Protocol for the Examination of Biopsy Specimens From Patients With Neuroblastoma

Version: Neuroblastoma Biopsy 4.0.0.0  Protocol Posting Date: February 2019

Accreditation Requirements
The use of this protocol is recommended for clinical care purposes but is not required for accreditation purposes.

This protocol should be used for the following procedures AND tumor types:

<table>
<thead>
<tr>
<th>Procedure</th>
<th>Description</th>
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<tbody>
<tr>
<td>Biopsy</td>
<td>Includes specimens designated needle biopsy, incisional biopsy, or other</td>
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<table>
<thead>
<tr>
<th>Tumor Type</th>
<th>Description</th>
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<tr>
<td>Neuroblastoma</td>
<td>Includes pediatric patients with neuroblastoma and related neuroblastic tumors</td>
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The following should NOT be reported using this protocol:

<table>
<thead>
<tr>
<th>Procedure</th>
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<tr>
<td>Resection (consider Neuroblastoma Resection protocol)</td>
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Authors
Erin R. Rudzinski, MD*; Jason A. Jarzembowski, MD, PhD*; Miguel Reyes-Mugica, MD; Neil Sebire; Hiroyuki Shimada, MD, PhD
With guidance from the CAP Cancer and CAP Pathology Electronic Reporting Committees

* Denotes primary author. All other contributing authors are listed alphabetically.

Important Note
First priority should always be given to formalin-fixed tissue for morphologic evaluation. Special studies (eg, ploidy analysis, fluorescence in situ hybridization for MYCN status) are critical to the molecular workup of neuroblastoma and require at least 100 mg of viable, snap-frozen tissue as the second priority for workup (Note A).

For more information, contact: The Children’s Oncology Group Biopathology Center, Phone: (614) 722-2890 or (800) 347-2486.

Summary of Changes
v4.0.0.0 - Biopsy and resection procedures separated into individual protocols
Surgical Pathology Cancer Case Summary

Protocol posting date: February 2019

NEUROBLASTOMA: Biopsy

Note: This case summary is recommended for reporting neuroblastic tumors but is NOT REQUIRED for accreditation purposes. Core data elements are bolded to help identify routinely reported elements.

Select a single response unless otherwise indicated.

**Tumor Site**
- Adrenal/periadrenal
- Retroperitoneal, nonadrenal
- Thoracic paraspinal
- Cervical region
- Other (specify): _________________________
- Not specified

**Procedure (Note B)**
- Needle biopsy
- Incisional biopsy
- Other (specify): _________________________
- Not specified

**Patient Age**
- <18 months
- ≥18 months and <5 years
- ≥5 years

**Histologic Type (select all that apply) (Note C)**
- Neuroblastoma
- Ganglioneuroblastoma, nodular subtype# (specify number of nodules): _____
- Ganglioneuroblastoma, intermixed subtype
- Ganglioneuroma
- Ganglioneuroma, maturing
- Ganglioneuroma, mature
- Neuroblastic tumor, unclassifiable
- Cannot be determined (explain): _________________________________

#Note: For nodular (composite) ganglioneuroblastomas with more than 1 nodule, degree of differentiation and mitotic-karyorrhectic index (MKI) must be given for each nodule. Please indicate the differentiation and MKI for the least favorable nodule in the case summary below. Classification of additional nodules can be described in the Comment.

**Degree of Differentiation (neuroblastic component) (Note D)**
- Undifferentiated
- Poorly differentiated
- Differentiating
- Cannot be determined (explain): _________________________________
- Not applicable

**Mitotic-Karyorrhectic Index (MKI) (neuroblastic component) (Note E)**
- Low (<100 per 5000 cells; <2%)
- Intermediate (100-200 per 5000 cells; 2%-4%)
- High (>200 per 5000 cells; >4%)
- Cannot be determined (explain): _________________________________

The routinely reported core data elements are bolded.
The routinely reported core data elements are bolded.

___ Not applicable

**International Neuroblastoma Pathology Classification (INPC) (select all that apply) (Note F)**

Note: INPC applies to untreated primary tumors and tumors in metastatic sites provided that there is sufficient material to classify histologically. Classification based on limited material (biopsy or incomplete resection) may be subject to sampling error and should be noted, accordingly. Bone marrow biopsy is useful only for evaluation of degree of neuroblastic differentiation but is not eligible for MKI determination.

___ Favorable histopathology#

#Note: The following histologic type, differentiation, MKI, and age groupings denote a favorable histopathology classification.

- Neuroblastoma (Schwannian stroma-poor)
  - Poorly differentiated subtype, low or intermediate MKI, <18 months old
  - Differentiating subtype, intermediate MKI, <18 months old
  - Differentiating subtype, low MKI, <5 years old
- Ganglioneuroblastoma, nodular (list least favorable nodule)
  - Poorly differentiated subtype, low or intermediate MKI, <18 months old
  - Differentiating subtype, intermediate MKI, <18 months old
  - Differentiating subtype, low MKI, <5 years old
- Ganglioneuroblastoma, intermixed (Schwannian stroma-rich), any age
- Ganglioneuroma (Schwannian stroma-dominant), mature or maturing, any age

___ Unfavorable histopathology##

##Note: The following histologic type, differentiation, MKI, and age groupings denote an unfavorable histopathology classification.

- Neuroblastoma (Schwannian stroma-poor)
  - Undifferentiated subtype, any MKI, any age
  - Poorly differentiated subtype, high MKI, any age
  - Poorly differentiated subtype, low or intermediate MKI, >18 months old
  - Differentiating subtype, high MKI, any age
  - Differentiating subtype, intermediate MKI, >18 months old
  - Differentiating subtype, low MKI, >5 years old
- Ganglioneuroblastoma, nodular (list least favorable nodule)
  - Undifferentiated subtype, any MKI, any age
  - Poorly differentiated subtype, high MKI, any age
  - Poorly differentiated subtype, low or intermediate MKI, >18 months old
  - Differentiating subtype, high MKI, any age
  - Differentiating subtype, intermediate MKI, >18 months old
  - Differentiating subtype, low MKI, >5 years old

___ Cannot be determined secondary to insufficient material

Ancillary Studies (Note G)

**MYCN Amplification Status (all tumors except ganglioneuroma)**

Note: Results of MYCN amplification information may not be available to the pathologist at the time of the report.

___ Not amplified
___ Amplified
___ Gain
___ Cannot be determined
___ Pending

Other Ancillary Studies (specify): _______________________

Additional Pathologic Findings (Notes H and I)
Specify: _____________________________

Comment(s)
A. Submission of Tissue

Molecular testing is crucial for accurate risk stratification and clinical decision making. In addition to the tissue taken for histologic examination, the International Neuroblastoma Pathology Committee recommends sampling a neuroblastic surgical specimen for biologic studies as follows:

A minimum of 2 samples (A and B, each 1 x 1 x 1 cm) should be taken, preferably from morphologically different areas. Samples A and B are split into 4 pieces, as below:

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<td>3</td>
<td>4</td>
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A,B 1 Make at least 10 touch preparations (air-dried, unfixed, and, if necessary, stored at −20°C) for fluorescence in situ hybridization (FISH) (for MYCN, chromosome 1p) and image cytometry

A,B 2 Put in sterile culture medium (for MYCN, chromosome 1p, ploidy, cytogenetics, culture and drug sensitivity, etc)

A,B 3,4 Snap-freeze in liquid nitrogen or at −70°C (for molecular biology studies and immunohistochemistry) (also snap-freeze residuum of A,B 1)

The above recommendations are applicable when the entire or a large proportion of the tumor is resected, or when 1 or more large biopsy specimens are available. If the amount of tumor tissue is restricted, morphologic diagnosis is the prime consideration. Imprints (for FISH study of MYCN) should always be made from fresh tumor tissue.

If, as a minimum procedure, only core biopsies are performed, they should be multiple (2 to 4, for formalin fixation and snap-freezing), preferably concomitant with fine-needle aspiration specimens for FISH study of MYCN. A minimum of 100 mg snap-frozen tissue may be necessary for ploidy study by flow cytometry. Such specimens are usually not sufficient for prognostic evaluation histopathologically.

References:

B. Procedures

Core needle biopsies can obtain sufficient material for special studies and morphologic diagnosis, but sampling problems may limit tumor subtyping or grading, especially in tumors that are heterogeneous (ie, ganglioneuroblastoma, nodular type). Histologic classification based on limited material should be noted in these cases. Grading can be performed on samples from metastatic sites, provided that the specimen is large enough to be representative. When handling an excision specimen, sections should be obtained from central and peripheral areas of the tumor according to common guidelines (at least 1 tumor section per centimeter in the longest dimension and sections from all inked surgical margins). All grossly visible nodules or hemorrhagic foci should be individually sampled.

References:
C. Histopathologic Type

It is recommended that the International Neuroblastoma Classification\textsuperscript{1,2} described below be used when describing untreated tumor samples.

There are 4 specific categories in this group of tumors:
- Neuroblastoma (Schwannian stroma-poor)
- Ganglioneuroblastoma, nodular (composite, Schwannian stroma-rich/stroma-dominant and stroma-poor)
- Ganglioneuroblastoma, intermixed (Schwannian stroma-rich)
- Ganglioneuroma (Schwannian stroma-dominant)

Neuroblastoma (Schwannian Stroma-poor) Category
Microscopically, tumors in the neuroblastoma category are composed of neuroblastic cells that form groups or nests separated by delicate, often incomplete stromal septa without or with limited Schwannian proliferation (comprising less than 50% of the tumor).\textsuperscript{1}

Differential Diagnosis
The differential diagnosis of neuroblastoma usually also includes the pediatric small round blue cell tumors: Ewing sarcoma (including peripheral primitive neuroectodermal tumor [pPNET]), alveolar rhabdomyosarcoma, Wilms tumor, desmoplastic small round cell tumor, lymphoma, and myeloid leukemia. A cell surface glycoprotein, p30/32 (product of the \textit{MIC2} gene detected by CD99 antibodies), common in peripheral primitive neuroectodermal tumor Ewing sarcoma and lymphomas, usually is negative in neuroblastoma; both neuroblastoma and Ewing sarcoma are frequently positive for PGP9.5 and NB84. In contrast, tyrosine hydroxylase and PHOX2B are commonly positive in neuroblastoma and negative in Ewing sarcoma. Muscle-specific markers, such as desmin, myogenin, and MyoD1, are often positive in rhabdomyosarcomas, but negative in neuroblastoma; additionally, rhabdomyosarcoma cells often show morphologic evidence of muscle differentiation. Although the blastemal component of a Wilms tumor may mimic neuroblastoma, the former often exhibits WT1 positivity in addition to epithelial and mesenchymal components. Finally, lymphomas usually stain for multiple lineage-specific hematopoietic markers, whereas neuroblastomas are negative for these proteins. Undifferentiated neuroblastoma cells may, on rare occasions, express vimentin. Neuroblasts are also typically positive for synaptophysin and neuron-specific enolase, although these are less specific. Schwann cells are positive for S100 protein.

Electron Microscopy
Ultrastructural studies are still of value in the diagnosis of relatively undifferentiated neuroblastoma, where the diagnosis is not readily evident by light microscopic study or urinary catecholamine study, especially given the variable specificity of immunostaining. Diagnostic criteria include dense core granules of neurosecretory type and cell processes (primitive neurites) containing typically arranged microtubules.

Ganglioneuroblastoma, Nodular (Composite Schwannian Stroma-Rich/Stroma-Dominant and Stroma-Poor) Category\textsuperscript{a}
Tumors in the ganglioneuroblastoma, nodular category are composed of multiple clones: 1 or more nodules of neuroblastic cells set within a background of ganglioneuroblastoma, intermixed, or ganglioneuroma-like tissue.\textsuperscript{3}

Ganglioneuroblastoma, Intermixed (Schwannian Stroma-Rich) Category\textsuperscript{a}
Ganglioneuromatous (Schwannian stroma-rich) component of the tumor exceeds 50%. Neuroblastic component is present in an intermixed or randomly distributed pattern of microscopic neuroblastic nests. The neuroblastic component consists of cells in various stages of differentiation (neuroblasts, differentiating neuroblasts, maturing ganglion cells) and has varying amounts of neuropil. Macroscopic hemorrhagic nodules are absent.

Ganglioneuroma (Schwannian Stroma-Dominant) Category
Two subtypes are included: neuroblastic cells (differentiating neuroblasts, maturing and mature ganglion cells) in the tumor tissue do not form microscopic nests but are individually distributed in the Schwannian stroma.

Maturing Subtype
Schwannian stroma is predominant with minor, scattered groups of differentiating neuroblasts or maturing ganglion cells along with completely mature ganglion cells. There are no islands of neuropil.
Mature Subtype
Schwannian stroma predominant with exclusively completely mature ganglion cells. May have neuritic fascicular processes accompanied by Schwann cells and perineurial cells. Satellite cells may accompany mature ganglion cells. There is a complete absence of a neuroblastomatous component, including no islands of neuropil.

Neuroblastic Tumor, Unclassifiable
Neuroblastic cells evident; sample insufficient for categorization into 1 of the 4 basic types. A small biopsy taken from a large tumor can result in this designation.

Ganglioneuroblastosomas are highly variable in both number of neuroblasts and their extent of differentiation. Variability is seen between tumors, between microscopic fields in the same tumor, and occasionally between the primary and metastatic tumor. Ganglioneuroblastoma diagnostic criteria include (a) mature Schwannian stromal component with individually scattered mature and/or maturing ganglion cells and (b) a neuroblastic component.

Post-chemotherapy specimens
Neuroblastosomas may undergo extensive morphologic changes post-chemotherapy. For this reason, resections of treated tumors should be simply referred to as neuroblastoma with treatment effect, with reference to the original diagnostic subtype, if known. Similarly, recurrent disease should not be re-classified.

References:

D. Degree of Differentiation
Degree of differentiation should be applied to the initial diagnostic material (eg. pre-chemotherapy). Neuroblastosomas (Schwannian stroma-poor) and the neuroblastic component of nodular-type ganglioneuroblastosomas are further classified into 1 of 3 subtypes:

Undifferentiated Subtype
Neuropil absent; no tumor cell differentiation; diagnosis relies heavily on ancillary techniques, such as immunohistochemistry, electron microscopy, and/or molecular/cytogenetic analysis.

Poorly Differentiated Subtype
Neuroblasts evident in background; less than 5% of tumor cells show features of differentiating neuroblasts (ganglion cell-like) with synchronous differentiation of the nucleus (enlarged, vesicular with a single prominent nucleolus) and the cytoplasm (conspicuous, eosinophilic or amphophilic, and twice the diameter of the nucleus).

Differentiating Subtype
Greater than 5% of tumor cells show evidence of differentiation (may be accompanied by mature ganglion-like cells), and neuropil is usually abundant; some tumors can show substantial Schwannian stromal formation, frequently at their periphery, and a transition zone between neuroblastomatous and ganglioneuromatous regions can develop (although this zone lacks well-defined borders and comprises less than 50% of the tumor).

References:
E. Mitotic-Karyorrhectic Index

The mitotic-karyorrhectic index (MKI)\(^1,2\) is the number of mitotic and karyorrhectic nuclei per 5000 neuroblastic cells. At initial diagnosis, it is a useful prognostic indicator for tumors in the neuroblastoma (Schwannian stroma-poor) category and should be determined as an average of all tumor sections available. The method described by Joshi et al\(^2\) can be used to calculate MKI without the need to count 5000 cells. In summary, cellular density is usually estimated under low power, and the tumor is classified as either a dense (700 to 900 cells per 400X high-power fields [HPFs])\(^6\), moderate (400 to 600 tumor cells per HPF)\(^6\), sparse (100 to 300 cells per HPF)\(^6\), or mixed category (a mixed tumor has variable cellularity under different HPFs). Once categorized, random HPFs are chosen to count mitotic and karyorrhectic cells. High-power fields on specimens in the mixed category are selected to be proportional to the cellular density in the specimen; for example, in a sample with 70% dense cellularity and 30% sparse cellularity, 70% of the HPF should be in dense areas and 30% in sparse areas. In highly cellular tumors, the MKI can be determined in 6 to 8 HPFs, whereas in tumors with low cellularity and prominent neuropil, 20 or more HPFs may be necessary. Specimens are assigned to 1 of 3 prognostic categories:

1. **Low MKI**
   - Less than 100 mitotic and karyorrhectic cells/5000 tumor cells, or less than 2% of tumor consisting of mitotic and karyorrhectic cells

2. **Intermediate MKI**
   - 100 to 200 mitotic and karyorrhectic cells/5000 tumor cells, or 2%-4% of tumor consisting of mitotic and karyorrhectic cells

3. **High MKI**
   - Greater than 200 mitotic and karyorrhectic cells/5000 tumor cells, or greater than 4% of tumor consisting of mitotic and karyorrhectic cells

*Numbers of neuroblastic cells in each HPF (denominator for MKI determination) can vary, based on the type of microscope used (some practice is required for assessing the number of neuroblastic cells per HPF on a given microscope). The range of cells per HPF listed in parentheses in the above discussion are for a standard microscope setup with regular oculars. With a super-wide-field type of ocular, there may be an increased number of cells (1200 to 1500 cells per HPF in a dense category).

References:

F. Prognostic Groups

The International Neuroblastoma Pathology Classification (INPC)\(^1\) uses age, neuroblastic maturation, Schwannian stromal content, and MKI as prognostic indicators. Unfavorable indicators include undifferentiated neuroblastoma (especially in older patients) and high MKI. An important revision was added in 2003.\(^2\) The original INPC classified all tumors in the category of ganglioneuroblastoma, nodular, as unfavorable.\(^1\) The revised INPC distinguishes 2 prognostic subsets in this category, favorable and unfavorable, by applying the same age-linked histopathology evaluation to the nodular (neuroblastoma) components\(^2\) (Table 1).

Table 1. International Neuroblastoma Pathology Prognostic Classification (INPC)

<table>
<thead>
<tr>
<th>Age</th>
<th>Favorable Histology Group</th>
<th>Unfavorable Histology Group</th>
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<tbody>
<tr>
<td>Any</td>
<td>Ganglioneuroma (Schwannian stroma-dominant)</td>
<td>Neuroblastoma (Schwannian stroma-poor)</td>
</tr>
<tr>
<td></td>
<td>• maturing</td>
<td>• undifferentiated and any mitotic-karyorrhectic</td>
</tr>
<tr>
<td></td>
<td>• mature</td>
<td>index (MKI)</td>
</tr>
<tr>
<td></td>
<td>Ganglioneuroblastoma, intermixed (Schwannian stroma-rich)</td>
<td></td>
</tr>
<tr>
<td>Less than 1.5 y</td>
<td>Neuroblastoma (Schwannian stroma-poor)</td>
<td>Neuroblastoma (Schwannian stroma-poor)</td>
</tr>
<tr>
<td>Age Range</td>
<td>Neuroblastoma (Schwannian stroma-poor)</td>
<td>Ganglioneuroblastoma, nodular (composite, Schwannian stroma-rich/stroma-dominant and stroma-poor), favorable subset</td>
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<td>---------------------</td>
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<tr>
<td>1.5 y to greater</td>
<td>Neuroblastoma</td>
<td>Neuroblastoma</td>
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<tr>
<td>than 5 y</td>
<td>(poorly differentiated and low or intermediate MKI)</td>
<td>(differentiating and low MKI)</td>
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<tr>
<td>Greater than or</td>
<td>Neuroblastoma</td>
<td>Ganglioneuroblastoma, nodular (composite, Schwannian stroma-rich/stroma-dominant and stroma-poor), favorable subset</td>
</tr>
<tr>
<td>equal to 5 y</td>
<td>(differentiating and low MKI)</td>
<td>(poorly differentiated and high MKI)</td>
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<td></td>
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<td>(differentiating and high MKI)</td>
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</table>

* The neuroblastic nodule(s) of the ganglioneuroblastoma, nodular subtype are graded with the INPC age-linked histopathology evaluation and based on that evaluation classified as favorable or unfavorable. For multinodular tumors, each nodule is graded separately, and the least favorable nodule determines the classification.

References:

G. Molecular Classification/Genetics

**MYCN Amplification**

The most prognostically relevant genetic alteration in neuroblastoma is MYCN amplification. MYCN gene amplification is associated with high-risk neuroblastic tumors and poor patient prognosis. MYCN is a proto-oncogene located on the short arm of chromosome 2, the amplification of which leads to inhibiting cellular differentiation and promoting cellular proliferation and apoptosis/karyorrhexis. Not surprisingly, amplification is associated with undifferentiated and poorly differentiated neuroblastomas with a high mitotic-karyorrhectic index.

MYCN overexpression usually occurs by gene amplification in 1 or both of the following ways: (1) gene duplication adjacent to the usual locus on 2p, forming homogeneously staining regions (HSRs) seen on chromosomal banding patterns; and (2) formation of double minutes, small, circular extrachromosomal fragments of DNA that harbor copies of the MYCN gene and are replicated during mitosis. These mechanisms can occur individually or simultaneously in a given tumor cell.

The MYCN status of a given neuroblastic tumor can be determined by FISH within a relatively short period of time after the surgery/biopsy using touch preparation slides or formalin-fixed, paraffin-embedded sections (Note A). A double-staining procedure is required in order to compare the number of chromosome 2 and MYCN signals in the same tumor nuclei. Additional MYCN signals associated with a similar increase in the number of chromosome 2 signals does not represent MYCN amplification. MYCN status is defined as “amplified” when MYCN signals exceed chromosome 2 signals by 3 times or more in the given tumor cell nuclei. The prognostic significance of tumors showing increased MYCN signals, but not more than 3 times that of chromosome 2 signals (MYCN gain), is yet to be determined.

Recent studies have identified a subset of neuroblastic tumors with “discordance” between the genotype (MYCN amplification status) and the phenotype (differentiation, MKI, and histologic classification). In cases with amplification of the MYCN gene but favorable histologic features (differentiating neuroblasts and/or low-intermediate MKI), the cells do not produce active N-myc protein and lack the classic “bulls eye” nucleoli. In cases that lack MYCN amplification but have unfavorable histologic features (undifferentiated neuroblasts and/or high MKI), C-myc protein is often being expressed instead.
**MYCN** amplification is also correlated with advanced-stage tumors often having chromosome 1p deletions, especially del 1p36.3.\(^6\) The deletion of 14q has also been shown to be unfavorable, as have loss of 11q and gain of 17q.\(^5\)

**ALK Mutation and Amplification**
Recent studies have demonstrated mutations in the anaplastic lymphoma kinase (ALK) gene in a subset of neuroblastic tumors, as well as in the germline of patients with a familial predisposition to this disease.\(^6\) About 8% to 10% of tumors have ALK mutations, and about 25% have gene amplification or protein overexpression; these aberrations are all associated with higher risk and worse prognosis.\(^9\) Although ALK immunohistochemistry does not always correlate with expression status, gene sequencing (especially of the kinase regions and mutational hotspots) is sometimes performed in treatment-refractory patients who might be candidates for tyrosine kinase inhibitors.

**ATRX**
Although mutations in the alpha-thalassemia/mental retardation X-linked syndrome (ATRX) gene are only found in 2%-3% of all neuroblastic tumors, the vast majority of high-stage tumors in older children and adolescents have ATRX mutations (whereas congenital and infantile tumors only exceedingly rarely have them).\(^9,\)\(^10\) The ATRX gene product plays a role in telomere maintenance, and tumor cells with mutated ATRX have longer-than-usual telomeres, prolonging their survival.

**DNA Index**
Determination of DNA index by flow cytometry is also important; however, a minimum of 100 mg and preferably 1g of fresh tumor is typically required for this purpose (Note A). A DNA index near diploid/tetraploid is unfavorable, while hyperdiploid (near triploid) tumors have a better prognosis. However, the prognostic effects of DNA index are reported to be limited to those patients diagnosed at younger than 1 year of age.\(^5\)

**Others**
Comparative genomic hybridization is typically used to evaluate for segmental chromosomal aberrations (especially 1p deletion, 11q deletion, and/or 17q gain), which are associated with high-risk tumors, whereas alterations in the numbers of whole chromosomes are associated with lower risk tumors.\(^11,\)\(^12\)

Additional genetic abnormalities may have clinicopathologic significance in neuroblastic tumors. Higher expression of TrkA (high-affinity nerve growth factor receptor) portends a good prognosis; MYCN-amplified tumors usually have a lower expression of TrkA.\(^13\) PHOX2B mutations are frequently seen in familial neuroblastomas, but only rarely in sporadic tumors.\(^14\)

References:

H. Clinical Presentation
The clinical presentation of neuroblastoma may provide valuable information in assessing biologic risk. The abdomen is the most common primary site of neuroblastoma, with more than 76% of tumors arising either in the adrenal glands or, less commonly, in the paravertebral sympathetic chains.1

The posterior mediastinum is the second most common primary site, and respiratory symptoms predominate. Cervical neuroblastoma presents as a mass with or without Horner syndrome. All neuroblastomas, regardless of biologic risk, can extend along radicular nerves, through spinal foramina, and into the epidural space, forming a dumbbell-shaped mass. Because the spinal cord extends to the level of the T12 to L1 vertebrae, tumors above this level are more likely to cause cord compression and paralysis, bladder and bowel dysfunction, or numbness. Similarly, neuroblastomas primary in the pelvis may present with constipation or urinary symptoms, including dysuria, infection, flank pain, or urinary retention.

The opsoclonus-myoclonus syndrome is the best example of a paraneoplastic manifestation of neuroblastoma. This is thought to occur due to cross-reactivity between antineuroblastoma antibodies and the Purkinje cells of the cerebellum. Although patients with opsoclonus-myoclonus syndrome usually have an excellent prognosis for their tumor, up to 70% of such patients will have permanent neurologic deficits despite complete tumor resection.

Reference

I. Special Studies
Imaging
The most useful imaging study is computerized axial tomography (CT scan) performed with simultaneous administration of oral and intravenous contrast agents. This provides excellent information about the primary tumor, including location, vascular encasement, and the status of regional lymph nodes. Hepatic and bony metastases can be visualized, as well as pulmonary metastases (the latter is an extremely rare site for dissemination). Magnetic resonance imaging (MRI) can give valuable information about vascular and hepatic involvement and can help to determine tumor resectability.

A diphosphate bone scan and an MIBG scan are requisite to assess the bone and bone marrow for distant disease.2 Approximately 85% of neuroblastomas will take up MIBG.3 A positive bone scan or bone survey indicates cortical bone involvement and is a negative prognostic factor.

Endocrine Markers
Urinary catecholamine secretion is increased in neuroblastoma and is useful as a confirmatory diagnostic marker. Serial determinations are used to assess therapeutic response and identify recurrence. Vanillylmandelic acid (VMA) and homovanillic acid (HVA) are the 2 catecholamine metabolites commonly measured via high-performance liquid chromatography. In 1 study4 the sensitivity and specificity of HVA for detection of neuroblastoma were 72% and 98%, respectively; corresponding figures for VMA were 80% sensitivity and 97% specificity. Urinary catecholamines may not be elevated in undifferentiated neuroblastomas.
References: