



# Protocol for the Examination of Resection Specimens From Patients With Gastrointestinal Stromal Tumor (GIST)

Version: GIST Resection 4.1.0.0

Protocol Posting Date: August 2019

CAP Laboratory Accreditation Program Protocol Required Use Date: May 2020

Includes pTNM requirements from the 8<sup>th</sup> Edition, AJCC Staging Manual

**For accreditation purposes, this protocol should be used for the following procedures and tumor types:**

Procedure	Description
Resection	
Tumor Type	Description
Gastrointestinal stromal tumor	

**This protocol is NOT required for accreditation purposes for the following:**

Procedure
Biopsy
Local excision
Primary resection specimen with no residual tumor (eg, following neoadjuvant therapy)
Cytologic specimens

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With guidance from the CAP Cancer and CAP Pathology Electronic Reporting Committees.

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### Accreditation Requirements

This protocol can be utilized for a variety of procedures and tumor types for clinical care purposes. For accreditation purposes, only the definitive primary cancer resection specimen is required to have the core and conditional data elements reported in a synoptic format.

- Core data elements are required in reports to adequately describe appropriate malignancies. For accreditation purposes, essential data elements must be reported in all instances, even if the response is “not applicable” or “cannot be determined.”
- Conditional data elements are only required to be reported if applicable as delineated in the protocol. For instance, the total number of lymph nodes examined must be reported, but only if nodes are present in the specimen.
- Optional data elements are identified with “+” and although not required for CAP accreditation purposes, may be considered for reporting as determined by local practice standards.

The use of this protocol is not required for recurrent tumors or for metastatic tumors that are resected at a different time than the primary tumor. Use of this protocol is also not required for pathology reviews performed at a second institution (ie, secondary consultation, second opinion, or review of outside case at second institution).

### Synoptic Reporting

All core and conditionally required data elements outlined on the surgical case summary from this cancer protocol must be displayed in synoptic report format. Synoptic format is defined as:

- Data element: followed by its answer (response), outline format without the paired "Data element: Response" format is NOT considered synoptic.
- The data element should be represented in the report as it is listed in the case summary. The response for any data element may be modified from those listed in the case summary, including “Cannot be determined” if appropriate.
- Each diagnostic parameter pair (Data element: Response) is listed on a separate line or in a tabular format to achieve visual separation. The following exceptions are allowed to be listed on one line:
  - Anatomic site or specimen, laterality, and procedure
  - Pathologic Stage Classification (pTNM) elements
  - Negative margins, as long as all negative margins are specifically enumerated where applicable
- The synoptic portion of the report can appear in the diagnosis section of the pathology report, at the end of the report or in a separate section, but all Data element: Responses must be listed together in one location

Organizations and pathologists may choose to list the required elements in any order, use additional methods in order to enhance or achieve visual separation, or add optional items within the synoptic report. The report may have required elements in a summary format elsewhere in the report IN ADDITION TO but not as replacement for the synoptic report ie, all required elements must be in the synoptic portion of the report in the format defined above.

## Summary of Changes

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### Version 4.1.0.0

Resection and biopsy case summaries separated into discrete cancer protocols

#### The following were modified:

Ancillary Testing - included SDHB and SDHA

**Surgical Pathology Cancer Case Summary**

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Protocol posting date: August 2019

**GASTROINTESTINAL STROMAL TUMOR (GIST): Resection****Note: This case summary is recommended for reporting local excision specimens, but is not required for accreditation purposes.****Select a single response unless otherwise indicated.****Procedure** Local excision Resection

Specify type (eg, partial gastrectomy): \_\_\_\_\_

 Metastasectomy Other (specify): \_\_\_\_\_ Not specified**Tumor Site (Note A)**

Specify (if known): \_\_\_\_\_

 Not specified**Tumor Size**

Greatest dimension (centimeters): \_\_\_ cm

+ Additional dimensions (centimeters): \_\_\_ x \_\_\_ cm

 Cannot be determined (explain): \_\_\_\_\_**Tumor Focality** Unifocal Multifocal

Specify number of tumors: \_\_\_\_\_

Specify size of tumors: \_\_\_\_\_

**Histologic Type** Gastrointestinal stromal tumor, spindle cell type Gastrointestinal stromal tumor, epithelioid type Gastrointestinal stromal tumor, mixed Gastrointestinal stromal tumor, other (specify): \_\_\_\_\_**Mitotic Rate**Specify: \_\_\_ /5 mm<sup>2</sup> Cannot be determined (explain): \_\_\_\_\_

*Note: The required total count of mitoses is per 5 mm<sup>2</sup> on the glass slide section. With the use of older model microscopes, 50 HPF is equivalent to 5 mm<sup>2</sup>. Most modern microscopes with wider 40X lenses/fields require approximately 20 to 25 HPF to encompass 5 mm<sup>2</sup>. If necessary, please measure field of view to accurately determine actual number of fields required to be counted on individual microscopes to encompass 5 mm<sup>2</sup>.*

**+ Necrosis**+  Not identified+  Present

+ Extent: \_\_\_%

+  Cannot be determined

**Histologic Grade (Note B)**

- G1: Low grade; mitotic rate  $\leq 5/5$  mm<sup>2</sup>  
 G2: High grade; mitotic rate  $>5/5$  mm<sup>2</sup>  
 GX: Grade cannot be assessed

**Risk Assessment (Note C)**

- None  
 Very low risk  
 Low risk  
 Moderate risk  
 High risk  
 Overtly malignant/metastatic  
 Cannot be determined

**Margins**

- Cannot be assessed  
 Uninvolved by GIST  
     **Distance of tumor from closest margin (millimeters or centimeters):** \_\_\_ mm or \_\_\_ cm  
     Specify margin (if known): \_\_\_\_\_  
 Involved by GIST  
     Specify margin(s) (if known): \_\_\_\_\_

**Regional Lymph Nodes (Note D)**

- No lymph nodes submitted or found

*Lymph Node Examination (required only if lymph nodes are present in specimen)*

- Number of Lymph Nodes Involved:** \_\_\_\_\_  
 Number cannot be determined (explain): \_\_\_\_\_

- Number of Lymph Nodes Examined:** \_\_\_\_\_  
 Number cannot be determined (explain): \_\_\_\_\_

**Pathologic Stage Classification (pTNM, AJCC 8<sup>th</sup> Edition) (Note E)**

*Note: Reporting of pT, pN, and (when applicable) pM categories is based on information available to the pathologist at the time the report is issued. Only the applicable T, N, or M category is required for reporting; their definitions need not be included in the report. The categories (with modifiers when applicable) can be listed on 1 line or more than 1 line.*

**TNM Descriptors (required only if applicable) (select all that apply)**

- m (multiple)  
 r (recurrent)  
 y (posttreatment)

**Primary Tumor (pT)**

- pTX: Primary tumor cannot be assessed  
 pT0: No evidence of primary tumor  
 pT1: Tumor 2 cm or less  
 pT2: Tumor more than 2 cm but not more than 5 cm  
 pT3: Tumor more than 5 cm but not more than 10 cm  
 pT4: Tumor more than 10 cm in greatest dimension

**Regional Lymph Nodes (pN) (Note D) (required only if lymph nodes submitted in this case)#**

- pN0: No regional lymph node metastasis
- pN1: Regional lymph node metastasis

# When no lymph nodes are present (as is often the case with resection for GIST), the pathologic 'N' category is not assigned (pNX is not used for GIST) and should not be reported.

**Distant Metastasis (pM) (Note D) (required only if confirmed pathologically in this case)**

- pM1: Distant metastasis  
Specify site(s), if known: \_\_\_\_\_

- + Additional Pathologic Findings
- + Specify: \_\_\_\_\_

**Ancillary Studies (Note F)**

Note: The CAP GIST Biomarker Template can be used for reporting biomarkers requested for this resection specimen. Pending biomarker studies should be listed in the Comments section of this report.

**+ Immunohistochemical Studies (select all that apply)**

Not performed

- +  **KIT (CD117)**
  - +  Positive
  - +  Negative

- +  **DOG1 (ANO1)**
  - +  Positive
  - +  Negative

- +  **SDHB**
  - +  Intact
  - +  Deficient

- +  **SDHA**
  - +  Intact
  - +  Deficient

- Pending
- Other (specify): \_\_\_\_\_

**+ Molecular Genetic Studies (eg, KIT, PDGFRA, BRAF, SDHA/B/C/D, or NF1 mutational analysis)**

- +  Submitted for analysis; results pending
- +  Performed, see separate report: \_\_\_\_\_
- +  Performed
  - + Specify method(s) and results: \_\_\_\_\_
- +  Not performed

**+ Preresection Treatment (select all that apply)**

- +  No known preresection therapy
- +  Previous biopsy or surgery (specify): \_\_\_\_\_
- +  Systemic therapy performed (specify type): \_\_\_\_\_
- +  Therapy performed, type not specified
- +  Not specified

+ Data elements preceded by this symbol are not required for accreditation purposes. These optional elements may be clinically important but are not yet validated or regularly used in patient management.

**Treatment Effect (Note G)**

- No known presurgical therapy
- Not identified
- Present
  - + Specify percentage of viable tumor: \_\_\_\_%
- Cannot be determined

**+ Comment(s)**

## Explanatory Notes

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### A. Location

Gastrointestinal stromal tumors may occur anywhere along the entire length of the tubal gut, as well as in extravisceral locations, which include the omentum, mesentery, pelvis, and retroperitoneum.<sup>1-3</sup> Typically, they arise from the wall of the gut and extend inward toward the mucosa, outward toward the serosa, or in both directions. Lesions that involve the wall of the gastrointestinal (GI) tract frequently cause ulceration of the overlying mucosa. Infrequently, lesions invade through the muscularis mucosae to involve the mucosae. Mucosal invasion is an adverse prognostic factor in numerous studies. Because the anatomic location along the GI tract affects prognosis, with location in the stomach having a more favorable prognosis, it is very important to specify anatomic location as precisely as possible.<sup>4</sup>

### References

1. Fletcher CD, Berman JJ, Corless C, et al. Diagnosis of gastrointestinal stromal tumors: a consensus approach. *Hum Pathol*. 2002;33(5):459-465.
2. Miettinen M, Lasota J. Gastrointestinal stromal tumors: definition, clinical, histological, immunohistochemical, and molecular genetic features and differential diagnosis. *Virchows Arch*. 2001;438(1):1-12.
3. Reith JD, Goldblum JR, Lyles RH, Weiss SW. Extragastrintestinal (soft tissue) stromal tumors: an analysis of 48 cases with emphasis on histologic predictors of outcome. *Mod Pathol*. 2000;13(5):577-585.
4. Miettinen M, Sobin LH, Lasota J. Gastrointestinal stromal tumors of the stomach: a clinicopathologic, immunohistochemical, and molecular genetic study of 1765 cases with long-term follow-up. *Am J Surg Pathol*. 2005;29(1):52-68.

### B. Histologic Grade

Histologic grading, an important component of soft tissue sarcoma staging, is not well suited to GISTs, because most of these tumors have low or relatively low mitotic rates below the thresholds used for grading of soft tissue tumors, and because GISTs often manifest aggressive features with mitotic rates below the thresholds used for soft tissue tumor grading (the lowest tier of mitotic rates for soft tissue sarcomas being 10 mitoses per 10 HPF). In GIST staging, the grade is determined entirely by mitotic activity.

- GX: Grade cannot be assessed  
G1: Low grade; mitotic rate  $\leq 5/5 \text{ mm}^2$   
G2: High grade; mitotic rate  $>5/5 \text{ mm}^2$

The mitotic count should be initiated on an area that on screening magnification shows the highest level of mitotic activity and be performed as consecutive high-power fields (HPF). Stringent criteria should be applied when counting mitotic figures; pyknotic, dyskaryotic or apoptotic nuclei should not be regarded as mitosis.

Note: The required total count of mitoses is per  $5 \text{ mm}^2$  on the glass slide section. With the use of older model microscopes, 50 HPF is equivalent to  $5 \text{ mm}^2$ . Most modern microscopes with wider 40X lenses/fields require approximately 20 to 25 HPF to encompass  $5 \text{ mm}^2$ . If necessary, please measure field of view to accurately determine actual number of fields required to be counted on individual microscopes to encompass  $5 \text{ mm}^2$ .

### C. Risk Assessment

Because GISTs can recur many years after initial excision, we now regard most GISTs as having at least some potential for distant metastasis. This concept was originally the result of a National Cancer Institute-sponsored consensus conference that was held in 2002.<sup>1</sup> More specific data generated by large follow-up studies refined the biologic potential assessment.<sup>2-6</sup> Criteria obtained from those data were adopted in a National Cancer Care Network (NCCN) Task Force report on GIST.<sup>7</sup> We have adopted the criteria for risk stratification, as indicated in Table 1.<sup>2-6</sup> The scheme includes anatomic site as a factor, because small bowel GISTs carry a higher risk of progression than gastric GISTs of similar size and mitotic activity. For anatomic sites not listed in this table, such as esophagus, mesentery, and peritoneum, or in the case of "insufficient data," it is best to use risk criteria for jejunum/ileum.

**Table 1. Guidelines for Risk Assessment of Primary Gastrointestinal Stromal Tumor (GIST)**

Tumor Parameters		Risk of Progressive Disease# (%)			
Mitotic Rate	Size	Gastric	Duodenum	Jejunum/Ileum	Rectum
≤5 per 5 mm <sup>2</sup>	≤2 cm	None (0%)	None (0%)	None (0%)	None (0%)
	>2 - ≤5 cm	Very low (1.9%)	Low (8.3%)	Low (4.3%)	Low (8.5%)
	>5 - ≤10 cm	Low (3.6%)	(Insufficient data)	Moderate (24%)	(Insufficient data)
	>10 cm	Moderate (10%)	High (34%)	High (52%)	High (57%)
>5 per 5 mm <sup>2</sup>	≤2 cm	None <sup>##</sup>	(Insufficient data)	High <sup>##</sup>	High (54%)
	>2 - ≤5 cm	Moderate (16%)	High (50%)	High (73%)	High (52%)
	>5 - ≤10 cm	High (55%)	(Insufficient data)	High (85%)	(Insufficient data)
	>10 cm	High (86%)	High (86%)	High (90%)	High (71%)

Adapted with permission from Miettinen and Lasota.<sup>5</sup> Copyright 2006 by Elsevier.

Data based on long-term follow-up of 1055 gastric, 629 small intestinal, 144 duodenal, and 111 rectal GISTs from the pre-imatinib era.<sup>2-4,6</sup>

# Defined as metastasis or tumor-related death

## Denotes small number of cases

Note: See Note B, "Histologic Grade," regarding the number of high power fields to evaluate.

#### References

1. Fletcher CD, Berman JJ, Corless C, et al. Diagnosis of gastrointestinal stromal tumors: a consensus approach. *Hum Pathol.* 2002;33(5):459-465.
2. Miettinen M, Sobin LH, Lasota J. Gastrointestinal stromal tumors of the stomach: a clinicopathologic, immunohistochemical, and molecular genetic study of 1765 cases with long-term follow-up. *Am J Surg Pathol.* 2005;29(1):52-68.
3. Miettinen M, Furlong M, Sarlomo-Rikala M, Burke A, Sobin LH, Lasota J. Gastrointestinal stromal tumors, intramural leiomyomas, and leiomyosarcomas in the rectum and anus: a clinicopathologic, immunohistochemical, and molecular genetic study of 144 cases. *Am J Surg Pathol.* 2001;25(9):1121-1133.
4. Miettinen M, Kopczynski J, Makhlof HR, et al. Gastrointestinal stromal tumors, intramural leiomyomas, and leiomyosarcomas in the duodenum: a clinicopathologic, immunohistochemical, and molecular genetic study of 167 cases. *Am J Surg Pathol.* 2003;27(5):625-641.
5. Miettinen M, Lasota J. Gastrointestinal stromal tumors: pathology and prognosis at different sites. *Semin Diagn Pathol.* 2006;23(2):70-83.
6. Miettinen M, Makhlof H, Sobin LH, Lasota J. Gastrointestinal stromal tumors of the jejunum and ileum: a clinicopathologic, immunohistochemical, and molecular genetic study of 906 cases before imatinib with long-term follow-up. *Am J Surg Pathol.* 2006;30(4):477-489.
7. Demetri GD, Benjamin RS, Blanke CD, et al; NCCN Task Force. NCCN Task Force report: management of patients with gastrointestinal stromal tumor (GIST)--update of the NCCN clinical practice guidelines. *J Natl Compr Canc Netw.* 2007;5(Suppl 2):S1-S29.

#### D. Regional Lymph Nodes, Metastasis

Gastrointestinal stromal tumors generally metastasize to a very limited subset of anatomic sites.<sup>1</sup> They rarely metastasize to lymph nodes, which is important to note because lymphadenectomy is unnecessary except in rare circumstances when an enlarged or otherwise suspicious lymph node is encountered. Gastrointestinal stromal tumors metastasize predominantly to the liver or to the peritoneal surfaces, where there can be disseminated intra-abdominal disease presenting as innumerable metastatic nodules. Very rarely, GISTs metastasize to the lungs. This situation is associated with rectal location or very advanced disease.<sup>2</sup> Metastasis to bone has also been documented, but it is very rare.

#### References

1. Fletcher CD, Berman JJ, Corless C, et al. Diagnosis of gastrointestinal stromal tumors: a consensus approach. *Hum Pathol.* 2002;33(5):459-465.



- Miettinen M, Furlong M, Sarlomo-Rikala M, Burke A, Sobin LH, Lasota J. Gastrointestinal stromal tumors, intramural leiomyomas, and leiomyosarcomas in the rectum and anus: a clinicopathologic, immunohistochemical, and molecular genetic study of 144 cases. *Am J Surg Pathol*. 2001;25(9):1121-1133.

### E. Pathologic Stage Classification

The American Joint Committee on Cancer (AJCC) and International Union Against Cancer (UICC) GIST staging system is recommended.<sup>1</sup> The staging system should **not** be applied to pediatric GIST, familial GIST (germline mutant *KIT* or *PDGFRA*) or syndromic GIST (GISTs arising in the setting of neurofibromatosis type 1, Carney triad, or Carney dyad also known as Carney-Stratakis syndrome).

### TNM Descriptors

For identification of special cases of TNM or pTNM classifications, the “m” suffix and “y” and “r” prefixes are used. Although they do not affect the stage grouping, they indicate cases needing separate analysis.

The “m” suffix indicates the presence of multiple primary tumors in a single site and is recorded in parentheses: pT(m)NM.

The “y” prefix indicates those cases in which classification is performed during or after initial multimodality therapy (ie, neoadjuvant chemotherapy, radiation therapy, or both chemotherapy and radiation therapy). The cTNM or pTNM category is identified by a “y” prefix. The ycTNM or ypTNM categorizes the extent of tumor actually present at the time of that examination. The “y” categorization is not an estimate of tumor before multimodality therapy (ie, before initiation of neoadjuvant therapy).

The “r” prefix indicates a recurrent tumor when staged after a documented disease-free interval and is identified by the “r” prefix: rTNM.

### T Category Considerations

In the case of ruptured tumors, estimates of tumor size can be obtained from radiologic data, if available.

### N Category Considerations

Regional nodal metastasis is extremely rare in GIST, and there is no routine indication for lymph node biopsy or lymph node dissection. When no lymph nodes are resected or present in the specimen (as is often the case with resections for GIST), the pathologic ‘N’ category is not assigned; pNX should not be used.

### M Category Considerations

Most GISTs metastasize to intra-abdominal soft tissues, liver, or both. Intra-abdominal metastasis refers to tumor involvement in the abdominal cavity away from the primary mass. Such metastasis is usually to the serosal surfaces of the abdomen, pelvis, and retroperitoneum. Multiple primary tumors can be seen in the setting of neurofibromatosis type 1 or familial GIST syndrome and should not be considered intra-abdominal metastasis. Rare cases of multiple independent GISTs at different GI locations have been reported. In the absence of a primary gastrointestinal GIST, solitary omental, mesenteric, pelvic, or retroperitoneal GISTs should be considered primary tumors because extra-gastrointestinal GISTs have been described. Liver metastasis implies the presence of metastatic tumor inside the liver parenchyma as one or more nodules. Adherence to liver capsule, even if extensive, as sometimes seen in gastric GISTs, should not be considered liver metastasis.

### Stage Groupings:

Although T, N and M definitions are identical for all GISTs, separate stage grouping schemes are provided for gastric and small intestinal tumors. Primary omental GISTs should follow the gastric GIST staging group scheme. GISTs arising in other locations (ie, mesentery, esophagus, colon, and rectum) are to follow the small intestinal group staging scheme.

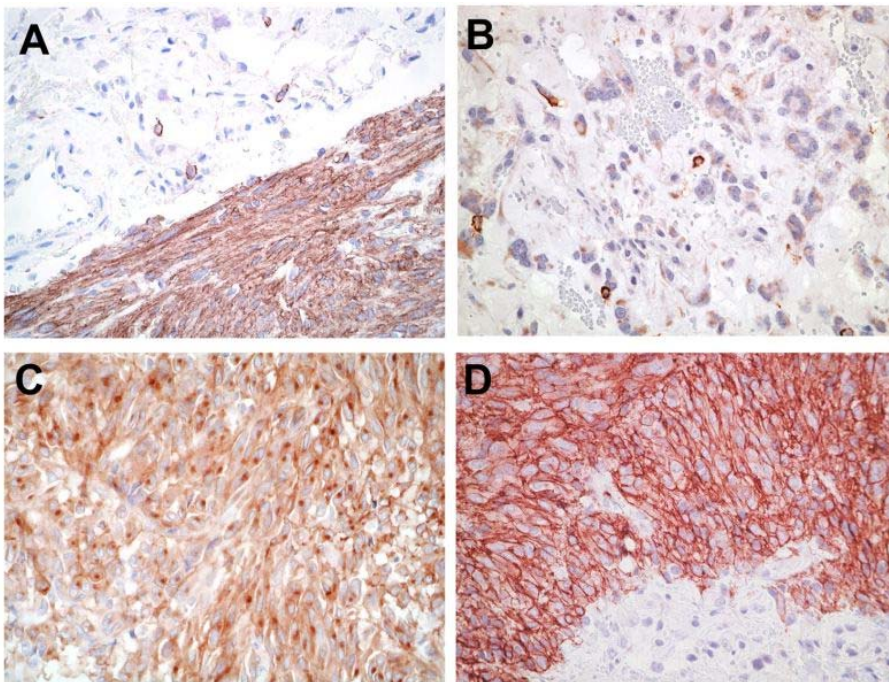
### References

- Amin MB, Edge SB, Greene FL, et al, eds. *AJCC Cancer Staging Manual*. 8th ed. New York, NY: Springer; 2017.

**F. Ancillary Studies****Immunohistochemistry**

Because of the advent of small-molecule kinase inhibitor therapy in the treatment of GIST (see the following), it has become imperative to distinguish GIST from its histologic mimics, mainly leiomyoma, leiomyosarcoma, schwannoma, and desmoid fibromatosis.<sup>1,2</sup> Immunohistochemistry is instrumental in the workup of GIST. For the initial work up of GIST, a basic immunohistochemical panel including CD117 (KIT), DOG1 (Ano1), Desmin, S100 protein and CD34 is recommended. GISTs are immunoreactive for KIT (CD117) (approximately 95%) and/or DOG1(>99%).<sup>3-5</sup> KIT immunoreactivity is usually strong and diffuse but can be more focal in unusual cases (Figure 1, A and B). It is not unusual for GISTs to exhibit dot-like perinuclear staining (Figure 1, C), while less commonly, some cases exhibit membranous staining (Figure 1, D). These patterns do not clearly correlate with mutation type or response to therapy. Most KIT-negative / DOG1 positive GISTs are gastric or extra-visceral GISTs and almost invariably harbor a *platelet-derived growth factor receptor A (PDGFRA)* mutation.<sup>6</sup> DOG1 expression is not related to mutational status in GISTs, and it may be a useful marker to identify a subset of patients with CD117-negative GISTs, who might benefit from targeted therapy<sup>4,5</sup>. Approximately 70% of GISTs are positive for CD34, 30% to 40% are positive for smooth muscle actin, 5% are positive for S100 protein (usually focal), 5% are positive for desmin (usually focal), and 1% to 2% are positive for keratin (weak/focal).<sup>7</sup>

Since succinate dehydrogenase (SDH)-deficient GISTs have specific implications (see the following), it is recommended to screen all gastric GISTs for loss of SDH by immunohistochemistry, usually best accomplished by staining for SDHB, which is loss in all subtypes of SDH-deficient GISTs.<sup>8-11</sup> Mutations in SDHA are detected in 30% of SDH-deficient GISTs and loss of expression of SDHA specifically identifies tumors with SDHA mutations; other SDH-deficient GISTs show normal (intact) cytoplasmic staining for SDHA.<sup>12,13</sup> Patients with SDH-deficient GIST should be referred to a genetic counselor for appropriate work up.



**Figure 1.** Patterns of KIT staining in gastrointestinal stromal tumor (GIST). A. Diffuse and strong immunoreactivity in a typical GIST. B. Focal and weak pattern in an epithelioid gastric GIST with a *PDGFRA* mutation. C. Dot-like perinuclear staining. D. Membranous pattern. (Original magnification X400.)

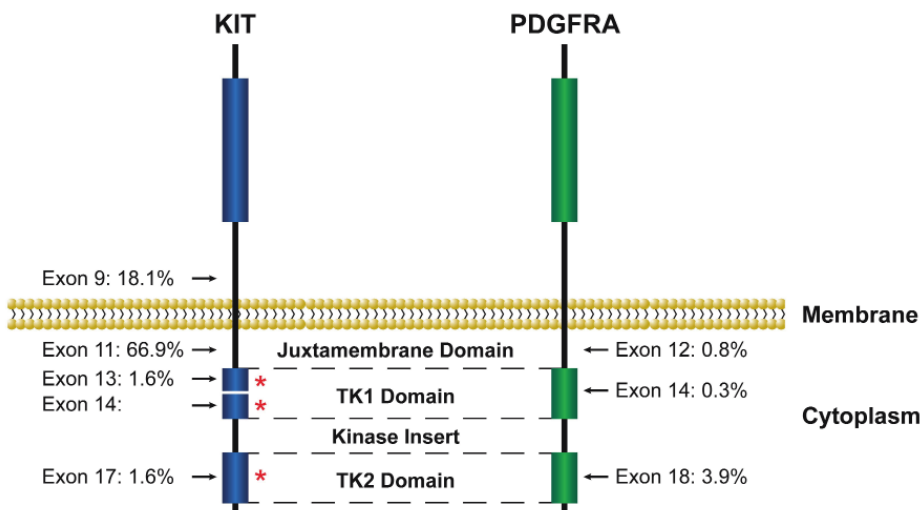
**Molecular Analysis**

Approximately 75% of GISTs possess activating mutations in the *KIT* gene, whereas another 10% have activating mutations in the *PDGFRA* gene.<sup>14-17</sup> These mutations result in virtually full-length KIT proteins that exhibit ligand-independent activation. *KIT* and *PDGFRA* each contain 21 exons. However, mutations cluster within “hotspots”: exons 9, 11, 13, and 17 in *KIT*, and exons 12, 14, and 18 in *PDGFRA* (Figure 2). About 5% to 10% of GISTs appear to be negative for both *KIT* and *PDGFRA* mutations. The most recent NCCN Task Force on GIST strongly

encourages that *KIT* and *PDGFRA* mutational analysis be performed if tyrosine kinase inhibitors (TKIs) are considered as part of the treatment plan for unresectable or metastatic disease and that mutational analysis be considered for patients with primary disease, particularly those with high-risk tumors. *KIT* and *PDGFRA* mutation status can be determined easily from paraffin-embedded tissue. Secondary or acquired mutations can be associated with development of tumor resistance in the setting of long-term imatinib mesylate treatment. These are usually point mutations that occur most commonly in *KIT* exons 13, 14, and 17.<sup>18</sup> The clinical utility of these mutations is an evolving concept, but it is important not to confuse them with the primary or initial mutation in GIST.

Recent studies focusing on the molecular classification of GISTs recognized two major subgroups : succinate dehydrogenase (SDH)-competent and SDH-deficient GISTs, both of which can arise in the sporadic or familial setting.<sup>8,9</sup> SDH-competent GISTs include tumors with mutations of *KIT* and *PDGFRA* as well of a subset of wild-type GISTs with mutations mainly in *NF1* and *BRAF* genes. On the other hand, SDH-deficient GISTs include tumors with a genetic alteration in any of the SDH subunits leading to SDH dysfunction.

SDH-deficient GISTs represent approximately 8% of GISTs and comprise some sporadic cases, the majority of pediatric GISTs, and two forms of syndromic GISTs (Carney triad and Carney-Stratakis syndrome). SDH is a mitochondrial enzyme comprising four subunits (SDHA, SDHB, SDHC and SDHD) that is involved in the Krebs cycle. Genetic alteration of any of the four subunits results in SDH dysfunction and subsequent loss of SDHB expression by immunohistochemistry. SDH deficient GISTs arise almost exclusive in the stomach, affect predominantly female patients and tend to manifest at a young age. Pathologic features associated with SDH-deficient tumors include multinodular and/or plexiform growth pattern, epithelioid morphology, lymphovascular invasion, nodal involvement and frequent metastasis to the liver and peritoneum. Importantly, germline mutations in the genes coding for any of the SHD subunits can lead to paragangliomas/pheochromocytomas, SDH-deficient renal cell carcinoma and pituitary tumors in addition to GISTs. Since SDH-deficient GISTs typically require germline genetic testing possibly including family members as well as possible surveillance for paragangliomas/pheochromocytomas, it is recommended that all gastric GISTs be screened for loss of SDHB by immunohistochemistry. All patients with SDH-deficient GISTs identified by loss of SDHB stain should be referred to a genetic counselor.



\* Refers to exons involved most frequently by secondary/acquired mutations.

**Figure 2.** Locations and frequency of activating *KIT* and *PDGFRA* mutations in GIST. Adapted with permission from Heinrich et al.<sup>14</sup> Copyright 2003 by the American Society of Clinical Oncology. All rights reserved.

*KIT* and *PDGFRA* are excellent targets for small-molecule tyrosine kinase inhibitors, and two compounds of this class, imatinib mesylate (Gleevec, Novartis Pharmaceuticals, Basel, Switzerland) and sunitinib malate (Sutent,

Pfizer Pharmaceuticals, New York, New York), have shown efficacy in clinical trials and have been approved by the US Food and Drug Administration for the treatment of GIST.<sup>19-21</sup> SDH-deficient GISTs are usually resistant to imatinib but may have a higher probability of response to sunitinib.<sup>8</sup> Because different tyrosine kinase inhibitors (TKIs) may have more efficacy in genetic subsets of GIST, oncologists may want to know the mutation status of each GIST, because this may impact which drug each patient should receive.<sup>14,22</sup> Secondary resistance mutations may also affect drug selection as their significance is further defined.

## References

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- Sarlomo-Rikala M, Kovatich AJ, Barusevicius A, Miettinen M. CD117: a sensitive marker for gastrointestinal stromal tumors that is more specific than CD34. *Mod Pathol*. 1998;11(8):728-734.
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**G. Treatment Effect**

Gastrointestinal stromal tumors respond well to the newer targeted systemic therapies, imatinib mesylate and sunitib malate. The types of treatment effects that have been seen are hypocellularity, myxoid stroma, fibrosis, and necrosis. Nests of viable tumor cells are virtually always seen. Because all of these histologic features can be seen in untreated GISTs, it is not possible to know whether they are due to treatment or not. As a practical compromise, we think it is best to report the percentage of viable tumor after treatment.