Field Diameter (mm)	Area (mm²)	Number of HPF for 10 mm <sup>2</sup>
0.40	0.125	80
0.41	0.132	75
0.42	0.139	70
0.43	0.145	69
0.44	0.152	65
0.45	0.159	63
0.46	0.166	60
0.47	0.173	58
0.48	0.181	55
0.49	0.189	53
0.50	0.196	50
0.51	0.204	49
0.52	0.212	47
0.53	0.221	45
0.54	0.229	44
0.55	0.238	42
0.56	0.246	41
0.57	0.255	39
0.58	0.264	38
0.59	0.273	37
0.60	0.283	35

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0.61	0.292	34
0.62	0.302	33
0.63	0.312	32
0.64	0.322	31
0.65	0.332	30
0.66	0.342	29
0.67	0.353	28
0.68	0.363	28
0.69	0.374	28

Ki-67 index is reported as percent positive tumor cells in area of highest nuclear labeling ("hot spot"), although the precise method of assessment has not been standardized. A number of methods have used to assess Ki-67 index, including automatic counting and "eyeballing." Automated counting is not widely available and requires careful modification of the software to circumvent the inaccuracies. Eye-balling can be used for most tumors; however, for tumors with Ki-67 index close to grade cut-offs, it is recommended to perform the manual count on the print of camera-captured image of the hot spot. It has been recommended that a minimum of 500 tumor cells be counted to determine the Ki-67 index, and a notation is made if less cells are available. Grade assigned based on Ki-67 index is typically higher than that based on mitotic count, and the case is assigned to the higher of the 2 if both methods are performed.

It is important to note that there are a small group of well-differentiated neuroendocrine tumors with a Ki-67 index >20% and a mitotic rate usually <20 per 10 HPF. In WHO-2010, these tumors were considered as G3 poorly differentiated neuroendocrine carcinomas. However, they have typical morphology of well-differentiated tumors. Previous studies (most on pancreatic neuroendocrine tumors) have demonstrated that these tumors have a worse prognosis than grade 2 (Ki-67=3-20% and mitosis <20/10 HPF) neuroendocrine tumors, but they are not as aggressive as poorly differentiated neuroendocrine carcinomas. In addition, these tumors do not have the genetic abnormalities seen in poorly differentiated neuroendocrine carcinomas. Furthermore, unlike poorly differentiated neuroendocrine carcinomas, they are less responsive to platinum-based chemotherapy. In the WHO-2017 blue book of endocrine tumors and AJCC 8th edition, those with typical morphology of well-differentiated tumors are classified as "well differentiated neuroendocrine tumor" but as grade 3. Here, the updated classification for "endocrine" tumors is adapted, and following grading scheme is recommended to grade well-differentiated gastroenteropancreatic neuroendocrine tumors (Table 3).

Table 3

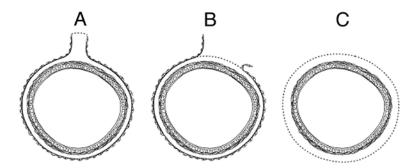
Recommended Grading System for Well-Differentiated Gastroenteropancreatic Neuroendocrine Tumors

Grade	Mitotic Rate (per 2mm²)	Ki-67 Index (%)
Well-differentiated neuroendocrine tumor, G1	<2	<3
Well-differentiated neuroendocrine tumor, G2	2 to 20	3 to 20
Well-differentiated neuroendocrine tumor, G3	>20	>20

#### F. Circumferential (Radial or Mesenteric) Margin

In addition to addressing the proximal and distal margins, assessment of the circumferential (radial) margin is necessary for any segment of gastrointestinal tract either unencased (Figure, C) or incompletely encased by peritoneum (Figure, B). The circumferential margin represents the adventitial soft tissue margin closest to the deepest penetration of tumor and is created surgically by blunt or sharp dissection of the retroperitoneal or subperitoneal aspect, respectively. The distance between the tumor and circumferential (radial) margin should be reported, if applicable. The circumferential (radial) margin is considered positive if the tumor is present at the inked nonperitonealized surface. This assessment includes tumor within a lymph node as well as direct tumor extension, but if circumferential (radial) margin positivity is based solely on intranodal tumor, this should be so stated.

The mesenteric resection margin is the only relevant circumferential margin in segments completely encased by peritoneum (eg, jejunum and ileum) (Figure, A). Involvement of this margin should be reported even if tumor does not penetrate the serosal surface.



A, Mesenteric margin in viscus completely encased by peritoneum (dotted line). B, Circumferential (radial) margin (dotted line) in viscus incompletely encased by peritoneum. C, Circumferential (radial) margin (dotted line) in viscus completely unencased by peritoneum.

#### G. Pathologic Stage Classification

The TNM staging system for neuroendocrine tumors of the jejunum and ileum of the American Joint Committee on Cancer (AJCC) and the International Union Against Cancer (UICC) is recommended.<sup>15</sup>

By AJCC/UICC convention, the designation "T" refers to a primary tumor that has not been previously treated. The symbol "p" refers to the pathologic classification of the TNM, as opposed to the clinical classification, and is based on gross and microscopic examination. pT entails a resection of the primary tumor or biopsy adequate to evaluate the highest pT category, pN entails removal of nodes adequate to validate lymph node metastasis, and pM implies microscopic examination of distant lesions. Clinical classification (cTNM) is usually carried out by the referring physician before treatment during initial evaluation of the patient or when pathologic classification is not possible.

Pathologic staging is usually performed after surgical resection of the primary tumor. Pathologic staging depends on pathologic documentation of the anatomic extent of disease, whether or not the primary tumor has been completely removed. If a biopsied tumor is not resected for any reason (eg, when technically unfeasible) and if the highest T and N categories or the M1 category of the tumor can be confirmed microscopically, the criteria for pathologic classification and staging have been satisfied without total removal of the primary cancer.

#### **TNM Descriptors**

For identification of special cases of TNM or pTNM classifications, the "m" suffix and "y," "r," and "a" prefixes are used. Although they do not affect the stage grouping, they indicate cases needing separate analysis.

<u>The "m" suffix</u> indicates the presence of multiple primary tumors in a single site and is recorded in parentheses: pT(m)NM.

<u>The "y" prefix</u> indicates those cases in which classification is performed during or following initial multimodality therapy (ie, neoadjuvant chemotherapy, radiation therapy, or both chemotherapy and radiation therapy). The cTNM or pTNM category is identified by a "y" prefix. The ycTNM or ypTNM categorizes the extent of tumor actually present at the time of that examination. The "y" categorization is not an estimate of tumor prior to multimodality therapy (ie, before initiation of neoadjuvant therapy).

<u>The "r" prefix</u> indicates a recurrent tumor when staged after a documented disease-free interval, and is identified by the "r" prefix: rTNM.

The "a" prefix designates the stage determined at autopsy: aTNM.

#### **N Category Considerations**

For ileal and jejunal tumors, the regional lymph nodes are the cecal (for tumors arising in the terminal ileum), superior mesenteric, and mesenteric nodes. Metastases to celiac nodes are considered distant metastases.

Mesenteric masses are defined as discrete but irregular mesenteric tumor nodules frequently located adjacent to neurovascular bundles and discontinuous from the primary neoplasm. <sup>16</sup> Mesenteric masses are often associated with dense fibrosis, causing ecasement of large mesenteric vessels. The presence of mesenteric masses has also been associated with frequent liver metastasis and a poor prognosis. <sup>16,17</sup>

#### **M Category Considerations**

The liver is the most common metastatic site. Metastases to extrahepatic sites, such as lung, ovary, peritoneum, and bone, are rare. Involvement of the celiac, para-aortic, and other nonregional lymph nodes is also considered M1 disease. In the AJCC 8<sup>th</sup> edition, M is subcategorized into M1a (hepatic only), M1b (extrahepatic only), and M1c (both hepatic and extrahepatic).

#### H. Additional Pathologic Findings

Mesenteric vascular changes (elastic vascular sclerosis) associated with midgut carcinoids may produce arterial luminal narrowing due to concentric accumulation of elastic tissue in the adventitia. These vascular changes may lead to intestinal ischemia and frank necrosis. 18

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